

# Your Referral Has the Power to Change a Child's Developmental Trajectory



## Early Support for Infants and Toddlers (ESIT) Program Developmental Services for Infants and Toddlers (Birth-to-Three)

*Building upon family strengths by providing coordination, supports, resources, and services to enhance the development of children with developmental delays and disabilities through everyday learning opportunities.*



### ESIT Referrals During COVID-19 and Beyond



#### Benefits

- Coordination of Services
- Connection to Resources
- Supports Focused on Families' Concerns and Priorities



#### Eligibility

- Multidisciplinary Evaluation/ Assessment at No Cost to Families
- Automatic Eligibility for Certain Situations



#### Types of Services

- Family Coaching
- Family Resources Coordination
- Developmental Therapies

### How do I make a referral to ESIT services?

To make a referral, you can contact your local provider agency. Find your local provider agency at [www.dcyf.wa.gov/sites/default/files/pdf/ESITContactsDirectory.pdf](http://www.dcyf.wa.gov/sites/default/files/pdf/ESITContactsDirectory.pdf).

If you aren't sure which agency that might be, you can also contact Help Me Grow Washington:

- Call Toll-Free: 1-800-322-2588
- Call the Direct ESIT Line: 206-204-3536
- Fax: 206-299-9146
- Email: [childdevelopment@withinreachwa.org](mailto:childdevelopment@withinreachwa.org)

### What diagnoses automatically qualify for ESIT services?

In addition to eligibility based on developmental delay, these diagnosed conditions lead to automatic eligibility ([www.dcyf.wa.gov/sites/default/files/pdf/esit/QualifyingDiagnosisList.pdf](http://www.dcyf.wa.gov/sites/default/files/pdf/esit/QualifyingDiagnosisList.pdf)).

For more information:

- *ESIT Early Intervention Referrals Fact Sheet for Health Care Professionals* (FS\_0010): [www.dcyf.wa.gov/sites/default/files/pubs/FS\\_0010.pdf](http://www.dcyf.wa.gov/sites/default/files/pubs/FS_0010.pdf)
- *ESIT Health Care Referral Form* (15-005): [www.dcyf.wa.gov/forms?field\\_number\\_value=15-005&title](http://www.dcyf.wa.gov/forms?field_number_value=15-005&title)



## ESIT Services During COVID-19 and Beyond

### I heard that ESIT has shifted to providing tele-practice services only. What do ESIT services look like?

ESIT now offers an expanded range of service delivery options: tele-practice, in-person, or a combination.

Additionally, ESIT is required to provide services that the child and family will not receive anywhere else, including:

- A multi-disciplinary eligibility evaluation
- Family resources coordination to ensure timely, comprehensive, individualized services happen smoothly for infants, toddlers, and their families

### I'm concerned about the effectiveness of tele-practice services. How well is this working?

Virtual services incorporate many of the same priorities as in-person services:

- They are provided through coaching parents and caregivers, which is an important strategy to support parents in developing additional skills to support their child's development. Read about the Stohr family's experience during the pandemic, available at: [www.dcyf.wa.gov/news/early-support-infants-and-toddlers-during-covid-19-meet-stohr-family](http://www.dcyf.wa.gov/news/early-support-infants-and-toddlers-during-covid-19-meet-stohr-family)
- They are evidence-based. Public Consulting Group has a collection of research demonstrating the effectiveness of virtual services and other helpful resources, available at: [www.publicconsultinggroup.com/news-perspectives/use-of-telehealth-in-early-intervention-idea-part-c-resources-to-consider-during-the-covid-19-public-health-emergency/](http://www.publicconsultinggroup.com/news-perspectives/use-of-telehealth-in-early-intervention-idea-part-c-resources-to-consider-during-the-covid-19-public-health-emergency/)
- A majority of families have appreciated having access to the full range of ESIT services, including virtual home visits



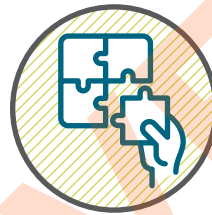
#### Access

- Funding Options
- Language/Interpreters
- Technology Available to Support Services



#### Flexibility

- In-Person and/or Virtual
- Tailored to Family Needs
- Support in the Child's Natural Environment



#### Connections to Community

- Early Learning
- Transition to School District
- Community Resources

#### Questions?

If you have questions or need further information, please contact Laurie Thomas, ESIT State Program Administrator, at [laurie.thomas@dcyf.wa.gov](mailto:laurie.thomas@dcyf.wa.gov).

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