



Report to the Washington State Legislature  
**JUVENILE COURT BLOCK GRANT**

RCW 13.40.540

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Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**

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**In Collaboration With**  
 Washington Association of Juvenile Court Administrators  
 Administrative Office of the Courts  
 Washington State Center for Court Research

## Executive Summary

The state and juvenile courts have a long-standing partnership founded on the commitment to reduce the number of youth in the juvenile justice system and the overall reliance on state institution programs. The partnership includes funding for local juvenile court programs that are effective at reducing juvenile criminal behavior. This collaborative effort has moved through various iterations to include probation subsidies, grants for effective programs, disposition alternative programs for committable youth and a statewide application of evidence-based programs. In 2009, the Legislature required that all state dollars passed to local juvenile courts by the Department of Children, Youth, and Families' (DCYF) Juvenile Rehabilitation (JR) be administered as a block grant. Priority of this particular block grant is to be given to Evidence-Based Programs (EBPs) and disposition alternatives diverting youth from confinement in JR.

The block grant is a way of funding juvenile courts for local flexibility to meet the needs of low, moderate, and high-risk youth, while also improving public safety and maximizing savings to the state and local communities. The Block Grant Funding Formula provides financial incentive to courts who deliver programs that have demonstrated effectiveness and divert committable youth from state institution beds.

The following are highlights of the block grant implementation:

- Continued implementation of a funding formula that provides fiscal incentive for juvenile courts that deliver EBPs and disposition alternatives.
- Increased partnership through the ongoing efforts of a joint oversight committee that is focused on using data to assess the implementation of the funding formula.
- The addition of promising programs that have been approved through the established approval protocols.

These highlights indicate the state's investment in and partnership with the juvenile courts and their programs. The shift to block grant funding continues to reinforce positive outcomes, which suggest that probation and the use of disposition alternatives and EBPs continue to reduce juvenile offender risk to our communities. This contributes to a healthier and safer Washington State.

## Introduction

In accordance with RCW13.06.020, the state appropriates approximately \$38 million to local county juvenile courts each two-year budget cycle. In order to reduce reliance on state-operated institutions, this funding provides community-based responses for youth who commit crimes. The funding also assists with the application of disposition (sentencing) programs. DCYF's JR program administers these dollars across the 33 county juvenile court jurisdictions.

This block grant report includes the following:

- Descriptions of the programs funded within the block grant.
- Evidence-based and promising program outputs.
- Disposition alternatives outputs.
- Quality assurance results.
- Program cost information .

## Background

In Washington, a person under 18 years of age who commits a criminal offense is subject to the state's juvenile justice laws. These laws have changed significantly over the years and, since 1977, Washington has had a juvenile sentencing system that is unique among the 50 states. Unlike all other states, Washington has a form of "semi-determinate" sentencing for juvenile offenders. The standard range sentence a juvenile offender may receive is determined by a juvenile court judge after required review of various factors (RCW 13.40.150) before considering five sentencing options (RCW 13.40.0357) reflected in a statewide "grid" that includes age at offense, the severity of the current offense, and prior criminal history. While the Washington State Sentencing Guidelines Commission has the authority to consider and recommend changes to the juvenile sentencing system, the Legislature formally adopts the grid that Washington judges use as guidance to provide disposition to juvenile offenses. In all other states, local courts have discretion in how to sentence juveniles. Washington is unique in that the Legislature limits local sentencing discretion.

The operation of the juvenile justice system involves both state and local governments. Under Washington's juvenile sentencing grid, the most serious juvenile offenders are subject to incarceration in state institutions managed by JR. After serving a JR sentence, the most serious offenders are placed on parole (post-commitment community aftercare supervision).

Washington's sentencing grid places less serious juvenile offenders under the jurisdiction of the county juvenile courts. These juveniles may receive less than 30 days in detention and a sentence of probation (community supervision). In addition to detention and probation, many minor first time offenders are placed in juvenile court diversion programs, often with the assistance of a community accountability board (13.40.070).

County juvenile courts perform other functions in addition to those relating to juvenile offenders. In particular, the courts implement state laws on child dependency, as well as at-risk, runaway, and truant youth.

## State and Local Partnership

Washington State has recognized and accepted that the responsibility for offender youth resides in executive and judicial branches of government as reflected in the Consolidated Juvenile Services statute (13.06.030) with the Washington State Juvenile Courts. Payments of state funds to counties were provided for special juvenile court probation supervision programs in order to meet legislative intentions, including reducing the necessity for commitment of juveniles to state juvenile correctional institutions and improving supervision of juveniles placed on probation by the juvenile courts. This has been referred to as a Probation Subsidy (Washington Laws, Chapter 165, Laws of 1969).

The Legislature has continued to build on the state and local partnership throughout the years by adding additional programs and funding. The focus of the programs continues to be reducing commitments to the state by providing resources to local counties for the provision of programs and services that reduce the further reliance on the state's juvenile justice system.

## Quality Assurance and Structure Oversight

The Washington Association of Juvenile Court Administrators (WAJCA) and JR have developed a unique statewide quality assurance structure unlike any other in the country. This partnership has led to a strong commitment to evidence and research-based model fidelity. Both WAJCA and JR allocate funds to a comprehensive quality assurance system that addresses the unique needs of each of the programs.

The success of evidence-based programs is dependent upon a solid infrastructure. Funded by the state, WAJCA developed a statewide Case Management and Assessment Process (CMAP) Coordinator position. In addition to the collaborative quality assurance structure, the juvenile courts and JR work together at both the local and statewide level to ensure programs are being implemented as designed. The JR central office provides fiscal and contract management oversight to these programs across the state. JR regional offices are located across the state and work with individual courts regarding billing and program reporting information. JR also provides program development, oversight and support to all the juvenile courts on an as-needed basis from a centralized headquarters location.

In 2009, the state gradually reduced funding for these programs commensurate with decreasing state revenue. These reductions have impacted the number of state funded juvenile court programs that are being delivered. Additionally, the counties have also had to contend with reductions in local funding. In spite of these fiscal tensions, the juvenile courts have continued to prioritize the delivery of evidence-based programs and disposition alternatives.

## Programs and Services

### Case Management Assessment Process (CMAP)

CMAP emerged in response to the Community Juvenile Accountability Act (CJAA), enacted by the Washington State Legislature in 1997. The legislative intent was to fund empirically validated programs to reduce recidivism. The WAJCA, comprised of 33 juvenile court jurisdictions, led this effort. In conjunction with the Washington State Institute for Public Policy (WSIPP), an innovative risk and needs assessment tool was developed: the Washington State Juvenile Court Assessment (WSJCA). Minor revisions have been made over the years. The current risk/needs assessment used today is the Positive Achievement Change Tool (PACT), which is based on the WSJCA.

In addition to meeting the legislative funding requirement, WAJCA envisioned an offender case management process that would best use the information gathered from the assessment. In 1998, WAJCA created the Quality Assurance Committee (QAC) to establish quality assurance standards. The QAC was also responsible for developing an effective process for adhering to the Risk/Need/Responsivity Principle (RNR). In 2000, QAC proposed to WAJCA the “Case Management Assessment Process” (CMAP) as the model for community supervision. CMAP intends to accomplish the following:

- Determine a youth’s level of risk to re-offend as a means to target resources at those presenting as higher risk (Risk).
- Identify dynamic risk factors that are directly linked to the youth’s criminal behavior (Criminogenic Need).
- Identify dynamic protective factors that can help strengthen pro-social behavior.
- Match youth to the appropriate intervention designed specifically to address the youth’s Criminogenic Need (Responsivity).
- Develop outcome measures to determine if targeted factors change as a result of the intervention.

CMAP is a four-step model followed by all Juvenile Courts in Washington State:

1. Mapping: “Discovery” – administer risk assessment and build rapport to elicit valid and reliable information, process case, and map results.
2. Finding the Hook: “Motivation” – identify incentives and disincentives for change by a Motivational Interviewing (MI) approach. Agree on targets, goals and actions steps while assessing for readiness, importance, and confidence.
3. Moving Forward: “Intervention” – provide youth with opportunities to build pro-social skills and to increase self-efficacy through evidence-based programming.
4. Reviewing and Supporting: “Monitor Progress” – increase incentives, remove obstacles, provide reinforcement, teach maintenance strategies, and reassess for change.

Every Juvenile Probation Counselor (JPC) must attend an initial 40-hour CMAP training and be certified every three years. Ongoing training and technical assistance is provided to each county. A number of quality assurance methods are in place to ensure model fidelity and proper implementation of CMAP:

- State Quality Assurance Committee (QAC).
- State CMAP quality assurance policies.
- State CMAP Coordinator.
- Certified state trainers.
- Certified Quality Assurance Specialists (QAS) – each county has to have their own QAS.
- Local quality assurance plan – each county is required to have a written plan for the implementation of CMAP at the local level.
- Environmental assessment – to assess the quality of CMAP implementation through regular site visits where interviews and survey data are collected from juvenile court management, staff, and youth.

## Disposition Alternatives

Youth who would otherwise be committed to JR may be eligible for a disposition alternative that allows them to remain in the community and receive local services and supervision through the juvenile court. Each of the following alternatives has specific eligibility criteria and is generally designed to serve youth with specific, identifiable treatment needs who have also been identified as amenable to treatment in a community setting.

Effective July 1, 2016, the Legislature combined the Chemical Dependency and Mental Health Disposition Alternatives into one – Chemical Dependency Mental Health Disposition Alternative (CDMHDA). This disposition alternative provides treatment tracks for chemical dependency, mental health, and co-occurring. For the purposes of this report, all treatment track expenditures are totaled as one amount.

### **Chemical Dependency Mental Health Disposition Alternative (CDMHDA) – RCW 13.40.165**

In 1997, the state Legislature passed the Chemical Dependency Disposition Alternative (CDDA) with the intention to provide a local supervision and treatment option for youth that would otherwise be institutionalized with the state (CDDA Committable). In an effort to reach more youth with substance use issues, the statute was later amended to include a provision for locally sanctioned youth to receive this disposition. The local sanction option serves the vast majority of youth in this disposition. In July 2016, the state legislature repealed the Mental Health Disposition Alternative (RCW 13.40.167) and included a mental health and co-occurring provision into CDDA.

### **Special Sex Offender Disposition Alternative (SSODA) – RCW 13.40.160**

In 1990, the Special Sex Offender Disposition Alternative (SSODA) was passed. This disposition provides funding to local juvenile courts to maintain eligible youth that have sexually offended, utilizing local probation and treatment services.

### **Suspended Disposition Alternative (SDA) – RCW 13.40.0357**

In 2005, the Legislature passed the Suspended Disposition Alternative (SDA). This disposition intends to keep youth who would otherwise be institutionalized by the state, under the supervision of the local juvenile courts. This program includes a provision and funding for evidence-based practice and supervision. This option is for committable youth who do not meet eligibility requirements for the other disposition alternatives.

## Disposition Alternative Starts

*Table 1: Starts in state fiscal year (SFY) 2020*

Disposition Alternative	Count (N)
<b>Chemical Dependency Mental Health Disposition Alternative (CDMHDA)</b>	
Chemical Dependency	116
Mental Health	36
Co-Occurring	23
<b>Special Sex Offender Disposition Alternative (SSODA)</b>	83
<b>Suspended Disposition Alternative (SDA)</b>	63
Totals	<b>321</b>

Table 1 represents the number of juvenile court youth who started each program during SFY 2020, July 1, 2019 - June 30, 2020.

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*Table 2: Program starts in SFY 2020 by gender*

Gender	Number and percent of starts by gender	Disposition Alternative					Totals
		CDMHDA Chemical Dependency	CDMHDA Mental Health	CDMHDA Co-Occurring	SSODA	SDA	
Female	Number	38	12	11	3	6	70
	Percent	32.8	33.3	47.8	3.6	9.5	21.8
Male	Number	78	24	12	80	57	251
	Percent	67.2	66.7	52.2	96.4	90.5	78.2
Total	Number	116	36	23	83	63	321

*Table 3: Program starts in SFY 2020 by race*

Race	Number and percent of starts by race	Disposition Alternative					Totals
		CDMHDA Chemical Dependency	CDMHDA Mental Health	CDMHDA Co-Occurring	SSODA	SDA	
African American	Number	13	2	3	9	25	52
	Percent	11.2	5.6	13.0	10.8	39.8	16.3
Asian	Number	5	0	1	1	4	11
	Percent	4.3	0.0	4.3	1.2	6.3	3.5
White	Number	73	29	13	54	17	186
	Percent	62.9	80.5	56.6	65.1	27.0	57.9
Hispanic	Number	18	2	2	13	12	47
	Percent	15.6	5.6	8.7	15.7	19.0	14.6
Two or More	Number	1	2	2	3	4	12
	Percent	0.9	5.6	8.7	3.6	6.3	3.7
Native American	Number	4	1	2	2	0	9
	Percent	3.4	2.7	8.7	2.4	0.0	2.8
Other Race	Number	0	0	0	1	1	2
	Percent	0.0	0.0	0.0	1.2	1.6	0.6
Unreported	Number	2	0	0	0	0	2
	Percent	1.7	0.0	0.0	0.0	0.0	0.6
Total	Number	116	36	23	83	63	321

Table 4 and Figure 1 (below) provide information on disposition alternative starters from SFY 2015-2019. Since 2015, the overall number of disposition starters have declined with CDDA seeing the sharpest decline. However, the other dispositions have been relatively stable since 2015 with the exception of SDA, which had a large increase in 2019.

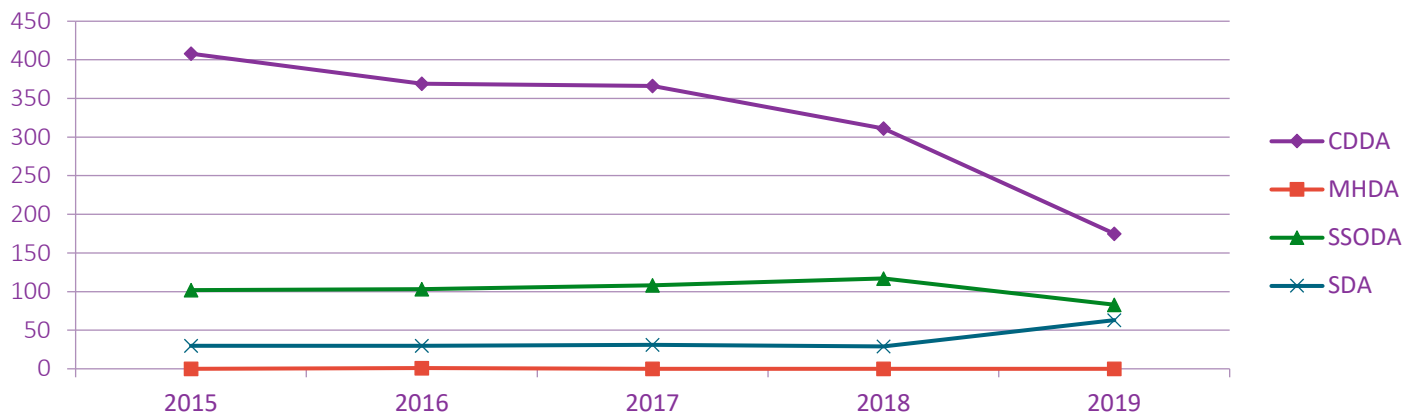


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*Table 4: Historical starts in SFY 2015-2019*

DA	2015	2016	2017	2018	2019	Total
CDDA	408	369	366	311	248	1,702
MHDA	0	1	0	0	0	1
SSODA	102	103	108	117	119	549
SDA	30	30	31	29	60	180
Total	540	503	505	457	427	2,432

*Figure 1: Starts for state fiscal year 2015-2019*



### Disposition Alternatives Expenditures

*Table 5: Disposition alternative expenditures for SFY 2020<sup>1</sup>*

Programs	CDMHDA	SSODA	SDA	Total
Costs	\$1,325,613	\$2,307,710	\$51,741	\$3,685,064

Table 5 represents program expenditure information as reported by the juvenile courts to JR for SFY 2020, July 1, 2019 – June 30, 2020. Nearly two thirds of disposition alternative dollars (63%) were spent on SSODA in SFY 2020.

Table 6 and Figure 2 provide information on disposition alternative expenditures from SFY 2015-2019. Overall expenditures have been relatively stable, ranging from \$3.6 million in 2015 down to \$3.5 million in 2019.

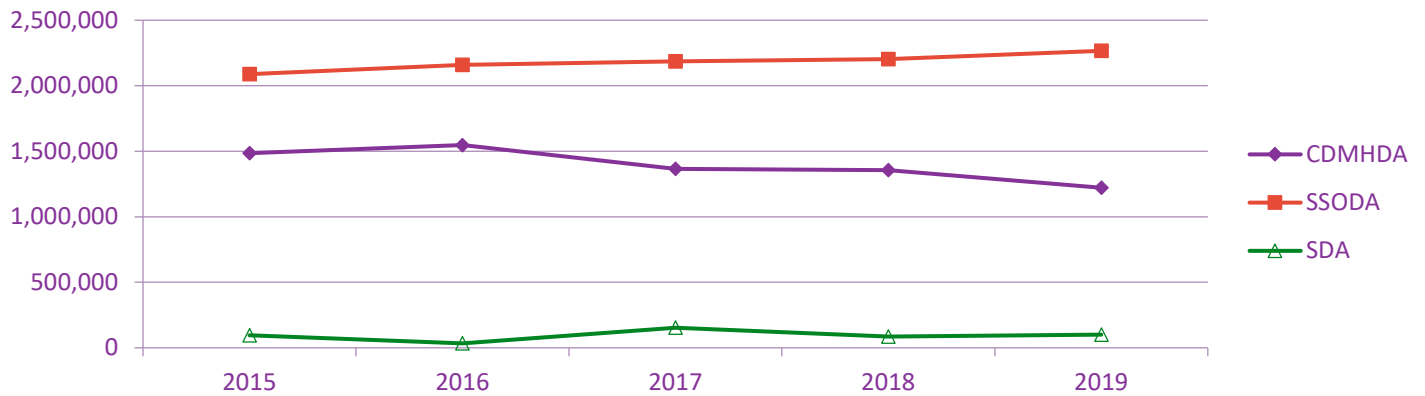
<sup>1</sup> Expenditure information includes data as of September 1, 2020.

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Table 6: Expenditures for SFY 2015-2019

DA	2015	2016	2017	2018	2019
CDMHDA	\$1,484,792	\$1,547,483	\$1,366,741	\$1,355,238	\$1,221,567
SSODA	\$2,088,446	\$2,158,042	\$2,185,428	\$2,204,415	\$2,266,469
SDA	\$95,760	\$33,876	\$153,211	\$86,294	\$100,800
Total	\$3,668,998	\$3,739,401	\$3,705,380	\$3,645,947	\$3,588,836

Figure 2: Expenditures for SFY 2015-2019



## Evidence-Based Programs

The Community Juvenile Accountability Act (CJAA) was included in Washington Laws Chapter 338, Laws of 1997, as an incentive to local communities to implement cost-effective interventions to reduce recidivism among juvenile offenders. The CJAA’s primary purpose is to “provide a continuum of community-based programs that emphasize a juvenile offender’s accountability for his or her actions while assisting him or her in the development of skills necessary to function effectively and positively in the community in a manner consistent with public safety (RCW 13.40.500).”

Drawing on program evaluations and meta-analyses, WSIPP, in collaboration with WAJCA and JR, identified a range of effective approaches that could cost-effectively reduce juvenile offender recidivism. Four programs were identified in 1998 for implementation in Washington State. Since then, a fifth (FIT, 2008) and sixth (EET, 2015) program have been added to the list of options:

- Washington State Aggression Replacement Training (WSART).
- Coordination of Services (COS).
- Education and Employment Training (EET).
- Functional Family Therapy (FFT).
- Family Integrated Transitions (FIT).
- Multi-Systemic Therapy (MST).

At the direction of the Legislature, WSIPP completed a comprehensive evaluation of the original four (WSART, COS, FFT, and MST) CJAA programs. Analysis of program and control groups occurred at six, 12, and 18 months (preliminary information was released on WSART in June 2002 and on FFT in August 2002). In January 2004, WSIPP released its final report, Outcome Evaluation of Washington State’s Research-Based Programs for Juvenile Offenders. Their data reflected the CJAA program’s positive impact on felony recidivism. The report provided data on cost effectiveness as well as competent versus non-competent delivery of each CJAA program. The report also recommended an improved form of quality control to ensure cost-beneficial reductions in recidivism. In response to this recommendation, the CJAA Advisory Committee developed an enhanced quality assurance process, explained in more detail in the WSART and FFT sections of this report. To read the full report, visit [www.wsipp.wa.gov](http://www.wsipp.wa.gov).

The WSIPP published Quality Control Standard: Washington State Research-Based Juvenile Offender Programs, which details recommendations for quality assurance plans for research-based interventions. The enhanced quality assurance plans for the CJAA programs comply with the standards in WSIPP’s report. Additional data has been added to the quality assurance sections of this report to meet the 2003 recommendations.

In 2005, the Legislature directed WSIPP to report whether evidence-based and cost-beneficial policy options exist in lieu of building two new prisons by 2020, and possibly another prison by 2030. In October 2006, WSIPP published Evidence-Based Public Policy Options to Reduce Future Prison Construction, Criminal Justice Costs, and Crime Rates. The report stated that if Washington can successfully implement a moderate to aggressive portfolio of evidence-based options, then a significant level of prison construction can be avoided, saving state and local tax payers about \$2 billion, and slightly lowering net crime rates. CJAA evidence-based program implementation plays a key role in helping to meet these desired outcomes. This report was a key driver for Legislature approving significant fund increases for EBPs delivered by the county juvenile courts. This new funding was implemented through a grant program during SFY 2008 and is known as Evidence-Based Expansion.

In 2009, the Legislature directed WSIPP to “conduct an analysis of the costs per participant of evidence-based programs by the juvenile courts.” The WSIPP worked with the CJAA Advisory Committee, WAJCA, JR, and the Administrative Office of the Courts (AOC) to determine the requirements for delivering these programs. The WSIPP published its report in December 2009, which produced new average costs per participant that are more representative of delivering evidence-based programs in juvenile court settings today. To read the full report, visit [www.wsipp.wa.gov](http://www.wsipp.wa.gov).

In 2019, WSIPP conducted an outcome evaluation on the Juvenile Court’s Washington State Aggression Replacement Training (WSART) Program. The evaluation concluded that WSART participants were more likely to recidivate than similar youth who did not participate in WSART. As a result, WSART lost its research-based classification and the ability for the juvenile courts to use state funding to provide this program.

## Promising Programs

The WSIPP identified “promising practices” as programs that show promising results, but require further evaluation to determine whether they can be considered evidence-based. Guidelines to determine promising programs have been developed by the CJAA Advisory Committee. An important element of these guidelines is program evaluation. When a promising program is evaluated and produces evidence of reduced recidivism, and has a cost benefit to taxpayers, the program can be reclassified as an evidence-based or research-based

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program. Thus, the program becomes eligible for consideration as a CJAA program. Programs can only be considered “promising” by the CJAA Advisory Committee.

As of the end of SFY 2020, there are three promising programs approved by the CJAA Advisory Committee. The Girls Only Active Learning (GOAL) program is a group-based cognitive behavioral intervention for females. This program is intended for the most vulnerable girls in our juvenile court system and combines demonstrated effective approaches for recidivism reduction with the research on girl-specific development and needs. The Step-Up program is a behavioral-change intervention program designed to address youth violence and abuse toward family members. The third promising program, approved in June 2020, is the Individual – Alternative Choice Training (i-ACT) program and is designed to be used individually with youth and address criminogenic needs using current researched-based practices and Cognitive Behavioral Treatment (CBT).

*Table 7: Program availability*

Type of Program	Number of Courts
<b>Evidence-based programs</b>	
Washington State Aggression Replacement Training (WSART)	18
Coordination of Services (COS)	13
Employment Education Training (EET)	11
Functional Family Therapy (FFT)	24
Family Integrated Transitions (FIT)	1
Multi-Systemic Therapy (MST)	3
<b>Promising programs</b>	
Girls Only Active Learning (GOAL)	1
Step-Up	

Table 7 represents the number of juvenile courts across the state that delivered specific evidence-based and promising programs in SFY 2020, July 1, 2019 - June 30, 2020.

### Quality Assurance to Maintain Rigorous Program Standards

CJAA was the first ongoing effort in the nation to replicate effective interventions on a statewide basis. To ensure program integrity, meet evaluation standards, and continuously identify and resolve program issues, all programs now have mandatory quality assurance measures as recommended by WSIPP’s 2003 report – **Recommended Quality Control Standards**. The following information outlines the program standards for the six evidenced-based programs.

#### Washington State Aggression Replacement Training Program

The Washington State Aggression Replacement Training (WSART) program is a cognitive-behavioral intervention delivered three times per week over 10 weeks to groups of six to 12 juveniles. To effectively implement WSART in Washington State, motivators were developed to encourage at-risk youth to attend all sessions. While there was research on the effectiveness of WSART, there was no blueprint for statewide implementation. In Washington State, WSART has now been implemented statewide and researched.

WSIPP completed research on WSART in January 2004. This research examined WSART as provided in Washington to determine if it was cost effective and reduced repeat criminal behavior. The report indicated that when WSART was delivered with competence and fidelity, recidivism was reduced by 24%. The full report can be found at [www.wsipp.wa.gov](http://www.wsipp.wa.gov).

WSIPP again studied WSART using a January 1, 2006 to June 30, 2016 cohort of juvenile court youth. The study results were released in June 2019 and determined that overall, WSART made youth recidivism worse. Although youth who completed the program had reductions in recidivism and significantly less recidivism than those who did not complete, the overall effect was increased recidivism. Given this disappointing finding, the CJAA Advisory Committee has moved forward to phase out WSART by June 30, 2021.

Under the current plan, a full-time statewide Quality Assurance Specialist oversees the program with the assistance of four contracted court WSART experts who provide direct consultation to trainers. The WSART program attained the following results for the SFY 2020:

- 26 new staff were trained, including seven tribal members or employees.
- 60 “Main Trainers” delivered the intervention to court-involved youth.
- 63% of the eligible practicing trainers received an annual review.
- Trainers achieved a statewide average rating of competent (delivers the intervention well).

Of the 38 court trainers who were rated delivering the intervention one (2.6%) trainer was rated as not competent, two (5.5%) of the trainers were rated as borderline competent, 20 (52.6%) were rated competent, and 15 (39.5%) were rated as highly competent. Twenty-two trainers were not rated because they were in their initial phase of delivering the curriculum or allowed their certification to lapse considering that WSART would be phased out.

For SFY 2021, the juvenile courts still implementing WSART will only use their competent or highly competent trainers during the ramp down period. Quality assurance will still be in place during this transition period.

### Coordination of Services Program

The Washington State Coordination of Services Program (COS) is a 12-hour seminar, attended by a youth and parent or connected adult. The seminar consists of five to eight interactive sessions presented by community organizations or individuals who have a passion for working with families. The session facilitators offer interactive lessons that educate and teach participants about adolescent development, building relationships, decision-making, boundaries, accountability, communication, and conflict resolution, while developing community connections.

The specific objectives of the program are to improve family relations, enhance youth strengths, build healthy relationships, and offer access to valuable services in their community. The COS program uses a small group-based learning model in conjunction with the principles of Popular Education. This program can successfully be implemented in rural, suburban, and urban settings.

The Washington State Institute for Public Policy (WSIPP) completed a second evaluation on COS in September of 2015. The second evaluation was completed in response to program expansion and Quality Assurance implementation in 2010. This evaluation reported that COS reduced recidivism by about 3.5 percentage points

(from 20% to 16.5%) and was found to be a research-based program. On January 2020, WSIPP published **Updated Evidence Classifications for Select State - Funded Juvenile Justice Programs in Washington State: A Resource Guide**, which upgraded the COS program classification from research-based to evidence-based.

During the SFY 2020, 12 counties provided the COS program. Two additional counties are looking to implement COS by fall of 2020. Throughout the year, the state Quality Assurance Specialist (QAS) provided QA oversight and ongoing consultation to existing programs and supported the new courts with implementation efforts.

The following occurred in SFY 2020:

- The QA Specialist updated the Quality Assurance (QA) Plan and developed a Quality Improvement Plan to support, align, and assist with program fidelity. Both plans were implemented statewide in February 2020.
- Of the twelve counties providing COS, five counties contract with a provider and seven counties utilize juvenile court staff to implement the program.
- All counties are adhering to the 12-hour program format, as directed by the Quality Assurance Plan, in varying degrees of delivery.
- In response to the COVID-19 pandemic, in order to create opportunity for continued program delivery for youth involved in the criminal justice system, virtual COS program standards were created and implemented in May 2020. Currently, seven counties are offering virtual COS programming to youth and families.

### Education Employment Training Program

The EET program incorporates best practice approaches to reduce risk factors and increase protective factors associated with the school and employment domains as measured by the Positive Achievement Change Tool (PACT). The EET program also promotes restorative justice by creating opportunities for youth involved in the Juvenile Justice System, to make victim restitution and serve the community through service learning projects. By addressing these factors, the EET program seeks to reduce recidivism for moderate and high-risk youth.

EET is a collaborative education and workforce development program for moderate and high-risk youth involved in the juvenile court system. The program is comprised of a continuum of educational supports, employment development, and community-based developmental activities that are focused to impact specific dynamic risk and protective factors. The program's education component supports school engagement through individual Youth Goal and Support Services (YGSS), assessment, and incentives for educational engagement and achievement. Employment training services include assessment, job readiness/job retention skills training, vocational counseling, linkage to appropriate community-based workforce development programming, job shadowing, career exploration, and meaningful paid work experience. In addition, the program supports use of free time activities and promotes compliance with court ordered obligations by assisting youth to comply with legal financial obligations through earning stipends for skill development, community restoration projects, and paid work training internships.

The program incorporates partnerships with the local business community and leadership organizations to offer relevant experiences and internships engaging youth with employers. Another key element of the

program is to identify, support, and recognize milestones in individual youth development that will impact the identified risk and protective factors. The program has now been implemented statewide. Currently, EET is offered in 13 counties, with two more expecting to implement in SFY 2021.

The Washington State Institute for Public Policy (WSIPP) completed research on EET as delivered by King County in December 2015. This evaluation reported that EET reduced overall recidivism by 12 percentage points from 51% to 39% compared to youth who participated in typical juvenile court programs. WSIPP estimated EET produces \$34 in benefit per \$1 of costs.

The EET Quality Assurance (QA) process was developed and implemented statewide in April 2019. Under the current QA Plan, a full-time statewide Quality Assurance Specialist (QAS) oversees the program and provides direct consultation to the program's Education and Employment Specialists. Additionally, the QAS provides consultation to courts interested in offering this program, to help support implementation efforts.

The following occurred in SFY 2020:

- Seven new counties implemented EET in Washington State.
- A Quality Assurance and Improvement Plan was developed and implemented statewide, to support and align program fidelity.
- A program data tracking system was developed and implemented statewide to ensure consistency in data reporting across the state. This data is submitted quarterly to the state QAS.
- In response to the COVID-19 Pandemic, virtual EET program standards were created and implemented in May 2020, to create opportunity for continued program delivery for youth involved in the criminal justice system. Currently, six counties are providing virtual EET programming to youth.

### Functional Family Therapy Program

FFT is a family-based service, conducted for an average of 12 to 14 weeks. The program emphasizes engaging and motivating families to achieve specific and obtainable change-related goals and behaviors to reduce criminal behavior.

The Washington State Center for Court Research (WSCCR) completed a study on FFT in August 2016. The study showed mixed results regarding recidivism. There was significant reduction in recidivism for those that completed FFT compared to those that started and did not complete the intervention. The study did not find other statistically significant changes. Over the next year, the FFT Project will work with the courts and service providers to continue to enhance efforts to deliver greater quality services based on the recommendations of the study. Additionally, the FFT Project is committed to providing model fidelity services to the youth and families served and the policy makers and the taxpayers who fund the program. Finally, WSIPP's most recent reports concluded that FFT has the second-best benefit-cost ratio (\$8.94:\$1) among programs for juvenile probationers.

Twenty-seven juvenile courts across Washington State provide FFT as a CJAA program. This service is provided in demographically diverse locations; intercities, suburbs, remote/rural areas, and regions centered on medium-sized communities. With the ongoing need of a large-scale multi-site implementation, JR provides

statewide quality assurance, oversight of all trainings, and model fidelity for the FFT program. JR and WAJCA work collaboratively to develop the funding and oversight for these quality assurance functions.

The FFT therapists are either juvenile court service employees or contracted service providers. In eight of the juvenile courts, a single therapist provides the FFT model in the community service area.

Washington State has six trained FFT clinical supervisors who provide the therapists with clinical consultation, support, and accountability. All FFT therapists receive on-going training on the practical application of this rigorous and complex intervention.

FFT therapists are assessed for clinical adherence and fidelity to the FFT model through weekly clinical consultations, therapist evaluations, and training sessions. The clinical assessments provide the therapists with ongoing feedback that will ultimately improve services as outlined in the Washington State Functional Family Therapy Project Quality Assurance and Improvement Plan.

In March 2020, FFT, LLC, and the Washington State FFT Project recognized the importance to provide additional clinical consultation, trainings, and guidelines support to the therapist delivering the FFT intervention via online or remote platforms. In our efforts, the FFT Project was successful in providing the therapists with new tools and resources to ensure the families were receiving the service with model fidelity.

In March 2020, FFT LLC implemented a new Clinical Service System (CSS), an electronic clinical database the therapists use in their FFT practice. The CSS is a vital tool therapists use to learn the FFT model phase goals and techniques. It is essential for documentation of session progress notes, session plans, assessments, and contacts with the referral source. The FFT clinical supervisors use the CSS to monitor the therapist practice, to ensure model fidelity. The FFT Project will use the new CSS to track outcomes and progress and use the data for quality assurance and quality improvement in the implantation and service of the FFT model.

The following results were attained for SFY 2020:

- Therapists receive a performance review, which includes a global therapist rating and clinical feedback every 90-120 days.
- Statewide average fidelity rating was 4.3 (exceeding the goal of 3).
- Statewide average dissemination adherence rating was 4.8 (exceeding the goal of 4).
- 5 therapists received a corrective action plan (Improvement Plan).
- 37 therapists delivered the intervention in the Juvenile Courts.
- 14 new therapists were trained.

### Family Integrated Transitions Program

The Family Integrated Transitions (FIT) program was only delivered in the King County juvenile court during the 2020 fiscal year. FIT integrates the strengths of several existing empirically-supported interventions – Multi-Systemic Therapy, Motivational Enhancement Therapy, Relapse Prevention, and Dialectical Behavior Therapy. The program is designed for juvenile offenders with the co-occurring disorders of mental illness and chemical dependency. Youth receive intensive family and community-based treatment targeted at the multiple determinants of serious antisocial behavior.



FIT teams are organized around a doctoral level practitioner who has on-site clinical oversight of a group of masters-level therapists. Therapists receive weekly clinical consultation from the University of Washington.

### Multi-Systemic Therapy Program

Multi-Systemic Therapy (MST) is a family intervention conducted for an average of four months. MST targets specific youth and environmental factors that contribute to anti-social behavior. MST is typically provided in the home. Therapists, who have very small caseloads (four to six), are available 24 hours a day, seven days a week. State dollars are currently funding sites in King, Yakima, and Benton/Franklin County.

MST Services is conducting close oversight of MST implementation. Initial and ongoing training, site visits, and clinical consultation are provided. Ongoing training, consultation, and oversight from MST services continue through block grant funds to maintain the Washington State program as a certified MST site.

MST teams are organized around a doctoral level practitioner who has on-site clinical oversight of a group of masters-level therapists. Therapists receive weekly clinical consultation through MST services.

### Evidence-Based Program Participation Tracking

Evidence-Based Program (EBP) numbers reported throughout this document come to JR from juvenile court reporting and directly from the Washington State Juvenile Court Risk Assessment as they were entered online by juvenile probation staff. The juvenile court risk assessment data was extracted by the Washington State Center for Court Research and, as part of ongoing quality assurance, reviewed and revised at the court level in preparation for this report. All results are presented at the state level.

### Evidence-Based Program Eligibility

Eligibility for an evidence-based program is determined by two factors:

1. Risk level as determined by the PACT assessment. The PACT is a 126-item, multiple choice assessment instrument, which produces risk level scores measuring a juvenile’s risk of re-offending<sup>2</sup>
2. The program is offered in the county where the youth receives services

A youth may meet the risk-level eligibility criteria for an EBP, but because the EBP is not offered where they are supervised by juvenile probation, they are not counted as eligible (i.e., eligibility indicates both eligibility as determined through the assessment tool and the availability of the EBP in the county where the youth is served). Youth who are low-risk are generally considered eligible for only one EBP – Coordination of Services (COS). Youth who are determined moderate or high-risk may be eligible for one or more of the following programs: WSART, COS, EET, FFT, FIT, and MST.

During fiscal year 2020, there were 6,538 instances of eligibility for EBPs across the state. Of this number, EBPs were only assigned to 3,548 individual youth. The differentiation in number of eligibilities to number of youth

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<sup>2</sup> Find additional information on the PACT assessment tool at [http://www.assessments.com/catalog/PACT\\_Full\\_Assessment.htm](http://www.assessments.com/catalog/PACT_Full_Assessment.htm)

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occurs because some youth are determined eligible for more than one EBP. Additionally, a youth may become eligible for the same program on more than one occasion if they served more than one probation term within the fiscal year. The small numbers for FIT and MST eligibilities are because the programs are offered in a very limited number of counties and these programs are targeted at a narrowly defined group of juvenile offenders with multi-faceted needs.

*Table 8: Total number of eligibilities in FY 2020*

Program	Frequency	Percent of All Eligibilities
WSART	1,901	29.1%
COS	1,521	23.3%
EET	1,106	16.9%
FFT	1,555	23.8%
FIT	145	2.2%
MST	310	4.7%
All Eligibilities	<b>6,538</b>	<b>100.00%</b>

*Table 9: Program eligibility in FY 2020 by gender*

Gender	Number and Percent of Eligibilities by Gender	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Female	Number	517	484	281	462	56	84	1,884
	Percent	27.2	31.8	25.4	29.7	38.6	27.1	28.8
Male	Number	1,384	1,037	825	1,093	89	226	4,654
	Percent	72.8	68.2	74.6	70.3	61.4	72.9	71.2
Total	Number	1,901	1,521	1,106	1,555	145	310	6,538

Table 9 demonstrates the proportion of females and males who are eligible for each evidence-based program.

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Table 10: Program eligibility in fiscal year 2020 by race

Race	Number or percent of eligibilities by program	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Other / Unknown	Number	24	13	15	20	4	8	84
	Percent	1.3	0.9	1.4	1.3	2.8	2.6	1.3
White	Number	1,079	969	614	872	57	139	3,730
	Percent	56.8	63.7	55.5	56.1	39.3	44.8	57.1
Black / African American	Number	325	200	229	253	44	64	1,115
	Percent	17.1	13.1	20.7	16.3	30.3	20.6	17.1
American Indian / Alaskan Native	Number	85	25	40	71	2	8	231
	Percent	4.5	1.6	3.6	4.6	1.4	2.6	3.5
Asian	Number	30	58	18	26	6	5	143
	Percent	1.6	3.8	1.6	1.7	4.1	1.6	2.2
Native Hawaiian Pacific Islander	Number	32	24	29	33	4	7	129
	Percent	1.7	1.6	2.6	2.1	2.8	2.3	2.0
Hispanic / Latino	Number	326	232	161	280	23	79	1,106
	Percent	17.1	15.3	14.6	18.0	19.3	25.5	16.9
Totals	Number	1,901	1,521	1,106	1,555	145	310	6,538

Table 10 displays eligibility by race. During the assessment process, a youth may be identified as “other/unknown” racial category.

Table 11: Program eligibility in fiscal year 2020 by risk level

Risk level	Number or percent of risk level by program	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Low	Number	10	1,452	6	3	0	0	1,471
	Percent	0.5	95.5	0.5	0.2	0.0	0.0	22.5
Moderate	Number	776	68	414	542	38	4	1,842
	Percent	40.8	4.5	37.4	34.9	26.2	1.3	28.2
High	Number	1,115	1	686	1,010	107	306	3,225
	Percent	58.7	0.1	62.0	65.0	73.8	98.7	49.3
Totals	Number	1,901	1,521	1,106	1,555	145	310	6,538

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Table 11 displays eligibility by risk level. In the 2020 fiscal year, a majority of eligibilities were assigned to high-risk youth (49.3% of eligibilities), followed by moderate-risk youth (28.2% of eligibilities), and low-risk youth (22.5% of eligibilities). Please note there is only one low-risk program and five moderate to high-risk programs.

### Evidence-Based Program Starts

Table 12 represents the number of program starts during SFY 2020, July 1, 2019 - June 30, 2020. Although there were 1,543 starts in fiscal year 2020, these were only assigned to 1,371 individual youth.

*Table 12: Program starts in fiscal year 2020*

Evidence-based Program	Count (N)	Percent of All Starts
WSART	405	26.2%
COS	405	26.2%
EET	235	15.2%
FFT	421	27.3%
FIT	10	0.6%
MST	67	4.3%
<b>Totals</b>	<b>1,543</b>	<b>100%</b>

*Table 13: Program starts in fiscal year 2020 by gender*

Gender	Number or Percent of Starts Within Gender	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Unknown	Number	4	2	0	2	0	1	9
	Percent	1.0	0.5	0.0	0.5	0.0	1.5	0.6
Female	Number	96	137	51	136	4	22	446
	Percent	23.7	33.8	21.7	32.3	40.0	32.8	28.9
Male	Number	305	266	184	283	6	44	1,088
	Percent	75.3	65.7	78.3	67.2	60.0	65.7	70.5
Totals	Number	405	405	235	421	10	67	1,543

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Table 14: Program starts in fiscal year 2020 by race

Race	Number or Percent of Starts by Program	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Other / Unknown	Number	8	9	2	9	0	2	30
	Percent	3.0	2.2	0.9	2.2	0.0	3.9	2.0
White	Number	226	288	109	266	2	30	921
	Percent	55.8	71.1	46.4	63.2	20.0	44.8	59.7
Black / African American	Number	69	51	74	58	5	13	270
	Percent	17.0	12.6	31.5	13.8	50.0	19.4	17.5
American Indian / Alaskan Native	Number	23	2	3	19	1	2	50
	Percent	5.7	0.5	1.3	4.5	10.0	3.0	3.2
Asian	Number	4	15	6	6	0	2	33
	Percent	1.0	3.7	2.6	1.4	0.0	3.0	2.1
Native Hawaiian Pacific Islander	Number	10	2	8	4	0	1	25
	Percent	2.5	0.5	3.4	1.0	0.0	1.5	1.6
Hispanic / Latino	Number	65	38	33	59	2	17	214
	Percent	16.0	9.4	14.0	14.0	20.0	25.4	13.9
Totals	Number	405	405	235	421	10	67	1,543

Table 15: Program starts in fiscal year 2020 by risk level

Risk level	Number or Percent of Risk Level by Program	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Unknown	Number	5	3	1	8	1	2	20
	Percent	1.2	0.7	0.4	1.9	10.0	3.0	1.3
Low	Number	1	394	1	1	0	0	397
	Percent	0.2	97.3	0.4	0.2	0.0	0.0	25.7
Moderate	Number	189	8	89	191	1	1	479
	Percent	46.7	2.0	37.9	45.4	10.0	1.5	31.0
High	Number	210	0	144	221	8	64	647
	Percent	51.9	0.0	61.3	52.5	80.0	95.5	41.9
Totals	Number	405	405	235	421	10	67	1,543

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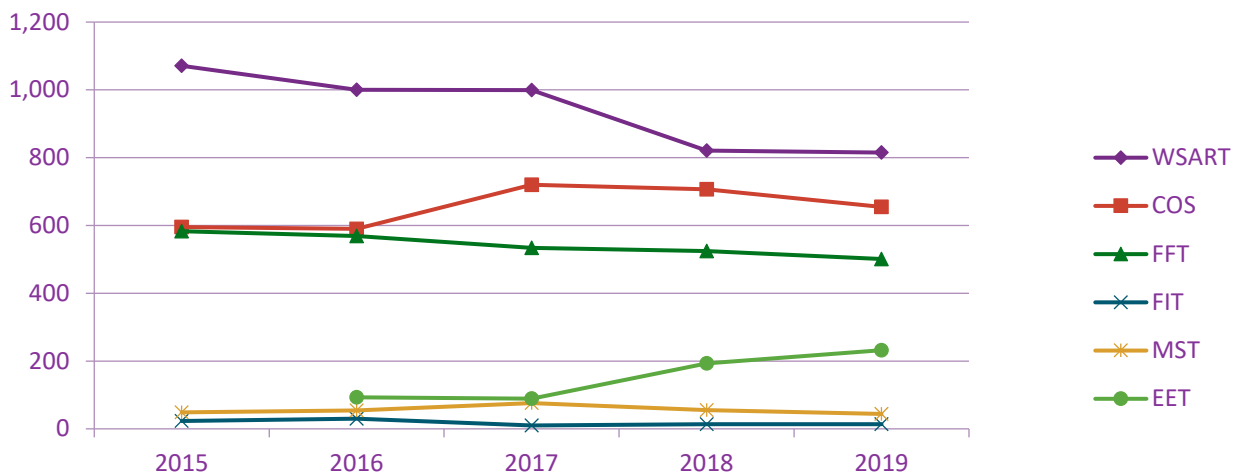
Table 15 shows evidence-based program starts based upon assessed risk level. COS is a program that is designed for low-risk offenders, and therefore it is not surprising that 97.3% of COS starts have an associated low-risk level. A majority of moderate and high-risk youth start WSART, EET, and/or FFT. The smaller number of starts for FIT and MST reflect the limited availability of these programs in Washington (see Washington State County Juvenile Courts, Evidence-Based Program Starts – 2020 Map, p. 27).

Table 16 and Figure 3 provide a historical perspective on the number of evidence-based program starts across SFY 2015-2019. Education Employment Training was designated as an evidence-based program beginning in 2016.

*Table 16: Historical starts for state fiscal years 2015-2019*

EBP	2015	2016	2017	2018	2019	Total
WSART	1,071	1,000	999	821	815	4,706
COS	595	590	720	707	655	3,267
EET	-	93	89	193	232	607
FFT	583	569	534	524	501	2,711
FIT	23	30	10	14	14	91
MST	49	54	76	55	44	278
Total	2,321	2,336	2,428	2,314	2,261	11,660

*Figure 3: Historical starts for state fiscal years 2015-2019*



### Evidence-Based Program Successful Completes

Table 17 displays successful completes by program. In fiscal year 2020, the data identified 1,151 successful program completes across the state and 1,065 youth who successfully completed EBPs.

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Table 17: Successful completes in fiscal year 2020

Program	Frequency	Percent of All Successful Completes	Percent of All Completes That Are Successful
WSART	281	24.4%	69.4%
COS	382	33.2%	94.3%
EET	107	9.3%	45.5%
FFT	322	28.0%	76.5%
FIT	11	1.0%	110%
MST	48	4.2%	71.6%
All Successful Completes	<b>1,151</b>	<b>100.0%</b>	<b>74.6%</b>

Table 18: Successful completes in fiscal year 2020 by gender

Gender	Number or Percent of Completers Within Gender	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Unknown	Number	2	2	0	1	0	1	6
	Percent	0.7	0.5	0.0	0.3	0.0	0.3	0.5
Female	Number	57	127	20	96	3	16	319
	Percent	20.3	33.2	33.2	18.7	29.8	33.3	27.7
Male	Number	222	253	87	225	8	31	826
	Percent	79.0	66.2	81.3	69.9	72.7	64.6	71.8
Totals	Number	281	382	107	322	11	48	1,151

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Table 19: Successful completes in FY 2020 by race

Race	Number or Percent of Completes by Program	Evidence-based Program						Totals
		WSAR T	COS	EET	FFT	FIT	MST	
Other / Unknown	Number	4	9	2	5	0	2	22
	Percent	1.4	2.3	1.9	1.5	0.0	4.2	1.9
White	Number	159	268	42	211	4	17	701
	Percent	56.6	70.2	39.3	65.5	36.5	35.4	60.9
Black / African American	Number	43	48	31	37	5	11	175
	Percent	15.3	12.6	29.0	11.5	45.5	22.9	15.2
American Indian / Alaskan Native	Number	13	2	4	13	1	0	33
	Percent	4.6	0.5	3.7	4.0	9.1	0.0	2.9
Asian	Number	3	14	3	4	0	1	25
	Percent	1.1	3.7	2.8	1.2	0.0	2.1	2.2
Native Hawaiian Pacific Islander	Number	6	2	6	3	0	2	19
	Percent	2.1	0.5	5.6	0.9	0.0	4.2	1.7
Hispanic / Latino	Number	53	39	19	49	1	15	176
	Percent	18.5	8.5	10.0	14.1	38.5	32.5	13.5
Totals	Number	281	382	107	322	11	48	1,151

Table 20: Successful completes in FY 2020 by risk level

Risk level	Number or Percent of Risk Level by Program	Evidence-based Program						Totals
		WSART	COS	EET	FFT	FIT	MST	
Unknown	Number	2	3	2	3	1	2	13
	Percent	0.7	0.8	1.9	0.9	9.1	4.2	1.1
Low	Number	1	373	0	0	0	0	374
	Percent	0.4	97.6	0.0	0.0	0.0	0.0	32.5
Moderate	Number	140	6	37	153	2	1	339
	Percent	49.8	1.6	34.6	47.5	18.2	2.1	29.5
High	Number	138	0	68	166	8	45	425
	Percent	49.1	0.0	63.6	51.6	72.7	93.8	36.9
Totals	Number	281	382	107	322	11	48	1,151

Table 21 and Figure 4 outline the historical successful proportions of completion by evidence-based program. A very high proportion of low risk program participants (COS) successfully complete, with a five-year average



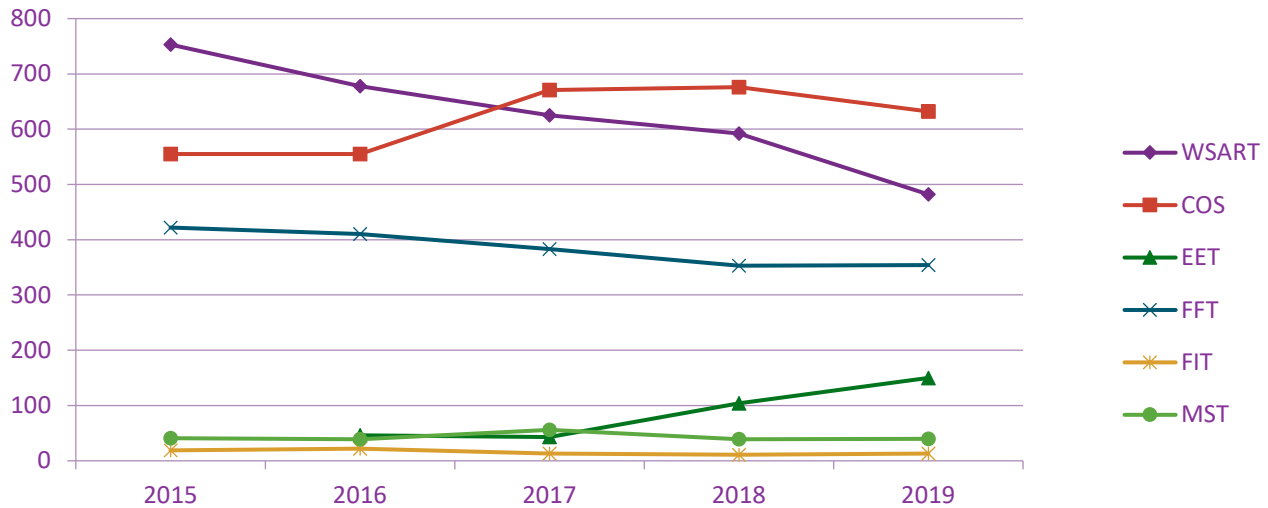
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at 94.9%. Whereas the majority of moderate and high-risk program participants successfully complete their program, on average, between 67.3% (WSART) and 71.1% (FFT) of the time.

*Table 21: Historical successful completes for state fiscal years 2015-2019*

EBP		2015	2016	2017	2018	2019	Total
WSART	Number	753	678	625	592	482	3,130
	Percent	70.3	67.8	67.3	72.1	59.1	67.3
COS	Number	555	555	671	676	632	3,089
	Percent	93.3	94	96.1	95.6	95.6	94.9
EET	Number	-	46	43	104	150	343
	Percent	-	49.5	65.2	53.9	64.7	58.3
FFT	Number	422	410	383	353	354	1,922
	Percent	72.4	72.0	73.1	67.4	70.7	71.1
FIT	Number	19	22	13	11	13	78
	Percent	82.6	73.3	86.7	78.6	92.9	82.8
MST	Number	41	39	56	39	40	215
	Percent	83.7	72.2	74.7	70.9	90.0	78.3
Total	Number	1,790	1,750	1,791	1,775	1,671	8,777
	Percent	77.1	72.7	77.2	76.7	74.0	75.2

*Figure 4: Historical successful completes for state fiscal years 2015-2019*



### Eligible for an Evidence-Based Program but Did Not Start

There are many reasons why a youth determined eligible for an EBP does not start the program. Using PACT assessment data for youth who were determined eligible in fiscal year 2020, the most common reason for youth not starting an EBP were:

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Table 22: Reasons for not starting an EBP

Reasons	N	%
Already completed EBP	210	9%
Incarcerated	115	5%
Involved with other EBP	398	18%
Waiting for/involved in other intervention	399	18%
Whereabouts unknown	64	3%
Youth willing, but not able	695	31%
Youth/family refused	371	17%
Total	2,252	100%

Table 22 shows the majority of instances where a youth did not start a program were due to a youth waiting for, were involved in another intervention, or were willing, but not able to participate. A smaller proportion of youth either refused to participate or never attended the EBP. Please note that these counts are based on assessments and not unique youth. Youth may be assessed as eligible for more than one program and each count would be reflected here.

### Started an Evidence-Based Program but Did Not Complete

Among youth who started an evidence-based program in fiscal year 2019, but did not successfully complete the program, a majority did not complete due to the following reasons:

Table 23: Reasons for not completing an EBP

Reasons	N	%
Doesn't meet completion requirements	98	28%
Dropped out	99	28%
Incarcerated	13	4%
Moved	17	5%
Removed from program	47	13%
Scheduling conflict	41	12%
Transportation	2	1%
Whereabouts unknown	34	10%
Total	351	100%

Table 23 shows reasons similar to youth that do not start an EBP. The primary reasons youth do not successfully complete a program relate to two primary categories – doesn't meet completion requirements and lack of buy-in or engagement with the program (dropped out). Note that youth can only qualify for one reason per EBP and, in most cases, the service provider determines whether a youth is removed from a program or doesn't meet completion requirements.

## Evidence-Based Program Expenditures

Table 24: Expenditures by category for fiscal year 2020<sup>3</sup>

Programs	CJAA Expenditures	EBE Expenditures	Total Expenditures	Cost Per Participant
WSART	\$410,493	\$516,336	\$926,829	\$2,288
COS	\$164,112	\$164,004	\$328,116	\$810
EET	\$1,099,116	0	\$1,099,116	\$4,677
FFT	\$181,717	\$1,176,152	\$1,357,869	\$3,225
FIT	0	\$57,926	\$57,926	\$5,793
MST	\$400	\$304,310	\$304,710	\$4,548
Totals	\$1,855,838	\$2,218,728	\$4,074,565	\$2,641

Table 24 represents program expenditure information as reported by the juvenile courts to JR by program and by category – CJAA and Evidence-Based Expansion (EBE) for SFY 2020, July 1, 2019 – June 30, 2020. The cost per participant is calculated by dividing the total expenditures in SFY 2020 by the total number of starters in SFY 2020.

Table 25 and Figure 5 provide information on evidence-based program expenditures from state fiscal years 2015–2019. Beginning in 2015, expenditures have been up and down, with a high point in 2016 and a low point in 2019.

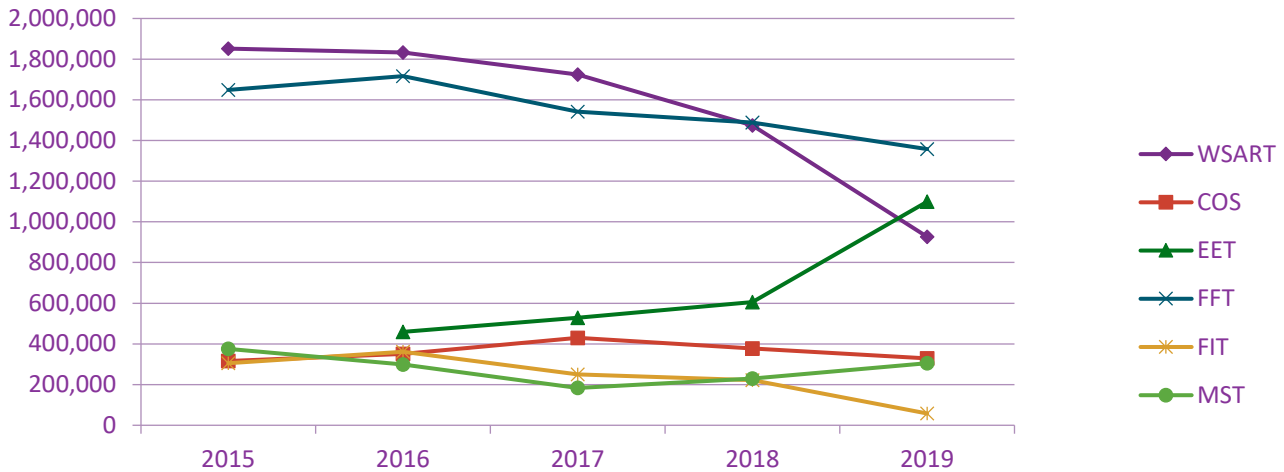
Table 25: Expenditures for state fiscal years 2015-2019

EBP	2015	2016	2017	2018	2019
WSART	\$1,851,789	\$1,833,548	\$1,724,601	\$1,474,875	\$1,456,840
COS	\$315,911	\$350,139	\$429,947	\$378,235	\$426,677
EET		\$459,141	\$528,352	\$606,123	\$697,836
FFT	\$1,649,127	\$1,716,576	\$1,542,304	\$1,488,687	\$1,358,068
FIT	\$304,890	\$361,318	\$250,241	\$222,526	\$33,931
MST	\$375,511	\$298,945	\$183,368	\$230,052	\$291,508
Total	\$4,497,228	\$5,019,667	\$4,658,813	\$4,400,498	\$4,264,860

<sup>3</sup> Expenditure information includes data as of Sept. 1, 2020.

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Figure 5: Expenditures for State Fiscal Year 2015-2019



### Promising Programs Starts

Promising Programs are those programs that have applied to the CJAA Advisory Committee, completed the Promising Program Guidelines, and received approval for “Promising Program” status by the CJAA Advisory Committee. The only current approved Promising Program is the Girls Only Active Learning (GOAL) program.

Table 26: Program starts in state fiscal year 2020

Promising Program	Count (N)
Girls Only Active Learning (GOAL)	0
Step-Up	0
Total	0

Table 26 represents the number of promising program youth that started a program during SFY 2020, July 1, 2019 – June 30, 2020.

### Promising Program Expenditures

Table 27: Expenditures by program for fiscal year 2020<sup>4</sup>

Promising Program	Expenditures	Cost per Participant
Girls Only Active Learning (GOAL)	\$0	\$0
Step-Up	\$0	\$0
Total	\$0	\$0

Table 27 represents program expenditure information as reported by the juvenile courts to JR for SFY 2020, July 1, 2019 – June 30, 2020. The cost per participant is calculated by dividing the total expenditures in SFY 2020 by the total number of starts in SFY 2020.

<sup>4</sup> Expenditure information includes data as of Sept. 1, 2020.

## Indian Tribal Evidence-Based Programs

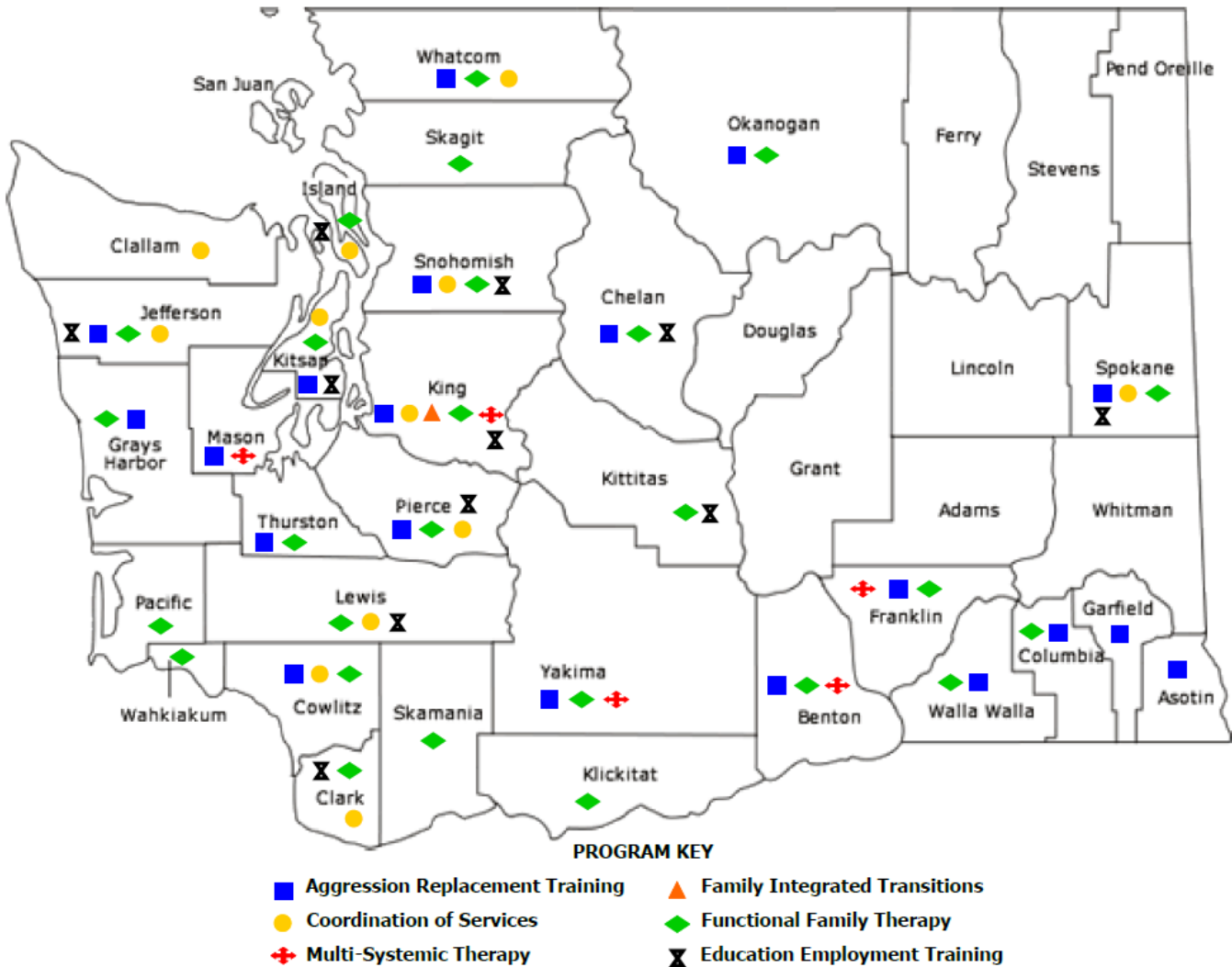
In September 1999, JR initiated discussions with the Department of Social and Health Services’ Indian Policy Advisory Committee to implement elements of effective juvenile justice programs for court-involved tribal youth through CJAA grant opportunities.

Since then, JR has provided CJAA grant opportunities to federally recognized tribes and Recognized American Indian Organizations to implement programs with research-based components. Twenty-nine tribes and four Recognized American Indian Organizations are eligible for funds. From July 1, 2019, through June 30, 2020, 11 tribes and two Recognized American Indian Organizations applied for and received \$9,233 each to implement a researched-based intervention with court-involved tribal youth. It was reported that approximately 200 Native American youth involved with tribal or county juvenile court programs are served in these projects.

## Juvenile Court Evidence-Based Program Map

Attachment A

### Washington State County Juvenile Courts Evidence Based Program Starts — 2020



## List of Acronyms and Terms

### Appendix A

**AOC:** Administrative Office of the Courts.

**CJAA:** Community Juvenile Accountability Act. State funded program that supports evidence-based treatment for youth on probation in the juvenile courts.

**COS:** Coordination of Services. An evidence-based program that provides an educational program to low-risk juvenile offenders and their parents.

**DCYF:** Department of Children, Youth, and Families.

**DMC:** Disproportionate Minority Contact.

**DSHS:** Department of Social and Health Services.

**EBE:** Evidence-Based Expansion.

**EBP:** Evidence-Based Program. A program that has been rigorously evaluated and has shown effectiveness at addressing particular outcomes such as reduced crime, child abuse and neglect, or substance abuse. These programs often have a cost benefit to taxpayers.

**EET:** Education Employment Training. This program is an education and/or workforce development program for moderate and high-risk juvenile offenders.

**FFT:** Functional Family Therapy. A family therapy program that lasts an average of four months. This program has been shown to reduce felony recidivism and focuses on helping families improve youth behavior and reduce family conflict.

**FIT:** Family Integration Transitions program. A version of Multi-Systemic Therapy that is an evidence-based family intervention model for youth with co-occurring disorders.

**GOAL:** Girls Only Active Learning. A group-based intervention for females modeled after WSART. This program is intended for the most vulnerable girls in our state and it combines demonstrated effective approaches for recidivism reduction with the research on girl-specific development and needs.

**JR:** Juvenile Rehabilitation. The program area within the Department of Children, Youth, and Families responsible for rehabilitation of court-committed juvenile offenders.

**ISD:** Information Services Division.

**MST:** Multi-Systemic Therapy. An evidence-based family treatment model that reduces juvenile offender recidivism.

**PACT:** Positive Achievement Change Tool (PACT) assessment. The PACT is a 126-item, multiple choice assessment instrument that produces risk-level scores measuring a juvenile's risk of re-offending.

**RED:** Racial and Ethnic Disparities.

**SFY:** State Fiscal Year.

**WAJCA:** Washington Association of Juvenile Court Administrators.

**WSART:** Washington State Aggression Replacement Training. A Cognitive Behavior Therapy program using skill building that has been rigorously evaluated and reduces recidivism with juvenile offenders.

**WSCCR:** The Washington State Center for Court Research is the research arm of the AOC. It was established in 2004 by order of the Washington State Supreme Court.

**WSIPP:** Washington State Institute for Public Policy.