

The image features four white, three-dimensional house models with red roofs, arranged in a line on a wooden surface. The houses increase in size from left to right. The text 'Adult Transitional Living Program (ATLP)' is overlaid in white, centered over the middle two houses.

# Adult Transitional Living Program (ATLP)

# Purpose & Objectives

- Created to address gap in longer term placement options for youth ages 16 through 20 under DCYF care and custody close to transitioning out of foster care – 28% of youth were unstably housed within 12 months of leaving foster care (RDA, 2015).
- Approach emphasizes developmentally appropriate services that provide opportunities for autonomy in decision making and the practice of independent living skills
- Services build on youth's strengths, be youth driven, apply housing first and harm reduction principles, be trauma informed and culturally affirming, and really focus on helping young people foster and maintain permanent connection with their communities

# Eligibility

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Dependent under RCW Chapter 13.34

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Youth must be 16-17 years old upon placement but may stay enrolled until their 21<sup>st</sup> birthday if they are in Extended Foster Care (EFC)

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Has no relative or suitable other placement

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Does not have a court order for involuntary treatment, be eligible for, or have a recent placement in a CLIP, RHC, or SOLA facility

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Not eligible for or awaiting placement in a BRS QRTP facility

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ATLP placement aligns with the youth's strengths, needs, goals

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Youth agrees and wants to participate in the program

# Admission

Caseworkers will make a written referral to the contractor for youth determined to be eligible who are interested in the program

The referral will include all information necessary to determine if the program model aligns with the youth's needs and goals as well as contractor's ability to provide appropriate supports and supervision

Contractor will participate in Family Team Decision Making Meetings (FTDMs) to further discuss and make a determination about the youth's admission to the program

## Scope of Services

- Contractors provide a place of residence, clothing, food, and all essentials needed for daily life
- Youth are provided orientation to the program including a tour of the residence, opportunity to meet roommates and program staff, review of program policies, and information about neighborhood resources
- Case managers work with youth to develop service plans addressing support with independent living, housing, education, career planning, physical and mental well being based on needs assessments and youths' desired outcomes and goals

## Scope of Services (Continued)

- Youth maintain their own daily schedule of activities such as going to school, work, social events, etc. within parameters set by ATLP provider
- Youth may prepare their own meals and take responsibility for the general upkeep of personal and shared spaces of their home
- Contractors host monthly Child and Family Team (CFT) meetings with youth, caseworker, and support system to discuss the youth's progress and needs while participating in the program.
- Youth may be enrolled in other DCYF services while in the ATLP including Independent Living Skills (ILS), LifeSet, Extended Foster Care (EFC), etc.

## Residence Types

- Licensed as Staff Residential Homes (SRH) per WAC 110-145 for six or fewer children per license
- May be a single family, duplex, or tri plex residence
- Each unit, if a duplex or triplex, will have its own license
- Must meet staffing ratios per license (1:6) and always maintain a minimum of 2FTE for all residence types.
- Must have staff onsite 24 hours per day

# Current and Upcoming Providers

## Current ATLP Providers:

- YMCA's McGrath House in Seattle (Region 4)
- AKI's Lilipad Housing in Vancouver (Region 6)

## Upcoming Providers:

- Ohana Crisis Center in Yakima (Region 2)
- 360 Academy in Snohomish (Region 3)
- Dominion Academy in Tacoma (Region 5)
- Region 1 TBD





## What's Next.....

Formation of a workgroup that will be comprised of key internal and external stakeholders with the focus being on creating a new WAC Chapter to accompany the ATLP program, as well as creating an array of services for youth and young adults.