

Street Slang For Opioids

- **Codeine:** captain cody, schoolboy, little c
- **Fentanyl:** f3nt, pache, dance fever, murder 8, tango and cash, TNT
- **Hydrocodone:** fluff, tabs, vikes, hydros, vitamin
- **Methadone:** God's drug, miss Emma, white stuff, monkey, liquid handcuffs
- **Oxycodone:** ercs, 30's, blues, blueberries



Let's Talk About Opioid Use

DCYF can help you access resources, treatment, and other ways to support your family. Requesting help for substance use does not mean your children will be taken from you.

Fentanyl is 50 to 100 times stronger than morphine.

Opioid overdoses and deaths continue to rise in Washington State. Our state has seen a significant increase in critical incidents involving children under the age of three accidentally ingesting fentanyl.

SUBSTANCE USE IS POWERFUL and not everyone is ready to stop using.

Recognizing there will be times you need to use and/or take a break, what's most important is creating a specific and supportive plan to ensure your children are safe from any secondary impacts related to substance use.

DCYF will work with you to ensure your children's needs are met in a way that promotes their physical, relational, and emotional well-being, even while you are navigating challenges related to substance use.

DCYF does not discriminate and provides equal access to its programs and services for all persons without regard to race, color, gender, religion, creed, marital status, national origin, sexual orientation, age, veteran's status, or presence of any physical, sensory, or mental disability.

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Washington State Department of
CHILDREN, YOUTH & FAMILIES



Let's minimize the impacts of opioid or substance use on your family.

In the event of sudden arrest or incarceration of a caregiver, how can we work together to create a supportive plan that prioritizes the stability and well-being of your children?

Can you share your thoughts on how substance use may influence your ability to address the needs of your children? This is an opportunity for us to explore the challenges you may be facing and to offer support.

When your children express their needs, how do you typically respond to them? How can we enhance your interactions and help you create an even more nurturing environment for your children's well-being?

We appreciate the challenges that come with managing stress within the home, especially considering the unique circumstances related to substance use.

- How do you typically handle stress in your household?
- What strategies or resources are available to you if you find yourself needing a break?
- How can we help you ensure that your children's emotional needs are well-supported during those times and how can we help you create a plan that promotes well-being for everyone?

How DCYF Can Help:

- Help identify a specific plan and supports to keep your children safe when you are using.
- Provide naloxone (Narcan®) to be used in the event of an overdose.
- Provide lockboxes so you can safely store substances and medications where children can't access them.
- Provide treatment resources including priority assessments, which enables you to get a drug and alcohol assessment sooner.
- Help identify supportive services and resources in your community.
- Help identify someone who can safely take care of your children in the event you are unable to care for them.
- Help identify confidential peer support with a parent who has also been through recovery.
- Connect you to mental health resources in your community.
- Help you explore healthy coping strategies to manage stress and regulate emotions to promote a sense of safety and calm for everyone in your family.
- Help you explore strategies to ensure you have the resources and supports needed to be emotionally available for your children.



Talk to your caseworker about options for treatment.

If you or someone you know is struggling with substance use disorder, the following resources are available:

- Call or text 988 for the Suicide & Crisis Lifeline (<https://988lifeline.org>).
- Call 211 to be connected to essential community services.
- Call 1-800-662-HELP (4357) for the National Helpline (www.samhsa.gov/find-help/national-helpline) for families facing mental and/or substance use disorders.
- Call 1-866-789-1511 for the Washington Recovery Help Line (www.warecoveryhelpline.org).
- Visit www.StopOverdose.org for statewide overdose prevention resources.