

# Completing School-Age Basics

School-Age Basics (SAB) is a 30-hour training that meets part of the health and safety requirements for educators working in licensed facilities, WAC 110-301-0106 (3). The content included meets the federally mandated topics as required by the Child Care Development Fund (CCDF) and any school-age care provider who has satisfied the SAB requirement and has it recorded in MERIT also meets the requirements for the Individual Health and Safety Modules.

## How Can I Complete School-Age Basics?

School-age care providers may choose one of the following Washington State Department of Children, Youth, and Families (DCYF) approved options to complete the SAB training requirement:

- **COVID-19 Temporary CCB Training (Not Available)**  
This temporary, condensed version of CCB is no longer available. For those who selected this option, you will need to complete the full CCB version during the 2022 calendar year (Jan. 1 – Dec. 31, 2022).
- **SAB Training**  
Complete this training online or in person, as offered by a DCYF state-approved trainer. Search for available options in 'Find Training' in MERIT online at <https://apps.dcyf.wa.gov/MERIT/Search>.
- **ECED&107 Health, Safety & Nutrition**  
Complete this college course as a DCYF-recognized alternative to SAB. Use the Early Learning Career Planning Portal online at <https://ececareers.del.wa.gov/find-degree/advanced-search> to find institutions offering this course near you. If you completed this course before fall 2019, you must review the publication *Child Health and Safety Supplement Guide* (EPS\_0038) available online at [www.dcyf.wa.gov/sites/default/files/pubs/EPS\\_0038.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/EPS_0038.pdf).



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**



**How do I make sure my School-Age Basics completion shows up in my MERIT record?**

Please refer to the following table to see who is responsible for notifying DCYF of SAB completion.

How did I complete School-Age Basics?	Who makes sure MERIT shows I completed School-Age Basics?	What do I need to do?
SAB Training	State-approved trainer or DCYF-recognized agency representative	There is no action required. However, if the training is not in your record within 30 days and you can't resolve with the trainer, please report this to <b>MERIT@dcyf.wa.gov</b> and provide a copy of your SAB certificate.
ECED&107 Health, Safety & Nutrition	Provider/student	Complete an education application in MERIT and upload or email a copy of the official transcript to <b>education.verification@centralia.edu</b> .





## School-Age Basics—Frequently Asked Questions

### What is Included in School-Age Basics?

#### Health and Safety Topics (as required by CCDF)

- Prevention and control of infectious diseases (including immunizations).
- Prevention of sudden infant death syndrome and use of safe sleeping practices.
- Administration of medication, consistent with standards for parental consent.
- Prevention and response to emergencies due to food and allergic reactions.
- Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic.
- Emergency preparedness and response planning for emergencies.
- Handling and storage of hazardous materials and the appropriate disposal of biocontaminants.
- Appropriate precautions in transporting children, if applicable.
- Pediatric first aid and cardiopulmonary resuscitation.
- Recognition and reporting of child abuse and neglect.

*Training requirements for CPR, First Aid, Bloodborne Pathogens, and Safe Sleep are not included in SAB and must be completed to meet WAC 301-0106.*

#### Other Topics included in SAB

The following topics are included within SAB and help to meet the CCDF intent that training is foundational and progressive.

- Ethics and professionalism.
- Valuing each child and family.
- Child growth and development.
- Using observation and assessment to inform curriculum.
- Developmentally appropriate practices.
- Family and community partnerships.
- Health and safety.
- Interactions and guidance.
- Trauma-informed care.

#### **SAB includes 30 hours of content, offered in 10 modules:**

1. Child/Adolescent Growth and Development.
2. Learning Environment and Curriculum.
3. Child/Adolescent Observation and Assessment.
4. Families, Communities, and Schools.
5. Safety, Wellness, and Nutrition.
6. Interactions with Children/Youth.
7. Program Planning and Development.
8. Professional Development and Leadership.
9. Cultural Competency and Responsiveness.
10. Youth Empowerment.

## Can I receive an exemption for SAB?

DCYF does not exempt providers from completing required health and safety training. However, DCYF has established the approved alternatives listed above to meet the SAB requirement.

## What if I already met the SAB requirement?

Providers who met the SAB requirement by any method previously offered before June 2021 and have it recorded in their MERIT record are not required to complete the Individual Health and Safety Modules. These updates on new federal health and safety topics are provided through a supplemental guide as new information is released. Read the publication *Child Health and Safety Supplement Guide* (EPS\_0038) available online:

- English: [www.dcyf.wa.gov/sites/default/files/pubs/EPS\\_0038.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/EPS_0038.pdf)
- Spanish: [www.dcyf.wa.gov/sites/default/files/pubs/EPS\\_0038SP.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/EPS_0038SP.pdf)
- Somali: [www.dcyf.wa.gov/sites/default/files/pubs/EPS\\_0038SM.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/EPS_0038SM.pdf)

If a training certificate was not entered into MERIT, DCYF will accept all training completion certificates for seven years after the training date.

You can look at the publication *Training Requirements and Completion Timeline for School-Age Providers* (EPS\_0055) available online at [www.dcyf.wa.gov/sites/default/files/pubs/EPS\\_0055.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/EPS_0055.pdf) for more information.

## What if I completed ECED&107 Health, Safety and Nutrition but my MERIT record doesn't show that I met the requirement?

If you have not yet had your education verified in MERIT, please complete an education application and upload or email a copy of the official transcript to [education.verification@centralia.edu](mailto:education.verification@centralia.edu).

If you have already had your education verified in MERIT, please email [MERIT@dcyf.wa.gov](mailto:MERIT@dcyf.wa.gov) and provide a copy of your unofficial transcript.

## Does SAB meet my training hours for the year?

If you completed your SAB training, then you have fulfilled your training requirement for the year. You are not required to complete additional in-service hours.

If you completed your SAB training or equivalent options before the current year, you have not fulfilled your training requirement for the year through this training. You need to complete additional in-service hours.

As a reminder, training hours are reviewed by calendar year. The calendar year starts at the beginning of January and goes through the end of December.

## What if I switched from an early learning program and moved to a school-age program?

At this time, if a school-age provider completed Child Care Basics previously, their initial training requirement will be considered met. DCYF is developing an option for those that transition from early learning programs to school-age programs in the future.

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