

# HVSA Aligned Measure: Depression Screening



Caregiver depression is a serious and widespread condition that not only affects the caregiver, but may have a lasting, detrimental impact on their child’s health. Postpartum depression may lead to child abuse and neglect, discontinuation of breastfeeding, family dysfunction and adversely affects early brain development. (Earls, 2020) If the child is in an environment of maternal depression, they are at risk for attachment issues, failure to thrive, abuse/neglect, and, ultimately, developmental delay. (Earls, 2020). Caregiver depression screening and treatment is an important tool to protect the child from the potential adverse physical and developmental effects of caregiver depression.

<b>Definition</b>	Percent of primary caregivers enrolled in home visiting who are screened for depression using a validated tool within 3 months of enrollment (for those not enrolled prenatally) or 3 months of delivery (for those enrolled prenatally)
<b>Numerator</b>	For those not enrolled prenatally, number of primary caregivers who are screened for depression within 3 months of enrollment; for those enrolled prenatally, the number of primary caregivers screened for depression within 3 months of delivery
<b>Denominator</b>	For those not enrolled prenatally, the number of primary caregivers enrolled for at least 3 months; for those enrolled prenatally, the number of primary caregivers enrolled for at least 3 months post-delivery.
<b>Target Population</b>	Primary caregivers who have been enrolled for at least 3 months
<b>Frequency of Reporting</b>	Required one-time: complete a PHQ-9 depression screening <ul style="list-style-type: none"> <li>• Initial 3-month window</li> <li>• 2nd year of program - after the 2<sup>nd</sup> year anniversary (PAT and Portfolio programs only)</li> </ul>

## Data collection instructions

- Complete a PHQ-9 depression screening with the primary caregiver
  - Within 3 months of enrollment (if enrolled postnatally), or
  - Within 3 months of delivery (if enrolled prenatally)
  - After the 2<sup>nd</sup> year anniversary (PAT and Portfolio programs only)

### Required data elements:

- Enrollment date
- Child DOB
- PHQ-9 date
- PHQ-9 Result and if referral needed

### Eligibility Criteria:

- Primary caregivers enrolled for at least 3 months post-natal
- 3-month screening window ends in report year

# Aligned Measure: Depression Referrals

## Positive Screening Definition

HVSA considers PHQ-9 of  $\geq 10$  and/or any Q9 score  $\geq 1$  as positive, for both Performance Pay Milestone and MIECV measures.

<b>Definition</b>	Percent of primary caregivers referred to services for a positive screen for depression with or without confirmation that caregiver received services
<b>Numerator</b>	Number of caregivers who received and/or completed a depression referral
<b>Denominator</b>	Number of primary caregivers enrolled in home visiting who had a positive screen for depression within 3 months of enrollment (for those enrolled postnatally) or within 3 months of delivery (for those enrolled prenatally) and were referred for services.
<b>Target Population</b>	Primary caregivers who have been enrolled for at least 3 months
<b>Frequency of Reporting</b>	<ul style="list-style-type: none"><li>• positive screen date can be anytime during current or previous contract year</li><li>• referral given/completed date must be in current contract year</li></ul>

### Required data elements:

- PHQ-9 date
- PHQ-9 positive screening result
- Resource Connection (Referral) documented – date and source

### Eligibility Criteria:

The three sections that eligible for Performance Pay for that fiscal year are

- Referral given and completed
- Referral given, not completed
- No referral, reported receiving services