

DCFY Quality Assurance Requirements for Promoting First Relationships' Certified Providers

Steps to become a Certified PFR Provider:

1. Attend the PFR Level 1 Workshop; conducted over 4 half days via zoom or 2 full days in person.
2. Successfully complete PFR Level 2 training including phase one and phase two (or equivalent provided by a Certified PFR Agency Train-the-Trainer):
 - a. Phase One: View 11-set Video Training series while being mentored online by a PFR Master Trainer weekly for 5 weeks, or until all videos have been viewed and discussed.
 - b. Phase Two: Implement 10-week PFR outline with a training family while being mentored weekly online by a PFR Master Trainer to discuss all core PFR concepts, view caregiver-child interaction videos, review videos of yourself doing PFR, and to prepare for weekly visits.
3. Meet PFR fidelity requirements on a self-recording of a whole PFR session, measured using the Fidelity Feedback form (see attached measure). Fidelity video must be submitted to PFR program within 2 months of finishing training in order to be eligible for scoring. If Provider does not meet fidelity requirements, further mentoring as listed below can be taken, upon approval of Children's Administration.

Ongoing Fidelity Requirements:

1. Attend monthly PFR reflective consultation group. Regular attendance is mandatory (Cannot miss more than two meetings per year, unless provider seeks a waiver from the PFR program due to special circumstance). Reflective Consultation (RC) group activities can include:
 - a. Watching and discussing caregiver-child interaction videos;
 - b. Viewing/reflecting on videos of provider working with dyad while giving video feedback to parent, or doing other curriculum piece;
 - c. Discussing core PFR principles and applying to dyads on caseload; and
 - d. Discussing one's own feelings about the work and/or dyad.
2. The RC groups will be online, video based meetings and therefore need to be conducted in a location that supports video conference participation.
3. Newly certified providers need to submit a fidelity video 6 months after their initial certification to renew PFR certification. Once this 6-month fidelity video meets certification requirements, then yearly fidelity checks are required in order to remain a certified PFR provider. The fidelity video must be a self-recording of a whole PFR session, which will be reviewed and measured using the Fidelity Feedback form.

Remediation and/or Further Mentoring for Providers not meeting Fidelity Compliance of 1) Regular Attendance at Reflective Consultation meetings; and/or 2) Not Meeting Fidelity requirements after completing first training family:

1. Meet online or in-person with PFR Master Trainer, CA PFR Lead, or PFR Agency Train-the-Trainer, as appropriate, to discuss fidelity challenges and to receive further mentoring in order to meet fidelity. The remediation/further mentoring period may take one to two sessions for minor shifts to occur, or may take up to 10 sessions to address bigger discrepancies in fidelity. CA will approve the number of visits.
2. Remediation/further mentoring sessions will include viewing caregiver-child interaction videos to enhance observational skills; provider recording self and watching and discussing areas of strength and growth areas that require a shift in consultation strategy, understanding of PFR concepts, or way of being in order to achieve fidelity; being assigned additional reading and discussing these core concepts during sessions; and/or discussing personal feelings/motivations that are getting in the way of implementing PFR as intended.
3. Upon completion of the specified number of remediation visits, Provider will submit a Whole Session Fidelity video that includes Video feedback. This submittal will be coded for fidelity, and if the provider meets the fidelity requirements, the Provider will be certified to continue to deliver PFR services to families on their caseload. If Provider does not meet fidelity following remediation/further mentoring, Provider is not considered certified to implement PFR. At this point, Agency can decide whether or not to pay for additional remediation at its' own expense, in order to help Provider achieve fidelity.