

PAT/PBC Team Discussions: Reflections on PICCOLO and HFPI

This summarizes the domains/subscale elements of each the PICCOLO and HFPI and provides an outline and worksheet for potential team discussions. If your teams offer input, **please share your notes with our PBC team by sending them to rene.toolson@dcyf.wa.gov ahead of our October 8th meeting.** THANKS!

PICCOLO Domains and Subscale Elements

Affection slide 18	<ul style="list-style-type: none"> • Speaks in a warm tone of voice • Smiles at child • Praises Child • Is physically close to child • Uses positive expressions with child • Is engaged in interacting with child • Shows emotional warmth
Responsiveness slide 19	<ul style="list-style-type: none"> • Pays attention to what child is doing • Changes pace or activity to meet child's interests or needs • Is flexible about child's change of activities or interests • Follows what child is trying to do • Responds to child's emotions • Looks at child when child talks or makes sounds • Replies to child's words or sounds
Encouragement slide 20	<ul style="list-style-type: none"> • Waits for child's response after making a suggestion • Encourages child to handle toy • Supports child in making choices • Supports child in doing things on his or her own • Verbally encourages child's efforts • Offers suggestions to help child • Shows enthusiasm about what child is doing
Teaching slide 21	<ul style="list-style-type: none"> • Explains reasons for something to child • Suggests activities to extend what child is doing (Scaffolding) • Repeats or expands words or sounds (Also scaffolding) • Labels objects or actions for child • Engages in pretend play with child • Does Activities in a sequence of steps • Talks to child about characteristics of objects • Asks child for information

HFPI Domains and Subscale Elements

Social Support slide 26	<ul style="list-style-type: none"> • I feel supported by others. • I feel that others care about me. • I discuss my feelings with someone. • If I have trouble, I feel there is always someone I can turn to for help. • I have family or friends who I can turn to for help.
Problem Solving slide 27	<ul style="list-style-type: none"> • I learn new ways of doing things from solving problems. • I deal with setbacks without getting discouraged. • When I have a problem, I take steps to solve it. • When I am faced with a problem, I can think of several solutions. • I am good at dealing with unexpected problems. • I remain calm when new problems come up

<p>Depression slide 28</p>	<ul style="list-style-type: none"> • <i>I feel sad.</i> • <i>I feel positive about myself.</i> • <i>The future looks positive for me.</i> • <i>I feel unhappy about everything.</i> • <i>I feel hopeless about the future.</i> • <i>There isn't much happiness in my life.</i> • <i>I have so many problems I feel overwhelmed by them.</i> • <i>It is hard for me to get in a good mood.</i> • <i>My life is fulfilling and meaningful.</i>
<p>Personal Care slide 29</p>	<ul style="list-style-type: none"> • <i>I find ways to care for myself.</i> • <i>I take care of my appearance.</i> • <i>I get enough sleep.</i> • <i>I am a better parent because I take care of myself.</i> • <i>I take time for myself.</i>
<p>Mobilizing Resources slide 30</p>	<ul style="list-style-type: none"> • <i>I know where to find resources for my family.</i> • <i>I know where to find important medical information.</i> • <i>I can get help from the community if I need it.</i> • <i>I am comfortable in finding the help I need.</i> • <i>I know community agencies I can go to for help.</i> • <i>It is hard for me to ask for help from others.</i>
<p>Role Satisfaction slide 31</p>	<ul style="list-style-type: none"> • <i>Because I'm a parent, I've had to give up much of my life.</i> • <i>I feel trapped by all the things I have to do for my child.</i> • <i>I feel drained dealing with my child.</i> • <i>There are times my child gets on my nerves.</i> • <i>I feel controlled by all the things I have to do as a parent.</i> • <i>I feel frustrated because my whole life seems to revolve around my child.</i>
<p>Parent Child Interaction slide 32</p>	<ul style="list-style-type: none"> • <i>I have a hard time managing my child.</i> • <i>I can be patient with my child.</i> • <i>I respond quickly to my child's needs.</i> • <i>I do activities that help my child grow and develop.</i> • <i>When my child is upset, I'm not sure what to do.</i> • <i>I use positive words to encourage my child.</i> • <i>I can tell what my child wants.</i> • <i>I am able to increase my child's good behavior.</i> • <i>I remain calm when my child is upset.</i> • <i>I praise my child every day.</i>
<p>Home Environment slide 33</p>	<ul style="list-style-type: none"> • <i>My child has favorite things to comfort him/her.</i> • <i>I read to my child.</i> • <i>I plan and do a variety of activities with my child every day.</i> • <i>I have made my home exciting and fun for my child.</i> • <i>I have organized my home for raising a child.</i> • <i>I check my home for safety.</i> • <i>My child has a schedule for eating and sleeping in my home.</i> • <i>I set limits for my child consistently.</i> • <i>I make plans for our family to do things together.</i> • <i>I set rules for behavior in my home.</i>
<p>Parenting Efficacy slide 34</p>	<ul style="list-style-type: none"> • <i>I feel I'm doing an excellent job as a parent.</i> • <i>I am proud of myself as a parent.</i> • <i>I am more effective than most parents.</i> • <i>I have set goals about how I want to raise my child.</i> • <i>I am a good example to other parents.</i> • <i>I learn new parenting skills and use them with my child.</i>

Questions for Reflection

PICCOLO Reflections

Subscale	Alignment with your work? <i>Using a scale of 1 (low) - 5 (high)</i>	What do you like about this subscale?	What do you not like about this subscale	Missing PAT elements/actions in this subscale impacting Parent Child Interaction?	Missing PAT elements/actions in this subscale that are missing impacting Caregiver Well-being?
Affection <i>slide 18</i>		•	•	•	•
Responsiveness <i>slide 19</i>		•	•	•	•
Encouragement <i>slide 20</i>		•	•	•	•
Teaching <i>slide 21</i>		•	•	•	•

Based on the information presented, what **equity or other considerations** arise for you with the PICCOLO?

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HFPI Reflections

Subscale	Alignment with your work? <i>Using a scale of 1 (low) - 5 (high)</i>	What do you like about this subscale?	What do you not like about this subscale	Missing PAT elements/actions in this subscale impacting Parent Child Interaction?	Missing PAT elements/actions in this subscale that are missing impacting Caregiver Well-being?
Social Support <i>slide 26</i>		•	•	•	•

Subscale	Alignment with your work? <i>Using a scale of 1 (low) - 5 (high)</i>	What do you like about this subscale?	What do you not like about this subscale	Missing PAT elements/actions in this subscale impacting Parent Child Interaction?	Missing PAT elements/actions in this subscale that are missing impacting Caregiver Well-being?
Problem Solving <i>slide 27</i>		•	•	•	•
Depression <i>slide 28</i>		•	•	•	•
Personal Care <i>slide 29</i>		•	•	•	•
Mobilizing Resources <i>slide 30</i>		•	•	•	•
Role Satisfaction <i>slide 31</i>		•	•	•	•
Parent Child Interaction <i>slide 32</i>		•	•	•	•
Home Environment <i>slide 33</i>		•	•	•	•
Parenting Efficacy <i>slide 34</i>		•	•	•	•

Based on the information presented, what **equity or other considerations** arise for you with the HFPI?

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