



# KING COUNTY “SHOTS FIRED” PROGRAM REPORT



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Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**

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## Background

In 2020, the Legislature enacted Engrossed Substitute Senate Bill 6168, Section 225(3)(n), which appropriated funds as follows:

(n) \$425,000 of the general fund—state appropriation for fiscal year 2021 is provided solely for community-based violence prevention and intervention services to individuals identified through the King county shots fired social network analysis. The department must complete an evaluation of the program and provide a report to the governor and the appropriate legislative committees by September 15, 2021.

This report describes the pilot project, CHOOSE Freedom, developed through the partnership between the King County Prosecuting Attorney’s Office (KCPAO) and nonprofit CHOOSE 180. The FY 2021 general fund financed the pilot project, which ran from Sept. 1, 2020, to June 30, 2021.<sup>1</sup> This report also summarizes the process evaluation report prepared by Dream Investment Strategies, contracted by KCPAO, to evaluate the King County “Shots Fired” component of the CHOOSE Freedom pilot project. The DCYF Office of Juvenile Justice monitored program progress reports and provided feedback on the program evaluation conducted by the KCPAO and Choose 180 Shots Fired Program.

## Executive Summary

The CHOOSE Freedom project was a collaborative effort that used the KCPAO’s social network referral process to identify and refer high-risk young adults to community-based violence prevention and intervention programs. Key program development and partnership collaborators included providers versed in public health model prevention strategies, data analysts and prosecutors dedicated to data-driven approaches to community safety, and community-based program navigators as frontline violence interrupters. The partnership between KCPAO and CHOOSE 180 resulted in a more effective referral process and co-designed violence intervention services. Key processes included:

- 1) Proactively identifying and engaging young people at an elevated risk of being (re)-impacted by firearm violence.
- 2) Prioritizing referrals and addressing service gaps for young people, ages 18-24, in targeted communities of color that are high risk, most affected by firearm violence, and historically under-invested in.
- 3) Developing a collaborative partnership between KCPAO and CHOOSE 180 through the co-design of community-based firearm violence prevention services.

This 10-month pilot project shows that the relationship between KCPAO community prosecutor and CHOOSE 180 community navigator resulted in 334 total outreach attempts to 86 young people, with an average of 3.9 attempts for each youth. It was not reported how many youth were not successfully contacted. Nearly a quarter, 22 of the 86 young people contacted, participated in firearm violence prevention services.

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<sup>1</sup> Due to COVID-19 Pandemic state budget was not available until September 1, 2020.

## Introduction

### About CHOOSE 180

CHOOSE 180 began in 2011 as a community-centered effort in partnership with the KCPAO. The program aims to impact disproportionality, keep youth out of the juvenile justice system, and break the school-to-prison pipeline. CHOOSE Freedom was one of the signature programs that focused on youth ages 12-24 who had expressed a high likelihood of firearm violence engagement. The CHOOSE Freedom program matched these youth with triage services facilitated by Credible Messenger staff (known as community navigators). The crisis of community firearm violence and peer-to-peer youth firearm violence, in particular, are often approached as a binary: true victims vs. violence perpetrators. CHOOSE 180 addresses this stereotype by using social network analysis. The analysis includes any known parties affected by firearm violence to help identify youth most at risk of being (re)-impacted by firearm violence. Using the analysis, the program provides trauma reduction services for these "violence exchange" functions to all impacted members.

### About the King County “Shots Fired” Project

The KCPAO partnered with public health and local law enforcement agencies on the “Shots Fired” project. A primary goal of this project was the uniform collection and standardization of already existing data on illegal shootings in King County. To accomplish this task, KCPAO also created the Crime Strategies Unit (CSU) that serves as a centralized hub for collecting and sharing illegal shooting data throughout the county.

Since its inception in 2017, the CSU has aimed to utilize data and incorporate a public health approach to proactively address and prevent firearm violence. The CSU uses existing law enforcement data related to known incidents of firearm violence to build social networks and identify individuals that are at an elevated risk of being impacted by firearm violence. The community-based prosecutor funded by this grant serves as a liaison between CSU and community-based organizations, such as KCPAO's partner CHOOSE 180, to help facilitate the implementation of firearm violence prevention strategies. KCPAO community prosecutors serve as liaisons with community programs and services.

### CHOOSE Freedom

The CHOOSE Freedom project, developed through a partnership between KCPAO and CHOOSE 180, aimed to prevent firearm violence through KCPAO's social network referral process and co-designed firearm violence treatment intervention services. Key program development and partnership collaborators included providers versed in public health model prevention strategies, data analysts and prosecutors dedicated to data-driven approaches to community safety, and community-based program navigators as frontline violence interrupters. By leveraging smart data investments and lived experience outreach, community navigators worked with community prosecutors to prevent firearm violence, reduce trauma, and deliver services. Their actions centered on one-on-one service engagement to address trauma, culturally congruent curriculum on the root causes of firearm violence, and secondary supports through CHOOSE 180 behavioral health and aftercare programs.



## Program Development and Implementation

Project Timeline and Goals		
First Quarter	Second Quarter	Third Quarter
Referral Process	Program Curriculum Design	Assessment Tools

### First quarter goal: Establish effective social network referral process and outreach to youth most impacted by firearm violence

- Use social network analysis to identify youth that are at an elevated risk of being impacted or (re)-impacted by firearm violence.
- Refine the social network referral process to decrease turnaround time between network referrals, outreach, and enrollment.
- Utilize peer-to-peer community referral points to find and fill gaps in law enforcement data and meet the need expressed by the community.
- Assess partnership feasibility to continue investing in the relationship between the community prosecutor and the community navigator.

### Second quarter goals: Build and implement violence prevention service modules and continue to improve outreach and enrollment

- Co-design culturally congruent modules and service delivery focused on the root causes of firearm violence.
- Develop a socially distanced service delivery framework and implement curriculum for the initial enrolled participants.
- Establish 1:1 ground setting with the community navigator to orient individual participants before the group setting violence prevention modules.

In addition to developing firearm violence prevention and ground-setting framework for virtual group sessions, the co-designed priorities for the prevention modules and curriculum delivery reflected the following culturally responsive areas:

- Youth personal inventory, including strengths, weaknesses, opportunities, and risks.
- Comprehension of incarceration cycle and institutional racism to support environmental awareness of the systems (i.e., education and school-to-prison).
- Building sense of safety and well-being with sense of belonging and personal accountability.
- Knowing the difference between self-defense and retaliation.
- Knowledge of environment and institutions to promote proactive engagement and deter the risk of firearm violence.

### Third and last quarter goal: Build entry and exit assessment evaluation tools

- Co-design evaluation tools for participant entry and exit assessments to complement the cohort metrics, outreach process, and firearm violence prevention services.
- Develop an entry assessment evaluation tool that focuses on the participant self-assessment to inform their individual service outcomes and create a baseline based on six domains.
- Develop an exit assessment evaluation tool to identify participants’ learning and cognitive competency from the firearm violence prevention modules, 1:1 sessions, and curriculum delivery. Based on alignment with the curriculum delivery, the evaluation tools domains include:
  - Safety – Do youth feel safe where they live?
  - Belongingness – Do youth feel a connection to community and sense of belongingness?
  - Opportunity – Do youth feel opportunities are available to them?
  - Personal Safety – Are youth able to ensure personal safety without violence?
  - Goal Setting – Do youth want to further their goals and know how to obtain resources and supports?

## Methods and Techniques

CHOOSE Freedom, as a pilot project, utilized mixed methods to maintain flexibility during the implementation process and inform the development and evaluation approaches at each phase of this co-design. The core mixed methods for each project phase are as follows:

- Phase One was Social Network Analysis: Use existing law enforcement data in a new way to identify individuals that are at an elevated risk of being impacted by firearm violence.
- Phase Two was Focus Groups and Youth Engagement: Use focus groups to identify key areas for violence prevention modules and embed the informed areas to define the firearm violence prevention modules.
- Phase Three was Mixed Survey Methods Design: Use existing community and youth resources to inform development of violence prevention modules, and use lived experience facilitators and participant feedback to develop the delivery of violence prevention modules evaluation.

## Firearm Violence Prevention CHOOSE Freedom Modules

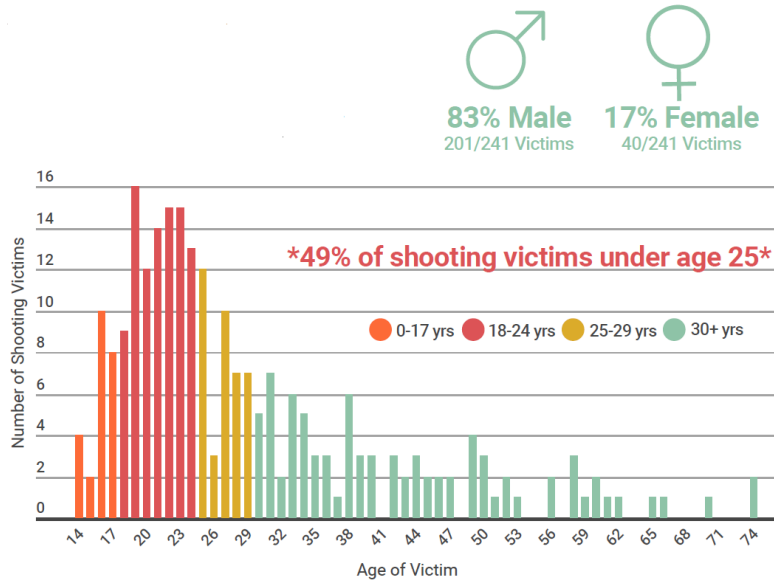
During the second quarter of the CHOOSE Freedom project, CHOOSE 180 co-designed four Firearm Violence Prevention sections and implemented 14 modules with learning objectives for violence prevention services and trauma reduction.

During the third quarter, CHOOSE 180 and KCPAO co-designed the first evaluation component – a Participant Self-Assessment – and implemented the evaluation tool to establish focus areas for trauma reduction and service delivery through assessment. CHOOSE 180 and KCPAO also co-designed the second evaluation component – a Firearm Violence Prevention Curriculum Assessment – and implemented the evaluation tool to assess participant’s self-reported knowledge of the learning objectives and comprehension of the curriculum modules as an exit assessment.

Since the total length of the pilot project was only 10 months, the short time period greatly constrained the program’s ability to graduate participants and to obtain responses from the evaluation tools. Information on the efficacy of the program and participants learning and cognitive growth around firearm violence prevention is not currently available.

## Demographics

- Males ages 18-24 are the highest-risk group for firearm victimization in King County based on KCPAO 2020 "Shots Fired" Data. The 2020 data below is provided by the KCPAO Shot Fired Analysis.



- Youth who opted into the violence prevention services and trauma reduction fit one of three risk groups impacted by firearm violence: at scene of firearm incident, victim of firearm violence, and impacted multiple times.

	Male	Female	Non-Binary	Unknown
<b>At the Scene of firearm violence</b>	6	5	0	0
<b>Victim of firearm violence</b>	6	3	0	0
<b>Victim of firearm violence multiple times</b>	1	1	0	0

- Unlike traditional diversion and programs centered on case benefit, male-identifying participants were not overrepresented, and there were equal amounts of outreach and engagement across the diverse gender identities.

## Program Outcomes

The goal of CHOOSE Freedom Firearm Violence Prevention was to serve young people, ages 18-24, impacted by firearm violence.

This 10-month pilot project has showed that the partnership between KCPAO community prosecutor and CHOOSE180 community navigators resulted in an outreach to 86 young people with known and verified risks of firearm violence using social network analysis.

Of the 86 young people who was contacted, 22 enrolled in the violence prevention and trauma reduction services.

## Conclusion

The pilot project CHOOSE Freedom developed through the partnership between KCPAO and nonprofit CHOOSE 180 accomplished the following:

- Use existing data in a new way by community prosecutor (liaison between KCPAO and Community Based Organizations) to facilitate a public health-based response to firearm violence.
- Identified those at risk of becoming further (re)-impacted by firearm violence proactively and referred them to community services before any system involvement.
- Contact identified young people, inviting them to engage in firearm violence prevention services provided by the CHOOSE Freedom community navigators with lived experience.
- Use partnership and co-design strategies to optimize the social network referral process and facilitate service delivery to respond to community firearm violence prevention needs.

Post-violence prevention transitions and different pathways for participants who complete the program were not part of this pilot project focus. The primary focus of this initial CHOOSE Freedom pilot implementation was to develop social network referral processes, identify eligible candidates, optimize contact and outreach to enroll voluntary participants, build the violence prevention modules for curriculum delivery, and co-design the evaluation tools at entry and exit assessments. A future area of improvement and pilot program development is the post-violence prevention delivery transition from CHOOSE Freedom.

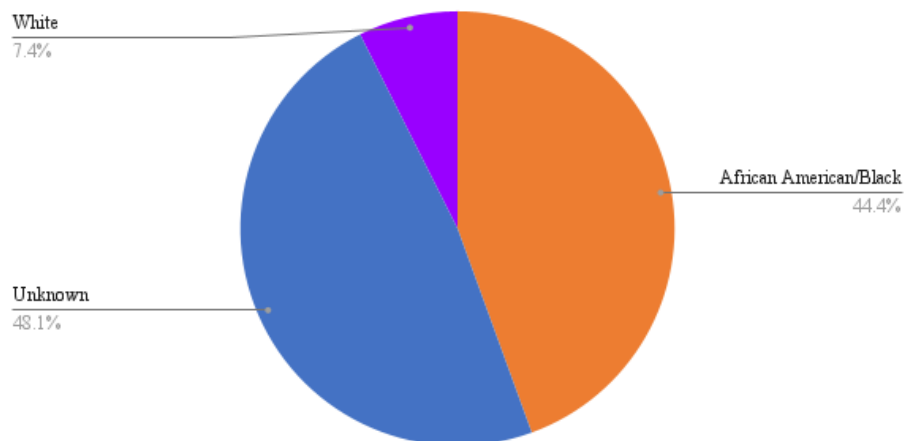
# DEMOGRAPHICS: RACE

Given the ten-month length of pilot program period, the complete entry and exit cohort metrics are not available and three participants had graduated from CHOOSE Freedom Shots Fired by June 2021. However, of the 27 participants who opted-in to the program and enrolled in violence prevention services, the race demographics were available for 14 young people from the pilot cohort's participants.

At least ~45% of the pilot CHOOSE Freedom participants with known race demographics are African American/Black. Overall, the CHOOSE Freedom participants are congruent with the King County Crime Strategies Unit's four year average from 2017-2020 for shooting victims where people of color account for 80% of all individuals impacted by firearm violence and at least 52% are Black or African American shooting victims.

2020-2021 CHOOSE FREEDOM SHOTS FIRED  
AFRICAN AMERICAN/BLACK: 44.4%  
UNKNOWN: 48.1%  
WHITE: 7.4%

King County Shots Fired  
CHOOSE Freedom 2021 Race Demographics



AUGUST 2021  
DEPARTMENT OF CHILDREN  
AND YOUTH FAMILIES  
GRANT #I-700-00520  
FINAL PROCESS EVALUATION

# KING COUNTY SHOTS FIRED PROGRAM

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*CHOOSE Freedom  
Firearm Violence Prevention Project*

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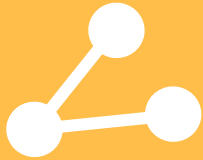
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## ABOUT:

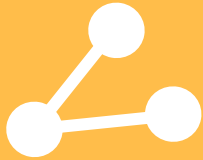
This document was developed through the CHOOSE Freedom Pilot Project funded by the WA Dept. Children, Youth and Families from Sept. 2020- June 2021. The CHOOSE Freedom Pilot Project received two grants for the following partnership aims:

***Aim #1 (Grant: I-700-000520)—***

*CHOOSE Freedom Firearm Violence Prevention* is a partnership between the King County Prosecuting Attorney's Office Crime Strategies Unit and CHOOSE 180 to connect youth impacted by firearm violence with violence prevention services and trauma reduction resources.

***Aim #2 (Grant: I-700-000220)—***

*CHOOSE Freedom Reentry* is a partnership between Greenhill JR Facility, and CHOOSE 180 for the purpose of reentry stabilization and trauma reduction.



## ABOUT:

This document was developed as an evaluation of the King County Shots Fired component of the CHOOSE Freedom Pilot Project as funded by the WA state Department of Children, Youth and Families. For this part of the project, CHOOSE 180 and KCPAO had the following partnership goals:

### **Goal One:**

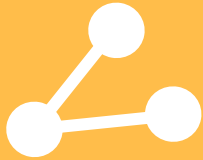
*Proactively identify and engage young people who are at an elevated risk of being (re)-impacted by firearm violence.*

### **Goal Two:**

*Prioritize referrals and address service gaps for young people, ages 18-24, in specific minoritized communities that are both most affected by firearm violence and historically under-invested.*

### **Goal Three:**

*Develop a collaborative partnership between KCPAO and Choose 180 through the co-design of community-based firearm violence prevention services.*



## ABOUT:

The authors gratefully acknowledge *Cortez Charles, Durrell Greene, Natasha Moore, and Tascha Johnson* from *CHOOSE 180* alongside *Dan Carew, Darrah Hinton, Karissa Taylor, and Rafael Serrano* of the King County Prosecuting Attorney's Office as well as their staff and teams for the partnership, ideas and many contributions to the *CHOOSE Freedom Pilot Project*.

Since its inception in 2017, the Crime Strategies Unit (CSU) has aimed to utilize data and incorporate a public health approach to proactively address and prevent firearm violence.

The community-based prosecutor funded by this grant serves as a liaison between CSU and community based organizations, such as KCPAO's partner *CHOOSE 180*, to help facilitate the implementation of firearm violence prevention strategies.

# Executive Summary

The more closely connected a young person is to firearm violence, the more likely they are to become a victim or perpetrator of firearm violence. CHOOSE Freedom is--

Reducing firearm violence by utilizing lived experience outreach to connect those most at risk of firearm violence with proactive engagement

Preventing firearm violence through partnerships and smart data investments by prosecutors and community providers

Offering life saving public health benefits and connection to resources to support community safety

The Choose Freedom project was developed through a ten month partnership between CHOOSE 180 and KCPAO to prevent firearm violence. The pilot project's focus is to engage young people, ages 18-24, who have been impacted by firearm violence and who have been historically underserved by service investments in King County.

By proactively engaging eligible young people invited by the Community Prosecutor through the KCPAO's social network referral process, CHOOSE Freedom Community Navigators and Reentry Navigators are able to offer firearm violence prevention for individuals who voluntarily agreed to participate and enrolled in the program.

Of [86] young people who were referred by KCPAO and outreached by the Community Navigators, [27] opted into CHOOSE Freedom services and are completing the program. Through Aim #2, an additional [7] youth reentering from Greenhill also received violence prevention and reentry stabilization services funded through Grant #I-700-000220 prior to COVID-19 referral closures by JR.



CHOOSE FREEDOM





# Introduction

The crisis of community firearm violence as well as peer to peer youth firearm violence in particular are often approached as a binary: True Victims vs. Violence Perpatrators. CHOOSE Freedom addresses this stereotype by using social network analysis that is inclusive of any known parties affected by firearm violence to identify those youth most at risk of being (re)-impacted to firearm violence and provide trauma reduction services for these "Violence Exchange" functions to all impacted members.

The Crime Strategies Unit uses existing law enforcement data related to known incidents of firearm violence to build social networks and identify individuals that are at an elevated risk of being impacted by firearm violence. By leveraging these smart data investments with lived experience outreach, Community Navigators work with Community Prosecutors to prevent firearm violence with services delivery and trauma reduction that are centered on:

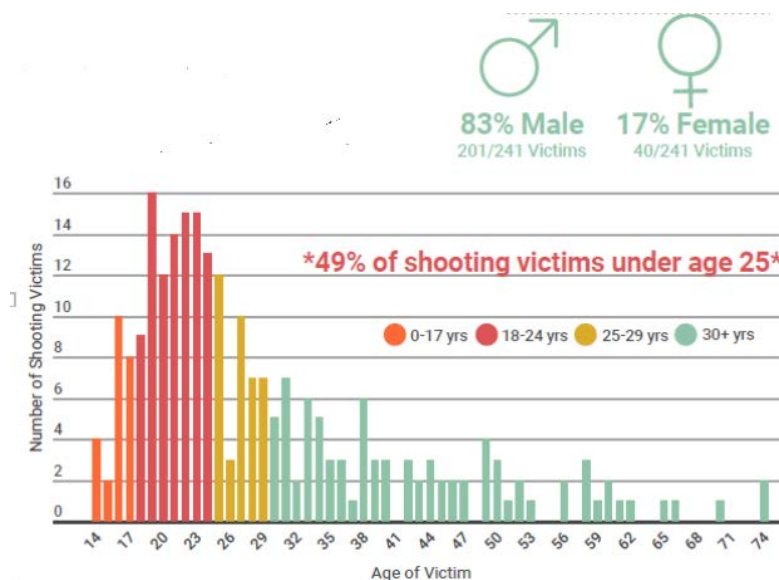
- 1:1 services engagement to address trauma
- culturally congruent curriculum on the root causes of firearm violence, and
- secondary supports through CHOOSE 180'S Behavioral Health and Aftercare programs.

To implement this service delivery and trauma reduction approach, some core assumptions underlie the CHOOSE Freedom Pilot Project including:

**1. All participants receive the same service delivery components regardless of how central to the social network they are identified during the referral process and the activities are provided at a dosage or frequency guided by the young person for their service delivery and trauma reduction needs.**

**2. Upon outreach by the Community Navigator, the young person self-selects or mediates their participation voluntarily.**

**3. Young people with pending felonies are not eligible for CHOOSE Freedom and remain currently excluded from the social network referral process.**



# CHOOSE FREEDOM PARTNERS

CHOOSE Freedom was developed from its inception by CHOOSE 180 to serve youth identified by the *Community Prosecutor* through the KCPAO’s social network referral process and facilitate a firearm violence treatment intervention co-designed to prevent the risk of firearm violence.

By leveraging this team of frontline violence interrupters with lived experience as well as prosecutors from the KCPAO Crime Strategies Unit, we proactively identify and outreach youth who are (re)-impacted by firearm violence. This diverse team includes providers versed in prevention strategies and treating firearm violence as a social disease, data analysts, local prosecutors dedicated to data driven approaches to community safety and community based program collaborators. Some of the key program development and partnership collaborators include:

## Meet the Team



Cortez Charles  
CHOOSE Freedom  
Community Navigator



Durrell Green  
CHOOSE Freedom  
Re-entry Navigator



Rafael Serrano  
KCPAO  
Data Analyst



Sai Samineni  
CHOOSE Freedom  
Evaluator



Gabe Bell  
CHOOSE Freedom  
Data Administrator



Karissa Taylor  
Crime Strategies Unit  
Director



Dan Carew  
Crime Strategies Unit  
Senior Deputy Prosecutor



Darrah Hinton  
Crime Strategies Unit  
Community Prosecutor

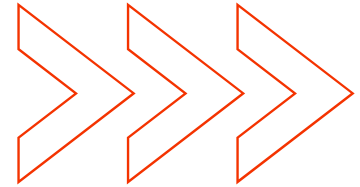


Natascha Moore  
CHOOSE 180  
Programs Director



Tascha Johnson  
CHOOSE 180  
Operations Director

# Pilot Outcomes



*The goal of CHOOSE Freedom Firearm Violence Prevention is to serve young people, ages 18-24, impacted by firearm violence and experiencing a regional service desert across King County.*

Using social network analysis to identify young people most at risk of being victimized by firearm violence and present in the target age cohort, the CHOOSE Freedom Pilot assigned the following key indicators within the firearm violence prevention and trauma reduction services:

Key Indicator	Activity / Project	Data / Outcome
Target number of young people screened and identified in the pilot age cohort (18-24)	<ul style="list-style-type: none"> <li>Community Prosecutor functions</li> <li>Data Analyst social network analysis</li> <li>Send invitations to at-risk youth who are identified and screened eligible</li> </ul>	<ul style="list-style-type: none"> <li>[86] eligible youth, ages 18-24, proactively referred and invited</li> <li>Three cycles of renewed and updated social network analysis to refer youth at-risk of firearm violence</li> </ul>
Outreach all eligible youth for voluntary enrollment and self-mediated program engagement of all firearm violence prevention delivery	<ul style="list-style-type: none"> <li>Community Navigator outreach and engagement functions</li> <li>Firearm violence prevention and participant service delivery enrollment</li> </ul>	<ul style="list-style-type: none"> <li>[27] youth enrolled in firearm violence prevention with self-mediated engagement</li> <li>[334] outreach attempts for 86 identified youth or avg. [3.88] attempts /youth</li> </ul>
Co-design initial evaluation tools to implement entry assessment of participants and exit assessment of the youth's experience with 14 firearm violence prevention modules of the CHOOSE Freedom curriculum	<ul style="list-style-type: none"> <li>CHOOSE Freedom 14 trauma reduction modules curriculum and service delivery</li> <li>Enrolled participant's initial program self assessment</li> <li>Youth Participant Experience CHOOSE Freedom pilot curriculum assessment</li> </ul>	<ul style="list-style-type: none"> <li>[378] hours of CHOOSE Freedom curriculum launched and delivered modules</li> <li>[650] hours of 1:1 participant firearm violence prevention sessions accessed</li> <li>Designed and launched evaluation tools of program participant entry and exit assessments</li> </ul>

# PRIMARY PRIORITIES

Through use of SNA, CHOOSE Freedom creates a new reference point for young adults who have previously been impacted by firearm violence by proactively inviting them to engage voluntarily in a treatment approach with the following service priorities—

1) *CHOOSE Freedom Firearm Violence Prevention curriculum delivered through virtual and social distanced formats for COVID-19,*

2) *One-on-One participant violence prevention sessions and Aftercare engagement to reduce trauma and develop individualized service supports for each young adult,*  
3) *Facilitate access to secondary supports including behavioral health services and community engagement, and* 4) *Evaluate the young adult's user experience through the firearm violence prevention curriculum and Aftercare with behavioral health to graduate them successfully from all program supports.*

1

*Created initial social network analysis and invited 20 eligible youth, ages 18-24, to access CHOOSE Freedom pilot services*

2

*Reduced turnaround time from SNA selection of eligible youth to program outreach and CHOOSE Freedom enrollment by three weeks*

## MILESTONES

On creating the first cycle of social network analysis, we identified 20 youth for outreach and enrolled an initial CHOOSE Freedom cohort of three participants.

After this initial enrollment of three participants, we reduced the turnaround time of the next cycle of social network analysis from program invitation to outreach and enrollment by three weeks, allowing the subsequent participants enrolled to access firearm violence prevention and curriculum delivery within ~21 days of initial outreach.





# OUR Q1 AIM

EFFECTIVE SOCIAL NETWORK  
REFERRAL PROCESS TO  
INVITE & OUTREACH YOUTH  
MOST IMPACTED BY  
FIREARM VIOLENCE

# YOUTH

## ESSENTIAL ELEMENTS

In order to achieve our first quarter aim and pilot milestones, our essential program elements were to:

- Use social network analysis to identify youth that are at an elevated risk of being impacted or (re)-impacted by firearm violence.
- Refine the social network referral process to decrease turnaround time between network referrals to outreach and enrollment.
- Utilize peer-to-peer community referral points to find and fill in gaps in law enforcement data and meet the need expressed by the community.
- Assess partnership feasibility to continue investing in the relationship between the *Community Prosecutor* and the *Community Navigator*

## QUESTIONS TO CONSIDER

HOW CAN WE CONTINUOUSLY  
IMPROVE IDENTIFICATION OF  
ELIGIBLE PARTICIPANTS AND  
COMMUNITY NAVIGATOR OUTREACH?



"THROUGH SNA, COMMUNITY PROSECUTORS CAN PROACTIVELY REFER YOUTH TO SERVICES BEFORE THEY ARE (RE)-IMPACTED BY FIREARM VIOLENCE."



### POINTS OF INTEREST IN THE FIRST QUARTER

In addition to optimizing enrollment through improvement of the social network referral process and reducing turnaround time of outreach, we also established the *Community Prosecutor* role functions to (1) *use existing data in a new way to facilitate a public health based response to firearm violence* ; (2) *proactively identify those at risk of becoming further (re)-impacted by firearm violence with community services before any systems involvement and refer them to services with the Community Navigators* ; (3) *invite identified young people to engage in firearm violence prevention services provided by the Community Navigators with lived experience*; and 4) *develop and maintain the partnership with CHOOSE 180 and the Community Navigators to continuously optimize the social network referral process and facilitate efficient services delivery to respond to community firearm violence prevention needs.*



## AREAS FOR IMPROVEMENT FROM Q1:

### SCOPE OF ELIGIBLE CANDIDATES AND PROACTIVELY ENGAGING COMMUNITY OR PEER-TO-PEER ASSETS FOR REFERRALS

Although we improved our outreach and optimized services enrollment turnaround times, an opportunity emerged to organically increase the number of referrals and address gaps in the law enforcement data through peer-to-peer or community referrals (i.e. referrals from outside of the social network). These areas of improvement informed Q2 aims to allow the participant enrollment and services delivery during the CHOOSE Freedom outreach to remain more responsive to the local firearm violence epidemic by allowing local community referents and peers to connect at-risk young people to Community Navigators for outreach.

"UTILIZING PEER-TO-PEER AND COMMUNITY REFERRALS WOULD RESPOND TO THE NEEDS OF THE COMMUNITY AND LIKELY INCREASE THE IMPACT FROM SOCIAL NETWORK REFERRALS AND CHOOSE FREEDOM SERVICE DELIVERY."

# PRIMARY PRIORITIES CONT.

## REDUCE BARRIERS TO OUTREACH & ENROLLMENT

Using the outreach and enrollment outcomes from the initial social network referrals as a baseline, we were able to identify the following barriers to streamlined outreach and enrollment including—

- Incomplete or outdated contact information
- Limited size of referral pool based on network size
- Lengthy turnaround time from network creation to referrals
- Absence of referral process for peer-to-peer or community referrals
- Difficulty establishing community rapport, and building participant trust

To address these barriers and improve participant enrollment, we implemented the following data analysis and outreach measures:

1. *Increased the number of public databases accessed by the Community Prosecutor and Community Navigator to increase diversity and quantity of contact information utilized for outreach*

2. Increased the number and frequency of social networks created to reduce turnaround time from the network to referral and increased the size of the referral pool

3. *Developed community referral process for peer-to-peer and community referrals from those youth already engaged in CHOOSE Freedom.*

### **Implementing these measures resulted in—**

**3** Improved outreach and enrollment process for eligible youth by supplementing the sources of contact information

**4** An expanded referral pool and an increase in the number of eligible young people as a result of more frequent networks

**5** An improved scope of outreach and enrollment through additional community and peer-to-peer referral points



**OUR Q2 AIM**

BUILD AND IMPLEMENT  
 VIOLENCE PREVENTION  
 SERVICE MODULES AND IMPROVE  
 OUTREACH & ENROLLMENT





## ESSENTIAL ELEMENTS

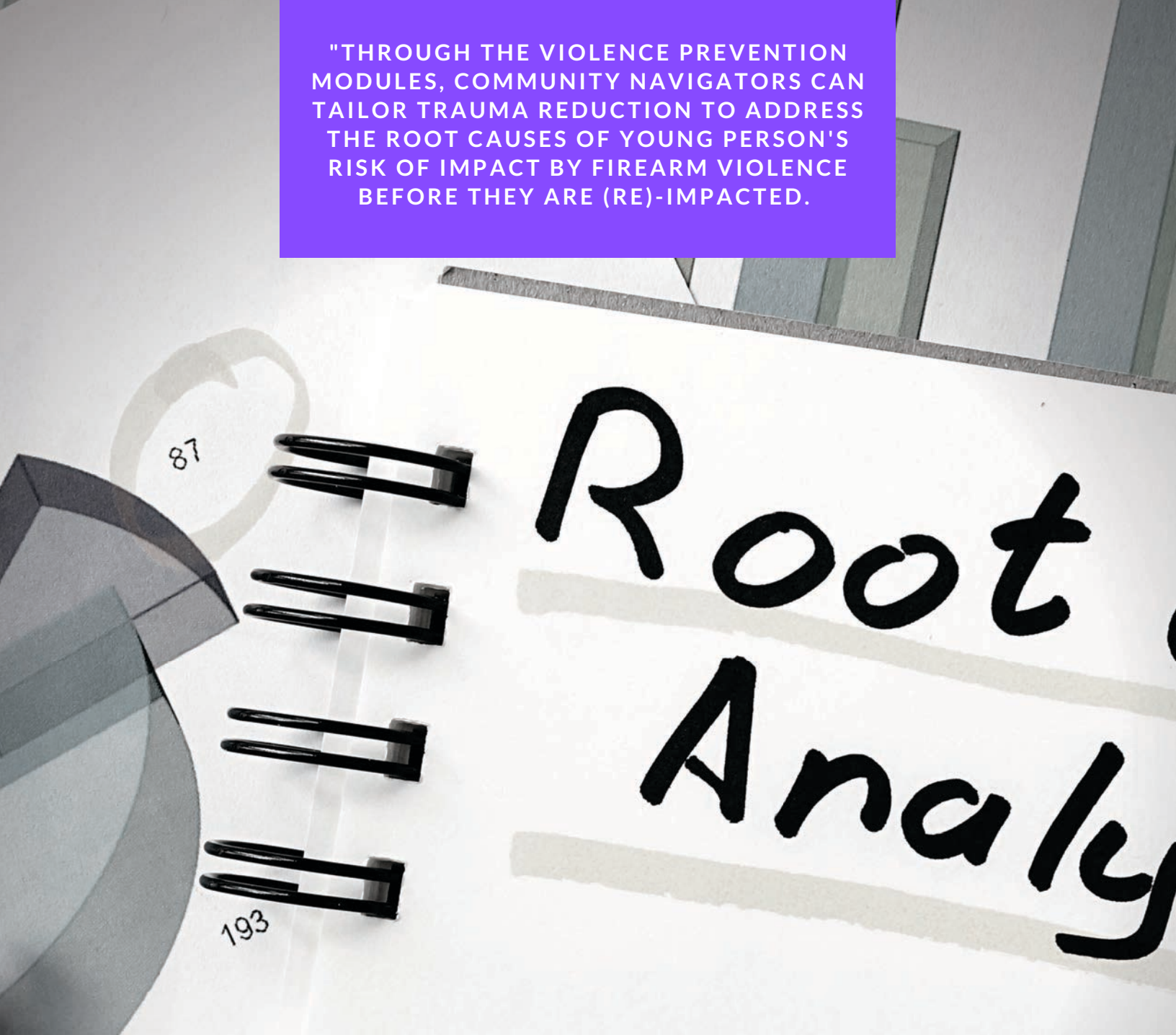
In order to achieve our second quarter aim and pilot milestones, our essential program elements were to:

- Co-design culturally congruent modules and services delivery focused on the root causes of firearm violence
- Develop a social distanced service delivery framework and implement curriculum for the initial enrolled participants
- Establish 1:1 ground setting with the *Community Navigator* to orient individual participants prior to the group setting violence prevention modules

## QUESTIONS TO CONSIDER

HOW CAN WE MAINTAIN GROUP TRUST AND SECURITY, INCLUSIVE OF PANDEMIC HEALTH GUIDELINES, WHILE DELIVERING VIOLENCE PREVENTION MODULES AND CURRICULUM EFFECTIVELY?

"THROUGH THE VIOLENCE PREVENTION MODULES, COMMUNITY NAVIGATORS CAN TAILOR TRAUMA REDUCTION TO ADDRESS THE ROOT CAUSES OF YOUNG PERSON'S RISK OF IMPACT BY FIREARM VIOLENCE BEFORE THEY ARE (RE)-IMPACTED.



# Root Analy

## POINTS OF INTEREST IN THE SECOND QUARTER

In addition to developing social distanced firearm violence prevention and ground setting framework for virtual group sessions, we co-designed the priorities for the prevention modules and curriculum delivery to reflect the following culturally responsive focus areas: (1) *youth personal inventory including strengths, weakness, opportunities and risks (SWOR)* ; (2) *comprehension of incarceration cycle and institutional racism to support environmental awareness of the systems, i.e. education and school to prison* ; (3) *building sense of safety and well-being with sense of belongingness and personal accountability* ; (4) *knowing the difference between self-defense and retaliation* ; and (5) *knowledge of environment and institutions to promote proactive engagement and deter the risk of firearm violence.*





## AREAS FOR IMPROVEMENT FROM Q2:

### ADHERENCE TO VIOLENCE PREVENTION MODULES AND POST-PREVENTION SUPPORTS WITH CURRICULUM ADAPTATIONS

Since all participants are offered the same self-mediated firearm violence prevention services process with voluntary engagement during the pilot intervention, we had some areas of improvement through future violence prevention adaptations and proactive engagement, including identifying how individual social determinants and risks which contribute to environmental and personal history underlying the impact to firearm violence might inform service delivery and curriculum modules.

Through the curriculum development and service delivery process, we discovered key focus areas for future curriculum delivery and prevention service inclusion, including gender specific modules inclusive of LGBTQ and non-binary experiences with firearm violence, parent or guardian outreach and loved ones of survivors accessing violence prevention workshops and other neighborhood level education investments to prevent firearm violence at an environmental level.

"TO MAKE ADDITIONAL VIOLENCE PREVENTION INVESTMENTS IN PARTICIPANT OUTCOMES OF SKILL, WILL OR CAPACITY, ADDITIONAL CURRICULUM AIMS CAN INCLUDE A FOCUS ON LGBTQ OR NON-BINARY PARTICIPANTS AND PROACTIVE ENGAGEMENT OF SURVIVORS' LOVED ONES FOR AN ENVIRONMENTAL PREVENTION OF FIREARM VIOLENCE."



# LAST QUARTER AIM

IMPROVE OUTREACH,  
POST-PREVENTION  
AFTERCARE TRANSITIONS,  
& BUILD EVALUATION  
COMPONENTS



## ESSENTIAL ELEMENTS

In order to achieve our final quarter aim and pilot milestones, our essential program elements were to:

- Co-design evaluation tools for participant entry and exit assessments to complement the cohort metrics, outreach process and firearm violence prevention services
- Develop an entry assessment evaluation tool which focused on the participant self assessment to inform their individual service outcomes and create a baseline based on six domains
- Develop an exit assessment evaluation tool to identify participants learning and cognitive competency from the firearm violence prevention modules, 1:1 sessions and curriculum delivery

## QUESTIONS TO CONSIDER

HOW DO WE IMPROVE THE COGNITIVE  
COMPETENCY AND VIOLENCE  
PREVENTION MODULES COMPREHENSION  
BY YOUTH?



"THROUGH THE EVALUATION ASSESSMENT TOOLS, COMMUNITY NAVIGATORS CAN IDENTIFY WHICH MODULES HAVE LOW PARTICIPANT COMPREHENSION IN THE VIOLENCE PREVENTION PROCESS AND MAKE ADJUSTMENTS TO SERVICE DELIVERY.

# EVALUATION

## POINTS OF INTEREST IN THE LAST QUARTER

In addition to the future, possible focus areas for firearm violence prevention identified, the evaluation tools were designed on these domains based on alignment with the curriculum delivery: (1) *Safety* - Do youth feel safe where they live? ; (2) *Belongingness* - Do youth feel a connection to community and sense of belongingness? ; (3) *Opportunity* - Do youth feel opportunities are available to them? ; (4) *Personal Safety* - Are youth able to ensure personal safety without violence? ; (5) *Goal Setting* - Do youth want to further their goals and know how to obtain resources and supports?



## FINAL AREAS FOR FUTURE IMPROVEMENT:

### POST-VIOLENCE PREVENTION DELIVERY TRANSITIONS

Since the primary focus of this initial CHOOSE Freedom pilot implementation were to develop social network referral process and identify eligible candidates, optimize outreach to enroll participants who voluntarily opt-in, build the violence prevention modules for curriculum delivery and co-design the evaluation tools at entry and exit assessments, we did not focus on post-violence prevention transitions and different pathways for participants who complete the program. A future area of improvement and pilot program development is the post-violence prevention delivery transition from CHOOSE Freedom.

"FUTURE IMPROVEMENTS CAN BUILD ON THE PILOT DEVELOPMENT AND IMPLEMENTATION OF THE SNA, TREATMENT MODULES AND EVALUATION ASSESSMENTS TO IDENTIFY NEXT STEPS AND STRENGTHEN TRAUMA REDUCTION FOR ONGOING SUPPORT BEYOND CHOOSE FREEDOM'S INITIAL VIOLENCE PREVENTION."

# HIGHLIGHTS

**26%**

Of the 86 young people who were successfully outreached by the Community Navigator, 26% of the social network referrals voluntarily enrolled and opted-in to violence prevention service delivery.

**90%**

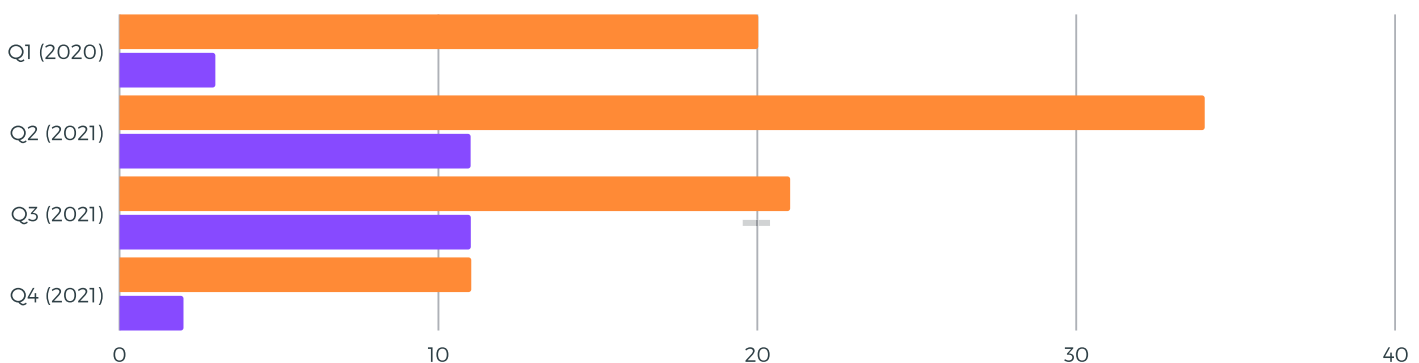
Youth who chose to enroll and self-mediate violence prevention engagement had 90% or more adherence to the service delivery.

## Overall CHOOSE Freedom Engagement

Since this pilot program is entirely voluntary and specifically engages individuals who are not actively involved in the criminal legal system with proactive outreach, obtaining accurate and up-to-date contact information to initiate the referral process was a persistent challenge. However from the initial outreach process, the young people who learned about CHOOSE Freedom invitations and connected with a Community Navigator had high engagement for the firearm violence prevention post opt-in and also maintained high adherence with the service delivery to complete modules and access 1:1 supports as well as post-CHOOSE Freedom services through CHOOSE 180's Aftercare and Behavioral Health programs.

## Result: 86 youth outreached ; 27 participants enrolled over 10 months

Over the period of 10 months, the number of young people outreached was increased to 2Xs more youth identified by social network referral process and participant opt-in through the pilot program was increased by 3.5Xs over the full timeline.





## CHOOSE FREEDOM VIOLENCE PREVENTION IMPLEMENTATION PHASES

The firearm violence prevention service and trauma reduction process includes three main elements and was implemented to be delivered through the following phases:

- Phase 1: Social Network Referral Process and Participant Invitations
- Phase 2: Community Navigator Outreach and Voluntary Program Enrollment
- Phase 3: Firearm Violence Prevention Curriculum Modules and 1:1 Trauma Reduction Service Supports

### NO. 1 – SOCIAL NETWORK REFERRAL PROCESS & PARTICIPANT INVITATIONS

Utilizes law enforcement data and community driven or peer-to-peer referrals to develop a network of young people at risk of (re)-impacted by firearm violence to identify eligible candidates and implement *Community Prosecutor* program functions.

### NO. 2 – COMMUNITY NAVIGATOR OUTREACH, "OPT-IN" AND 1:1 TRAUMA REDUCTION

Implement social network referrals and proactively outreach young people invited to CHOOSE Freedom to enroll interested participants who 'opt'-in' to violence prevention service delivery.

### NO. 3 – GVP CURRICULUM, AFTERCARE AND EMOTIONAL WELLNESS

Delivery of all CHOOSE Freedom components to participants to facilitate gun violence prevention curriculum, 1:1 support and trauma reduction, offer evaluation tools to assess participants upon entry and exit and graduate CHOOSE Freedom Alumni into community based, post-violence prevention maintenance supports.

# METHODS & TECHNIQUES

Since CHOOSE Freedom is a pilot project, we mainly utilized mixed methods to inform the development and evaluation approaches at each phase of this co-design and to maintain flexibility during the implementation process. The core mixed methods for each project phase are as follows –



## Phase One

**Social Network Analysis:** Use existing law enforcement data in a new way to identify individuals that are at an elevated risk of being impacted by firearm violence for referral to Community Navigators.

## Phase Two

**Focus Groups and Youth Engagement:** Preexisting participant focus groups of CHOOSE 180 workshops identified key areas for violence prevention modules and we embedded these informed areas from participant workshops with the lived experience of the *Community Navigators* to define the Firearm Violence Prevention Modules

## Phase Three

### **Mixed Survey Methods Design:**

- o User experience driven survey design to align statements from existing youth evaluations (i.e. YDECK, King County Best Starts for Kids) which can determine the participants' needs during program enrollment and prior to the delivery of violence prevention modules

- o Community Navigator and lived experience facilitators input of participant feedback from the delivery of violence prevention modules informed the second evaluation of violence prevention modules upon participant program exit

# Services Administration & Prevention Delivery

The core program development and implementation of service delivery had three leading areas of emphasis: 1) Proactive engagement and social network referral process ; 2) Self-mediated, voluntary enrollment ; 3) Lived experience and community based outreach.



## Service Priority #1:

### Proactive Engagement and Social Network Referrals

The social network referral process is implemented by the Community Prosecutor based upon local analysis of firearm violence and establishes an earlier reference point for firearm violence prevention. This ensures the target cohort of young people are being appropriately identified and invited to engage in services.



## Service Priority #2:

### Self Mediated and Voluntary Enrollment

Participants are outreach and enrolled by Community Navigators in a completely voluntary process and self-mediated engagement.



## Service Priority #3:

### Lived Experience and Community Based Outreach

The outcomes of the pilot project are centered on lived experience and community based outreach by the Community Navigators as well as the development of referrals from community and peer-to-peer engagement.



# Participant Resources

## Unit Cost Estimate Analysis

While the pilot project's funding primarily supported the *Community Prosecutor* and *Community Navigator* role capacity as well as participant incentives, the following resources were identified by participants as co-occurring social determinants that need additional funding for effective youth firearm violence prevention:

**\$3,350**  
resources unit cost /  
participant

1. Relocation and Housing Assistance: \$2500 / participant  
**increase the resources to relocate participants to exit group affiliation safely and to allow them to secure and maintain stable shelter as part of proactive engagement**
2. Digital Divide and Tech Gaps: \$500 / participant  
**support program adherence and services engagement by offering technology devices and digital access that will increase participant confidentiality and location privacy during service engagement to reduce the risk of retaliation as well as offer increased opportunity for adherence**
3. Pregnant and Caregiving Youth Enhanced Support: \$350/participant  
**enhance the impact of firearm violence prevention service delivery to pregnant or caregiving youth by providing stipends to address multi-generational effects faced by youth who care for young children**



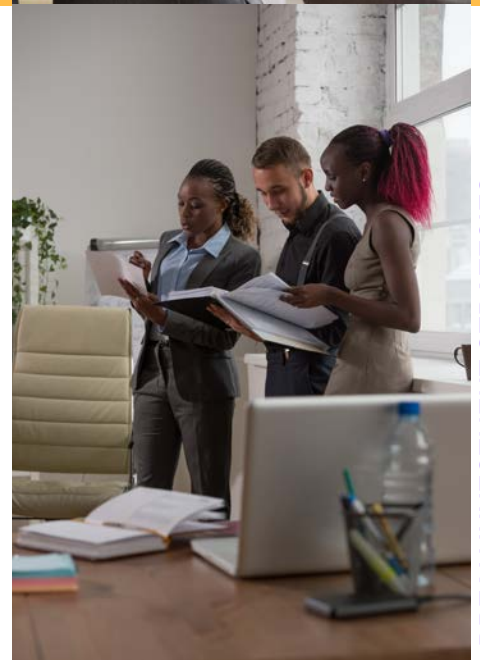
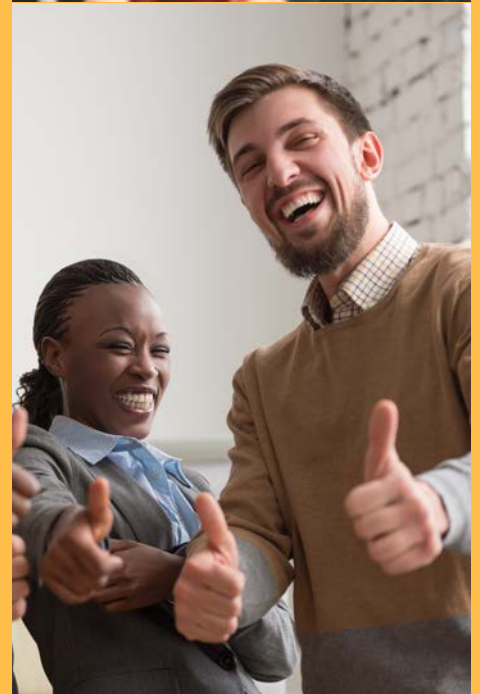
# Cohort Data and Limitations

Since the total length of the pilot project was only ten months, the short time period greatly constrained our ability to graduate participants and obtain responses from the evaluation tools which were co-designed during the first two quarters and launched during the last quarter of program delivery. We experienced multiple limitations affecting evaluation including:

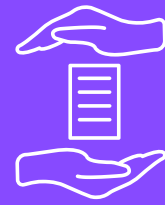
1. Attaining peak program participant enrollment and service engagement during mid-March or one quarter prior to launching the evaluation tools
2. Being unable to collect any responses from the evaluation tools implemented the last quarter of the pilot project prior to the end of the program period

3. Lack of sufficient time to fully receive, review and analyze any program data that was received after the last reporting period prior to the evaluation submission deadline to inform future program outcomes and partnership feasibility based upon the pilot project

4. Most enrolled participants completing the program to access post-violence prevention services after June 2021 (the end of the pilot project) and the close of the service period



# Conclusion



The CHOOSE Freedom pilot project remains essential to reduce the impacts of firearm violence in minoritized communities who have historically been excluded or underinvested by services in the King County region.

This ten month project pilot has shown that the relationship between one Community Prosecutor and one Community Navigator allowed us to outreach **86 young people** with known and verified risks of firearm violence.

Of the 86 young people who were contacted by the Community Navigator, we were able to enroll **27 young people** into life saving violence prevention and trauma reduction services. We achieved these goals by:

1) **Optimizing social network referral process to increase the eligible young people referred by two-fold and improving the outreach to enroll 3.5Xs more participants across the ten month pilot period.**

2) **Building rapport in minoritized communities and establish trust with participants to engage peer-to-peer and community referrals in addition to the participants who were enrolled from social network referrals.**

3) **Investing in the partnership between CHOOSE 180 and KCPAO by co-designing the CHOOSE Freedom Project from the referral process through services delivery and implementation of the evaluation.**

27

PARTICIPANTS  
RECEIVED  
FIREARM  
VIOLENCE  
PREVENTION

334

TOTAL  
OUTREACH  
ATTEMPS

26

PERCENT  
opted-in to violence  
prevention and  
remained engaged



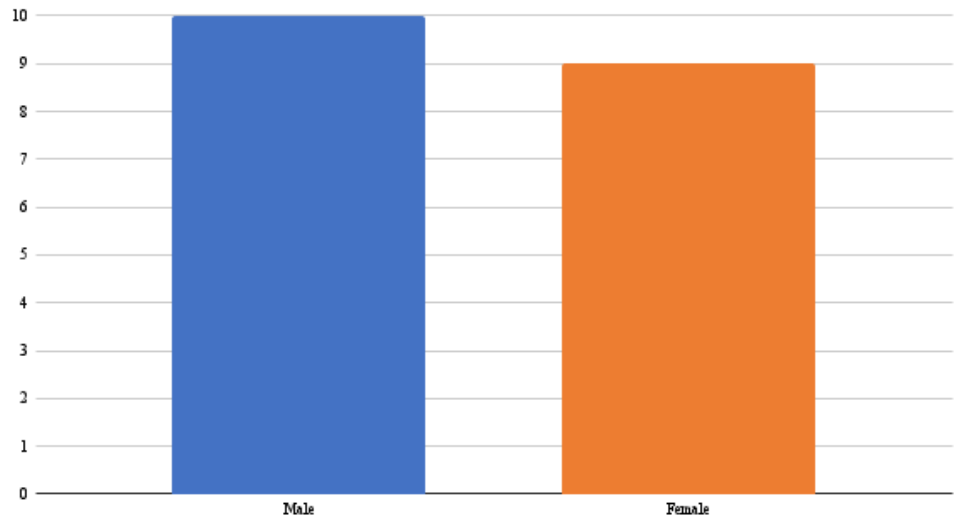
# 1

## DEMOGRAPHICS

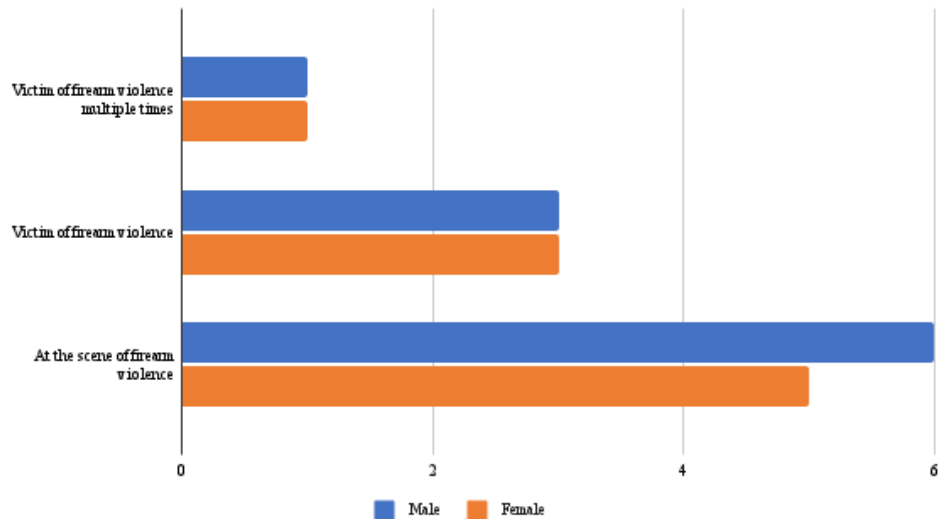
All participants from social network referrals and referrals by community or peer-to-peer assets were within the Goal Two program age cohort.

Youth who opted-in to the violence prevention services and trauma reduction fit one of three risk groups for impacted by firearm violence: (1) impacted multiple times ; (2) at scene of firearm incident ; and (3) victim of firearm violence.

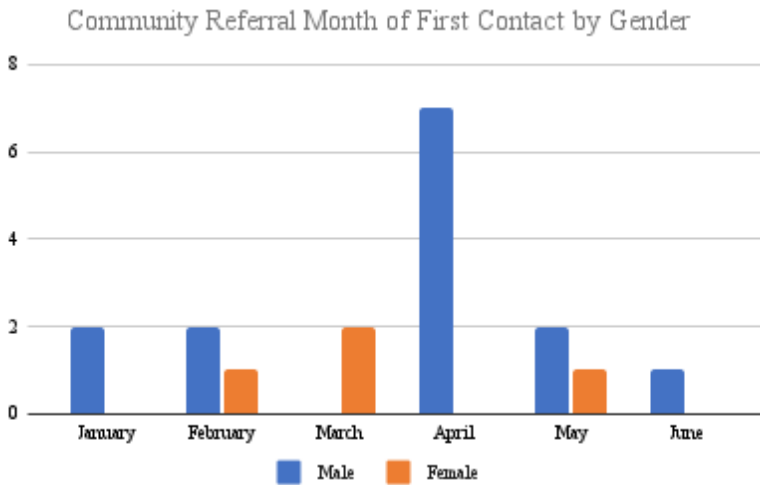
Total Social Network Referral Based CHOOSE Freedom Enrollments



PAO Based CHOOSE Freedom 2021 Enrollments by Referral Reason



# Demographics cont.



## ADDITIONAL COHORT TRENDS

Participant enrollment and voluntary engagement with the firearm violence prevention services was highest among the 18-22 ages within the program services outreach to youth ages 17-24. Youth who were either younger than 18 or older than 22 whom provided a reason for not enrolling often cited employment and economic barriers as well as lack of time as the most common reasons for choosing to opt-out with the Community Navigator.

**OVERALL, THE COMMUNITY NAVIGATORS OUTREACH WAS TO YOUNG PEOPLE WHO REFLECTED THE SPECIFIC DEMOGRAPHICS OF INDIVIDUALS IDENTIFIED BY SHOTS FIRED AS MOST AT-RISK OF FIREARM VIOLENCE AND BEING (RE)-IMPACTED (I.E. ~40% OF VICTIMS UNDER AGE 25)**

**FURTHER, THE COMMUNITY AND PEER-TO-PEER REFERRALS WERE ALL FROM PLACE BASED AREAS OF KING COUNTY WITH MINORITIZED COMMUNITIES WHO ARE OVER-REPRESENTED IN NEIGHBORHOODS WITH FIREARM VIOLENCE AND REGIONAL SERVICE DESERTS**

	2020-2021 Social Network Enrollments			
	Male	Female	Non-Binary	Unknown
At the scene of firearm violence	6	5	0	0
Victim of firearm violence	6	3	0	0
Victim of firearm violence multiple times	1	1	0	0

**4**

At least four participants were (re)-impacted by firearm violence more than one time and two were (re)-impacted during the CHOOSE Freedom delivery

**1:1**

**MALE:FEMALE**

Unlike traditional diversion and program centered on case benefit, male identifying participants were not overrepresented and there was equal amounts of outreach and engagement across the diverse gender identities

**100%**

Participants enrolled from specific age cohort who are overrepresented in populations impacted by firearm violence

# Firearm Violence Prevention

## CHOOSE Freedom: Curriculum Modules

During the second quarter of the CHOOSE Freedom Project, CHOOSE 180 co-designed the Firearm Violence Prevention modules and implemented the following 14 modules for violence prevention services and trauma reduction:



### GVP MODULES

#### SECTION ONE HARMED PARTIES

- (1) IDENTIFY HEALTH SUPPORTS WITH STATUS OF MIND/BODY
- (2) PIVOT POINTS FOR FUTURE STEPS
- (3) PAST TRAUMA'S ROLE IN DECISION MAKING
- (4) COMPASS FOUR DIRECTIONS: SOUTH, NORTH, EAST, WEST

#### SECTION TWO AWARENESS OF SYSTEMS

- (5) WHAT IS THE SCHOOL TO PRISON PIPELINE
- (6) AWARENESS OF MASS INCARCERATION AND INSTITUTIONS
- (7) NAVIGATING SYSTEMS, AUTHORITY, AND DISRESPECT
- (8) TAKING PERSONAL ACCOUNTABILITY

#### SECTION THREE CHOOSE FREEDOM

- (9) WHAT IS CHOOSE FREEDOM AND LEGAL GOAL SETTING
- (10) MEASURING RISK VS. REWARD
- (11) DEFINING THE VALUE OF FREEDOM
- (12) INFLUENCES ON SELF AND ROLE IN RISK OF GUN VIOLENCE

#### SECTION FOUR FULL RECOVERY AND AFTERCARE

- (9) MAKING FULL RECOVERY: LIVING VS. SURVIVING
- (10) DIFFERENT FORMS OF POWER AND SELF EVALUATION
- (11) GROUP THOUGHT AND CULTURE - 'STREET' OR GANG LIFE
- (12) EXITING GANG AFFILIATION AND SOCIAL DISTANCE SAFELY
- (13) POST TRAUMATIC GROWTH AND THE BEFORE V. AFTER OF FIREARM VIOLENCE
- (14) PIVOT POINTS AND LIFE AFTER BEING SHOT

CHOOSE FREEDOM CURRICULUM CONCLUDES IN MAINTENANCE SUPPORTS OFFERED BY CHOOSE 180'S AFTERCARE AND BEHAVIORAL HEALTH SERVICES

### LEARNING OBJECTIVES

- IDENTIFY CURRENT HEALTH AND SUPPORTS FOR THE SURVIVOR
- IDENTIFY VICTIM DECISION MAKING, AFFILIATION, AND STATUS WITH ANGER, RETALIATION, DEPRESSION AND TRUST
- UNDERSTAND THE SCHOOL TO PRISON PIPELINE AS A ROLE IN SYSTEMS IN ORDER TO AVOID THE CHANCES OF BECOMING (RE)-ENGAGED WITH PATHWAYS TO INCARCERATION
- ADDRESSING THE VALUE OF FREEDOM VS. SCARCITY MINDSET TO MEASURE RISKS SAFELY
- DO I WANT TO CHANGE VS. NOT BE CAUGHT TO INFORM GOALS
- DEFINE WHAT ACCOUNTABILITY MEANS AND ROLE OF DECISIONS IN PATHWAYS TO INCARCERATION
- DEFINE CHOOSE FREEDOM FOR THEMSELVES AND VISUALIZING THEIR BEST LIFE
- ADDRESSING THE MIND, BODY, SPIRIT AND SOUL COMPONENTS FOR MAKING A FULL RECOVERY
- RECOGNIZING AND EVALUATION OF STRENGTHS, WEAKNESSES, OPPORTUNITIES AND RISKS
- PROPERLY RESPONDING TO AUTHORITY AND PROPERLY CHALLENGING WHEN WE ARE JUSTIFIED
- REAL SOCIAL DISTANCING AND HOW TO NAVIGATE AWAY FROM GROUP AFFILIATION OR GANG LIFE
- PROTECTING ONESELF WITHOUT RETURNING TO VIOLENCE AND PIVOT POINTS FOR THE FUTURE
- TURNING TRAUMA INTO TRANSFORMATION AND POST-VIOLENCE POSITIVE REASSESSMENT FOR NEXT STEPS

# Evaluation Component No. 1

During the third quarter, CHOOSE 180 and KCPAO co-designed the first evaluation component, a Participant Self Assessment and implemented the evaluation tool to establish focus areas for trauma reduction and service delivery through assessment of six domains as 'High or Low' with the following statements rated by the participant through a 'Disagree'/'Agree' Likert scales.

## DOMAIN ONE: LIFE AT HOME

1. I COMMUNICATE POSITIVELY WITH MY LOVED ONES MOST OF THE TIME.
2. I KNOW STRATEGIES I CAN USE TO HAVE A STRONG RELATIONSHIP WITH MY LOVED ONES.
3. I AM INCLUDED IN MY FAMILY TASKS AND HOUSEHOLD DECISIONS.
4. I AM SAFE IN MY HOME ALWAYS.
5. I HAVE TRUSTING RELATIONSHIPS WITH MY LOVED ONES.
6. MOST OF THE TIME, I AM ABLE TO SLEEP WITHOUT DIFFICULTY AND WAKE UP FEELING RESTED.

## DOMAIN TWO: LIFE OUTSIDE THE HOME

7. I THINK THE PEOPLE IN MY LIFE HELP ME TO AVOID DECISIONS THAT MAY CAUSE HARM OR HURT OTHERS.
8. WHEN I AM HAVING A TOUGH TIME, I CAN RELY ON MY PEERS AND FRIENDS TO HELP ME MAKE HEALTHY DECISIONS.
9. MOST OF THE TIME, I AM SURROUNDED BY PEOPLE WHO GIVE ME POSITIVE ADVISE AND ENCOURAGEMENT.
10. I AM IN CONTROL OF MY DAY AND REGULAR ACTIVITIES IN MY LIFE.
11. I AM ABLE TO AVOID ACTIVITIES THAT ARE DANGEROUS OR UNHEALTHY.
12. I CAN SOLVE MY PROBLEMS WITHOUT HURTING MYSELF OR OTHERS.
13. I HAVE A SENSE OF PURPOSE IN MY LIFE.
14. I KNOW HOW TO FIND OUTSIDE RESOURCES OR SUPPORT WHEN I HAVE A DIFFICULTY.

## DOMAIN THREE: CONNECTION TO MY COMMUNITY

14. I TAKE RESPONSIBILITY TO IMPROVE MY COMMUNITY MOST OF THE TIME.
15. I CARE ABOUT HOW MY DECISIONS MAY IMPACT OTHERS AROUND ME.
16. I KNOW HOW TO LEAD OTHERS AROUND ME IN THE COMMUNITY.
17. I REGULARLY PARTICIPATE IN ONE OR MORE ACTIVITIES THAT GIVE ME JOY AND ENERGY.
18. IF SOMEONE I KNOW SHARES A PROBLEM, I TRY TO HELP THEM SOLVE IT.
19. I HAVE PEOPLE WHOM I RESPECT AROUND ME IN MY COMMUNITY.
20. I HAVE PEOPLE IN MY COMMUNITY WHO WATCH OUT FOR ME AND MY WELLBEING.

## DOMAIN FOUR: PERSONAL LEARNING AND GOALS

21. I KNOW HOW TO MAKE STEP-BY-STEP PLANS TO REACH MY GOALS.
22. I AM ABLE TO FIND EMPLOYMENT THAT PAYS ME A LIVABLE WAGE.
23. I TRY THINGS EVEN IF I MIGHT NOT SUCCEED.
24. I HAVE A PLAN TO WORK ON MY INTERESTS AND LEARN NEW THINGS.
25. I KNOW HOW TO MANAGE MY TIME TO WORK ON MANY TASKS.

# Evaluation Component No. 1

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## DOMAIN FIVE: EMOTIONAL WELLNESS AND FINANCIAL HEALTH

26. I KNOW HOW TO TAKE CARE OF MY MENTAL AND EMOTIONAL HEALTH.
27. I SET BOUNDARIES EASILY WHEN SOMEONE MAKES ME UNCOMFORTABLE.
28. IF SOMETHING IS NOT WORKING, I AM LIKELY TO TRY TO CHANGE THINGS.
29. I HAVE A TRUSTED MENTOR IN MY LIFE WHO I CAN ASK FOR SUPPORT.
30. WHEN I AM ANGRY OR UPSET, I CAN CONTROL MY TEMPER.
31. I RESPECT WHAT OTHER PEOPLE THINK EVEN IF I DISAGREE WITH THEM.
32. I PARTICIPATE IN ACTIVITIES THAT ALLOW ME TO CELEBRATE MY CULTURE.
33. I HAVE A SENSE OF BELONGING AND FEEL INCLUDED BY OTHERS WITHIN MY COMMUNITY.
34. I MANAGE MY MONEY WELL AND CAN TRACK MY SPENDING.
35. WHEN I HAVE A GOAL, I KNOW HOW TO MAKE A BUDGET FOR MY GOAL(S).

## DOMAIN SIX: CHANGES DUE TO THE COVID-19 PANDEMIC

36. SINCE THE PANDEMIC BEGAN, I NEED MORE SUPPORT AND COULD BENEFIT FROM ADDITIONAL RESOURCES.
37. I WOULD LIKE TO BE CONNECTED AND LEARN ABOUT RESOURCES IN THE COMMUNITY THAT MAY BENEFIT ME.

---

*BY IMPLEMENTING THIS EVALUATION TOOL AT CHOOSE FREEDOM PROGRAM ENROLLMENT AND PARTICIPANT ENTRY, COMMUNITY NAVIGATORS ARE ABLE TO ENGAGE INDIVIDUAL YOUTH TO ALIGN TRAUMA REDUCTION AND VIOLENCE PREVENTION SUPPORTS WITH THEIR HIGHEST DOMAINS OF NEED.*



# Evaluation Component No. 2

During the third quarter, CHOOSE 180 and KCPAO also co-designed the second evaluation component, a Firearm Violence Prevention Curriculum Assessment and implemented the evaluation tool to assess participants self-reported knowledge of the learning objectives and comprehension of the curriculum modules as an exit assessment.

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### CHOOSE Freedom Sessions Youth Assessment

Date submitted: \_\_\_\_/\_\_\_\_/20\_\_ (Office) Program Location: \_\_\_\_\_ (Office)  
 Apricot ID: \_\_\_\_\_ (Provider) DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
M M D D Y Y Y Y

Your CHOOSE Freedom Provider (name): \_\_\_\_\_

**CURRICULUM SESSIONS:** Select all the curriculum topics you completed with the instructor in groups and any 1:1 sessions. If you cannot remember or are unsure about a topic in the list, please select "Don't Know".

Yes	No	Don't know	Have you completed any curriculum topics about...
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	COMPASS South
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	COMPASS North
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	COMPASS East
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	COMPASS West
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Finding health supports and identifying status of mind and body
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Pivot Points and Future Steps
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Past Trauma's Role <i>(understand the situation or 'waiting room' to violence)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	School to Prison Pipeline <i>(what is it, role of racism)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Understanding Mass Incarceration
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Systems, Authority and Disrespect <i>(how to handle authority and navigate disrespect)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Social Media and Music <i>(influence on self, role in personal choices or risk of violence)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Taking Personal Accountability <i>(identify decision making, emotions, and lifestyle choice)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Measuring Risk and Reward
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Defining Value of Freedom <i>(wanting to change vs. not get caught)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	What is CHOOSE Freedom and Setting Goals
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Self Defense vs. Retaliation <i>(is violence the answer, breaking the cycle of violence)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Define Institutionalization and Mental Impacts
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Making Personal Investments <i>(recognize strengths, weaknesses, opportunities, &amp; risks)</i>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Group Thought and Culture- Thug or Gang Life
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Exiting Group/Gang Affiliation and How To Exit or Social Distance Safely
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Making Full Recovery and Living After Violence/Gunshot
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Post Traumatic Growth and Before vs. After <i>(forgiveness, recovery process, and outlook)</i>

# Evaluation Component No. 2

During the third quarter, CHOOSE 180 and KCPAO also co-designed the second evaluation component, a Firearm Violence Prevention Curriculum Assessment and implemented the evaluation tool to assess participants self-reported knowledge of the learning objectives and comprehension of the curriculum modules as an exit assessment.

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### Youth Participant CHOOSE Freedom Rating

Based on the curriculum topics you selected, this asks you statements on what you learned in the group meetings or 1:1 sessions with the CHOOSE Freedom program. Please choose the answer that reflects your experience or current opinion the best.

1= Strongly Disagree 2= Disagree 3= Agree 4= Strongly Agree

Please select the best answer for yourself on the following statements.

CHOOSE Freedom Youth Rating:	1	2	3	4
1. Since starting CHOOSE Freedom, I am more in control of my life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Since starting CHOOSE Freedom, I think about how being harmed will affect my future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Since starting CHOOSE Freedom, I know what my purpose is in life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Since starting CHOOSE Freedom, I can stop myself from doing something I should not do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Since starting CHOOSE Freedom, I am better able to take care of my mental or emotional health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Since starting CHOOSE Freedom, I think a lot about how my decisions may affect other people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Since starting CHOOSE Freedom, I am able to resolve conflict without anyone getting hurt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Since starting CHOOSE Freedom, I can communicate my feelings in a healthy manner.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Since starting CHOOSE Freedom, I consider the impact my actions will have on others when I make a choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Since starting CHOOSE Freedom, I am more able to change things about me with effort.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Since starting CHOOSE Freedom, I think others from my community who are like me maybe at risk from violence and future harm.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Since starting CHOOSE Freedom, my sense of belonging in my community or cultural group is different.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Since starting CHOOSE Freedom, I think more often on race and racial issues within my community circle during a typical week.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Since starting CHOOSE Freedom, I think people from my community who are like me are treated fairly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Since starting CHOOSE Freedom, I think people from my community who are like me have opportunities available to them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Since starting CHOOSE Freedom, I think of my past choices when creating new goals or decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



# Evaluation Component No. 2

During the third quarter, CHOOSE 180 and KCPAO also co-designed the second evaluation component, a Firearm Violence Prevention Curriculum Assessment and implemented the evaluation tool to assess participants self-reported knowledge of the learning objectives and comprehension of the curriculum modules as an exit assessment.

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17. Since starting CHOOSE Freedom, I am able to take more responsibility for my choices.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Since starting CHOOSE Freedom, I am able to build positive relationships with people outside of connections that might be unhealthy or criminal.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Since starting CHOOSE Freedom, I am able to take more actions to reach my goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Since starting CHOOSE Freedom, I can handle my difficulties without legal consequences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. Since starting CHOOSE Freedom, I am able to ensure safety of myself or others without hurting anyone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Since starting CHOOSE Freedom, I can stay away from choices that may create legal trouble.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. Since starting CHOOSE Freedom, I see when I cannot count on others to keep me out of trouble.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. Since starting CHOOSE Freedom, I am able to establish positive pathways for my life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. Since starting CHOOSE Freedom, I am able to appreciate the value of my own life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. Since starting CHOOSE Freedom, I expect good things to happen to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. Since starting CHOOSE Freedom, I am able to participate in activities that give me positive energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28. Since starting CHOOSE Freedom, I am able to see I have more strengths than I may have thought I had before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. Since starting CHOOSE Freedom, I am able to speak up for myself more to get my needs met.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. Since starting CHOOSE Freedom, I am able to take action to make sure that other people around me are treated fairly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. Since starting CHOOSE Freedom, I think I have unique gifts to contribute to my community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Since starting CHOOSE Freedom, I am able to decide my priorities about what is important in my life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33. Since starting CHOOSE Freedom, I know I can be successful in new skills I learn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. Since starting CHOOSE Freedom, I have more ways to safely distance myself from the risk of future violence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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### Additional Open-Ended Questions

1. If any statements above you answered were difficult to understand, could you please list the number(s) and what may not have made sense so we can improve it:
  - a. Yes
  - b. No
  - c. I don't know
  - d. Prefer not to answer
  
2. Did you receive a written letter or voluntary invitation from King County Prosecuting Attorney's Office about CHOOSE Freedom before a navigator reached out to you? Please circle the best choice.
  - a. Yes
  - b. No
  - c. I don't know
  - d. Prefer not to answer
  
3. If you received a written letter or invitation about CHOOSE Freedom, did you find benefit from receiving the letter? (Please circle the best choice)
  - a. I did not receive a letter
  - b. Yes
  - c. No
  - d. I don't know
  - e. Prefer not to answer
  
4. Would you connect a friend or refer someone in the future to the CHOOSE Freedom program? (Please circle the best choice)
  - a. Yes
  - b. No
  - c. I don't know
  - d. Prefer not to answer

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5. What was your FAVORITE part of the CHOOSE Freedom program?

6. What was your LEAST FAVORITE part of the CHOOSE Freedom program?

7. If there is anything about the CHOOSE Freedom program that can be IMPROVED, please let us know how we can improve a process or part of the program.

8. Is there anything else you wish to share with us?





## CLOSING REMARKS

### **THROUGH CHOOSE FREEDOM, WE CAN PREVENT FIREARM VIOLENCE THROUGH PROACTIVE ENGAGEMENT, COMMUNITY-BASED PREVENTION, & LIVED EXPERIENCE OUTREACH**

Given further investments and the opportunity to build upon this co-designed and community based violence prevention pilot, we can outreach many more young people and flatten the impact of firearm violence in communities that are currently facing the impacts of both firearm violence and COVID-19.

We are requesting expanded investments to renew and continue this emerging partnership between CHOOSE 180 and the KCPAO Crime Strategies Unit to continue serving young people and preventing firearm violence.

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