

Thanks for joining the PAT Performance Based Contracting (PBC) Work Group

March 11, 2021

Please make sure your first and last name show on your video
(click on the upper right corner 3 dots of your picture and rename yourself)
and if you've called in your phone number is associated with your video.

*Please chat in your name and organization and
one (sharable) guilty pleasure while we wait for all to connect .*

Today's Agenda

1. Introduction
2. Initial Findings from Caregiver Surveys
3. Recap Findings from Home Visitor Surveys and Focus Groups
4. Next Steps
5. Check-in/Reflection

1. Introduction and Check-in

please chat in...

- Review of the Chat
- Today's purpose and parameters
- Workplan review

Today's Purpose

- Learn and reflect on the *preliminary* caregiver survey findings
- Reflect on cohesion and dissonance with home visitor findings

Parameters

- Today is a mix of listening and discussion
- **Please use the chat frequently** to help us stay connected to you
- If comfortable, please **unmute and use video** for a fuller dialog in small groups

Work Group Schedule/Topics *continued to modify to a workable pace*

Month	Anticipated Agenda Topics
August	Orientation & Caregiver/Home Visitor Engagement Planning
September	Engagement Planning & Study Measurement Tools
October	Reflect on Input from Caregivers/Home Visitors & Study Measurement Tools
November	Reflection on Tools Discussion & Plan To Pilot Measurement Tool(s)
January	Reflection on Input from Home Visitors Discussion of Caregiver Input Process
March	<i>Learning:</i> Input from Caregiver Surveys Cohesion/Dissonance with Home Visitor Input
April	<i>Possible Decision Point:</i> PAT Precise Outcome Reflection on PAT Specific Elements Using the Precision Home Visiting Lens Discuss Measurement/Tools and Piloting
May	<i>Learning:</i> Input from Caregiver Surveys & Reflect on Outcomes and Activities Plan for FY22 Contract Elements/Milestones Discussion on Steps for Piloting
June	Communicate/Integrate PBC Elements Of SFY22 Contract



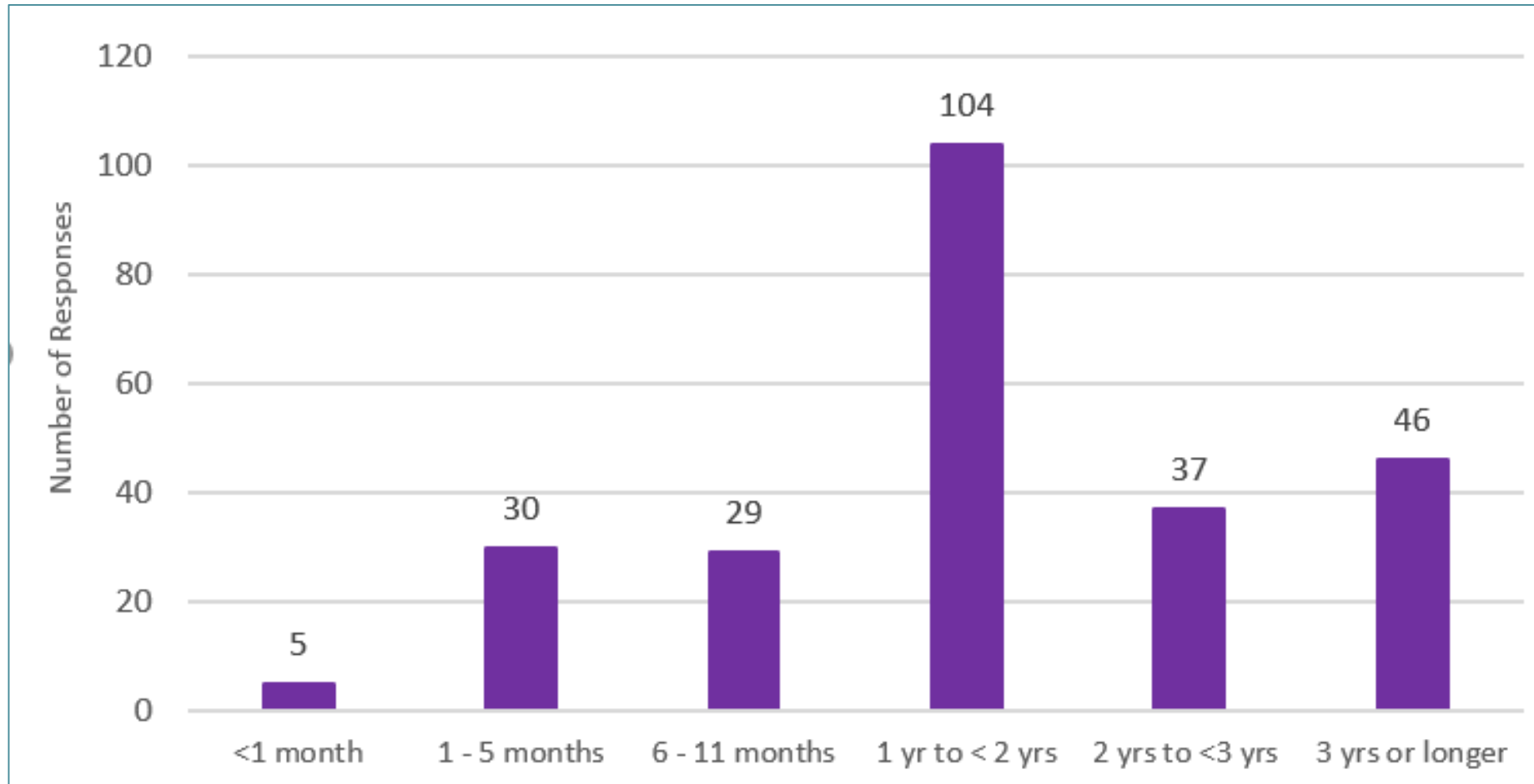
2. Caregiver Survey

- Process Description
- Why Caregivers Participate in PAT
- Most Meaningful PAT Outcomes (*pre Covid and now*)
- Activities influencing Parent-Child Interaction
- Activities influencing Caregiver Well-Being

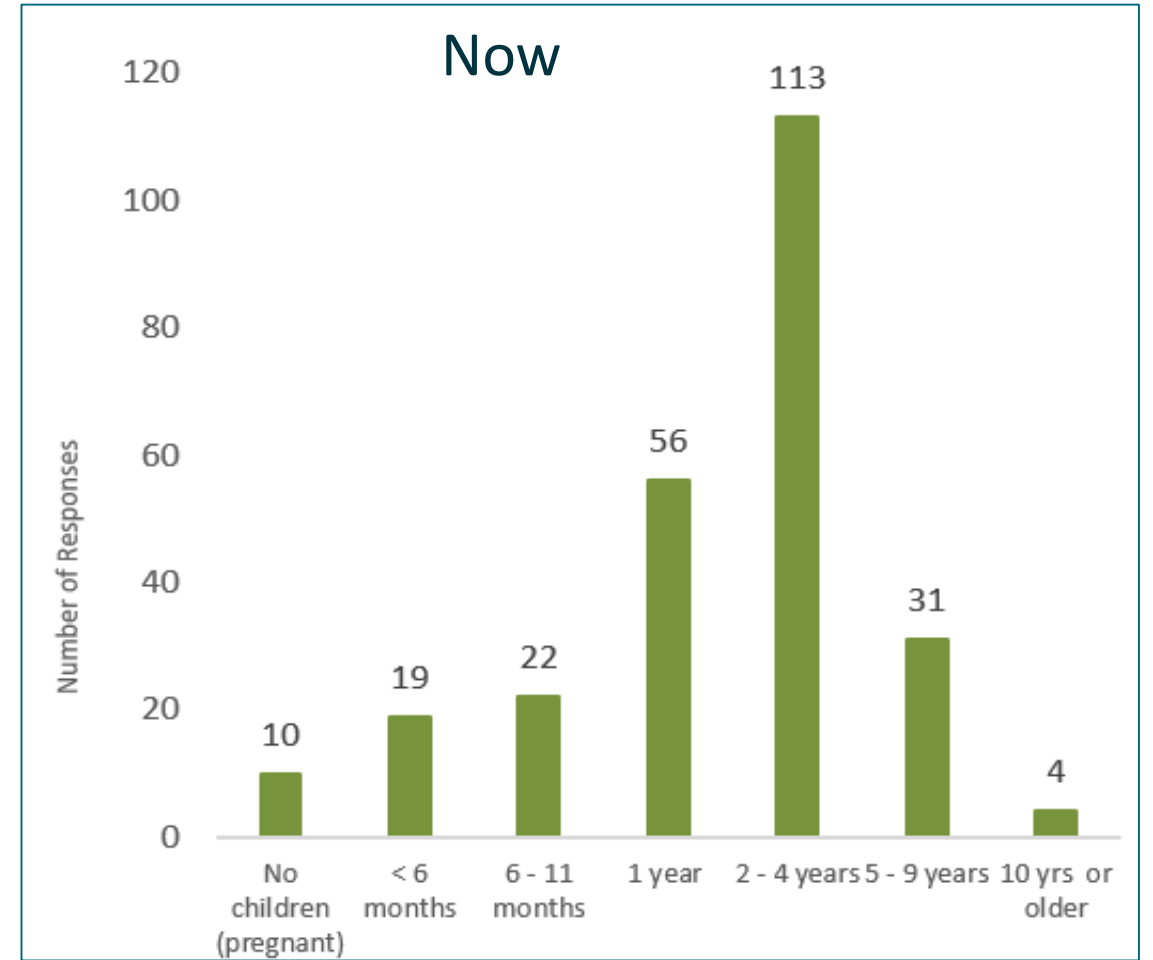
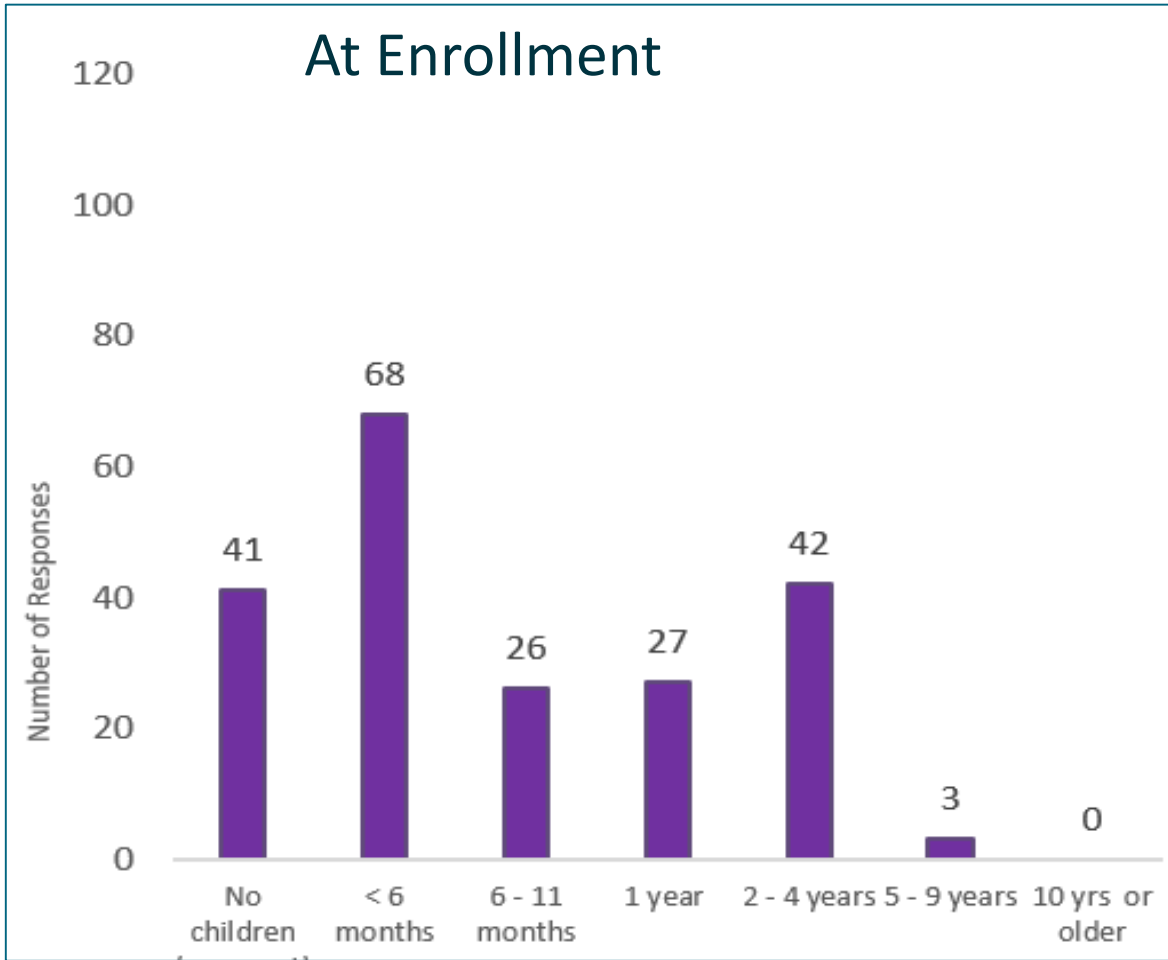
Process - PAT Caregiver Survey

- Distributed February 3rd – 26th **208 Responses as of 3/10/21**
- Electronic (Survey Monkey) and Paper Responses
 - *190 Electronic responses*
 - *18 Paper responses*
- English and Spanish Versions
 - *165 English responses*
 - *43 Spanish Responses*
- 17 of 21 PAT Programs
 - *Range from 1 to 32 responses*

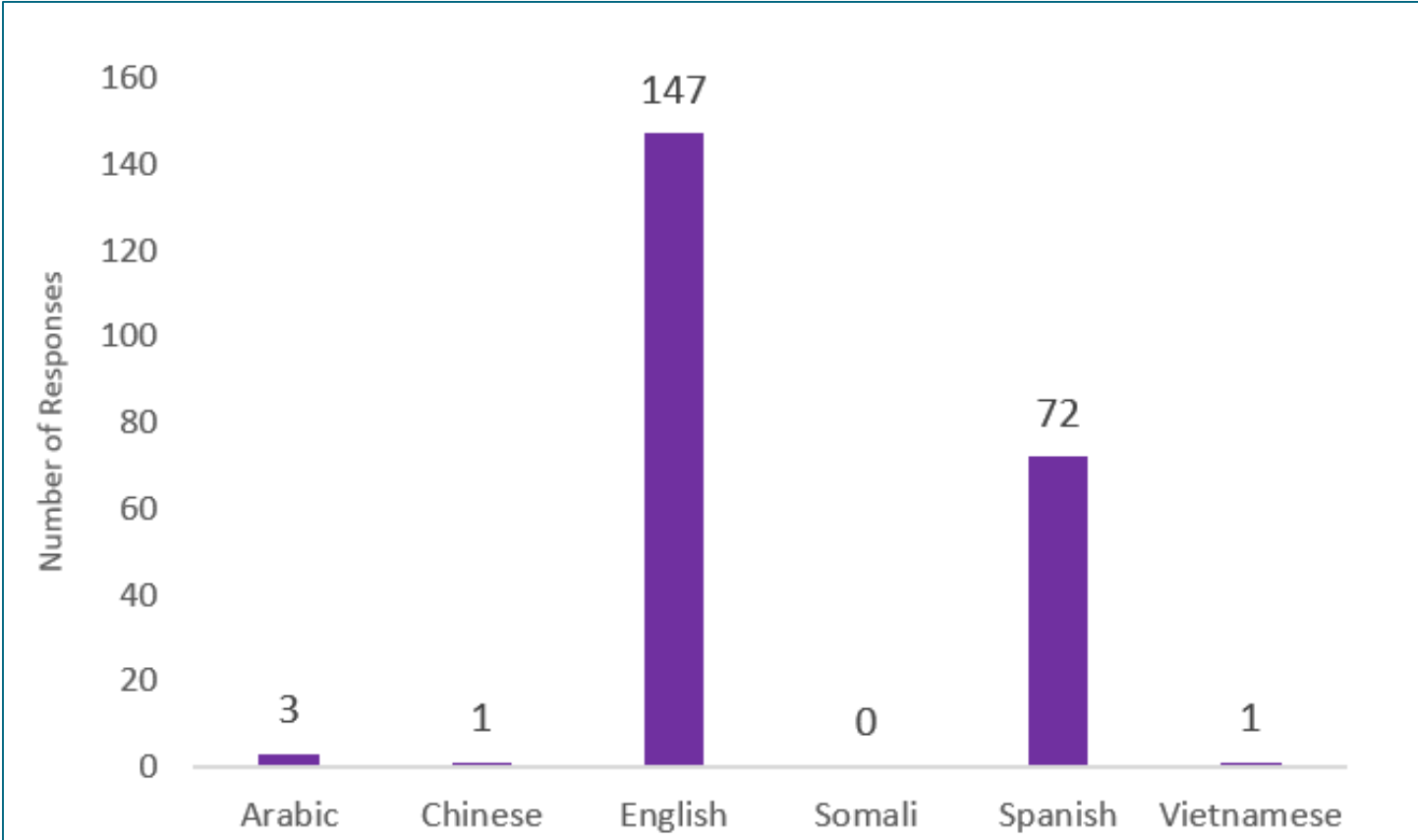
Length in PAT Program



Age of Children

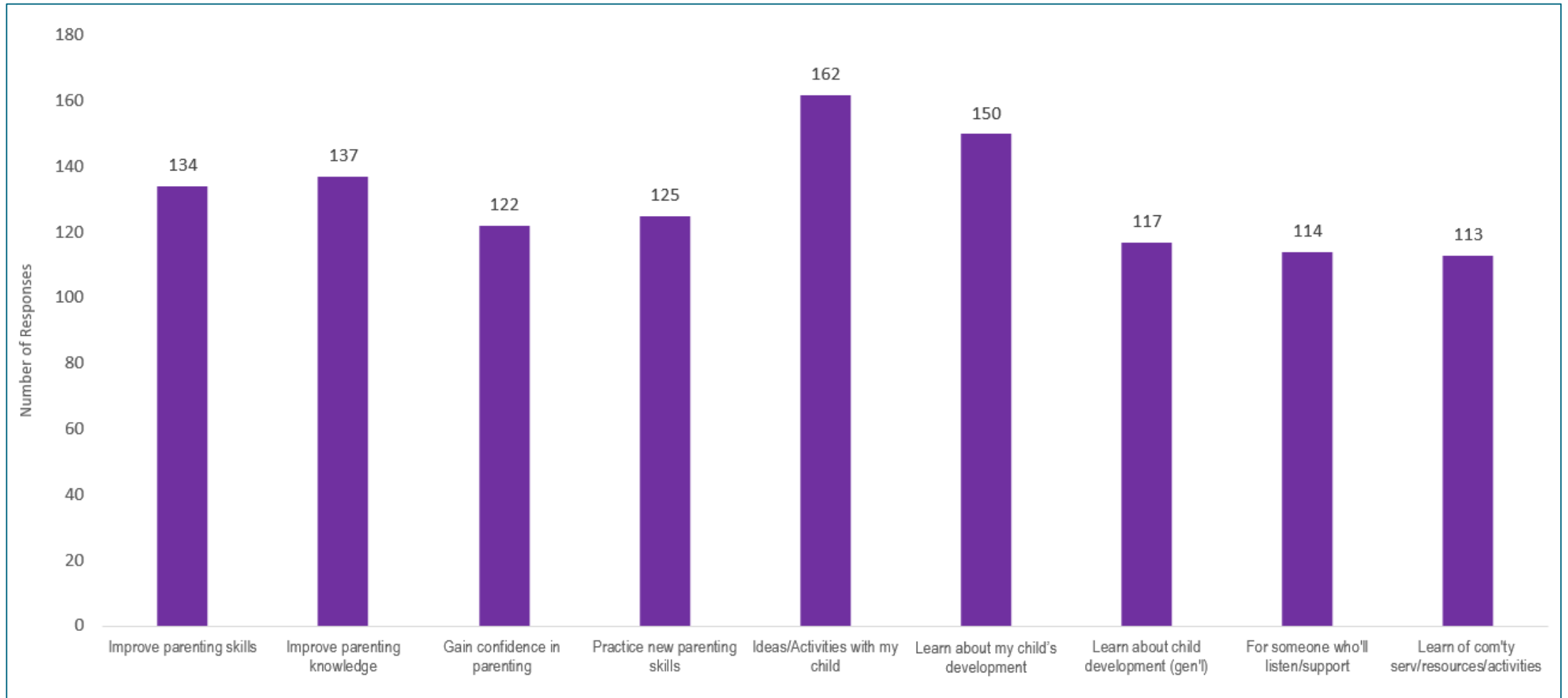


Respondents' Primary Home Language



Why Do Caregivers Participate in PAT?

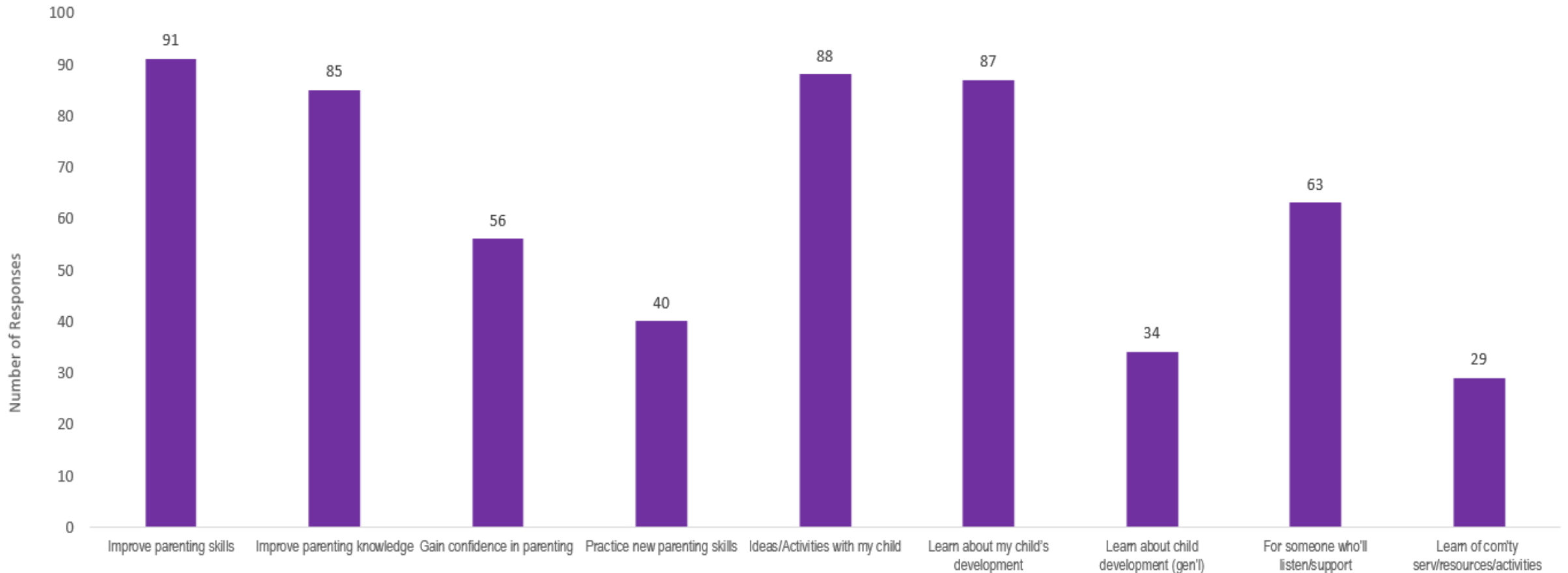
All Reasons for Participating in PAT



All Reasons for Participating in PAT

- Ideas on activities to do with their child
- Learn more about their child's development
- Improve parenting knowledge
- Improve parenting skills
- Opportunities to practice new parenting skills
- Increase confidence in parenting abilities
- Learn more about child development in general
- Have someone who will listen and support
- Learn about community services and/or resources/activities for families

Top 3 Reasons for Participating in PAT



Top 3 Reasons for Participating in PAT

- Improve parenting skills
- Ideas on activities to do with their child
- Learn more about their child's development
- Improve parenting knowledge
- Have someone who will listen and support
- Increase confidence in parenting abilities
- Opportunities to practice new parenting skills
- Learn more about child development in general
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COVID Impacts on Reasons for Participating?

- *87% (180) of respondents said their reason for participating in PAT had **not changed** from before COVID-19 to now*

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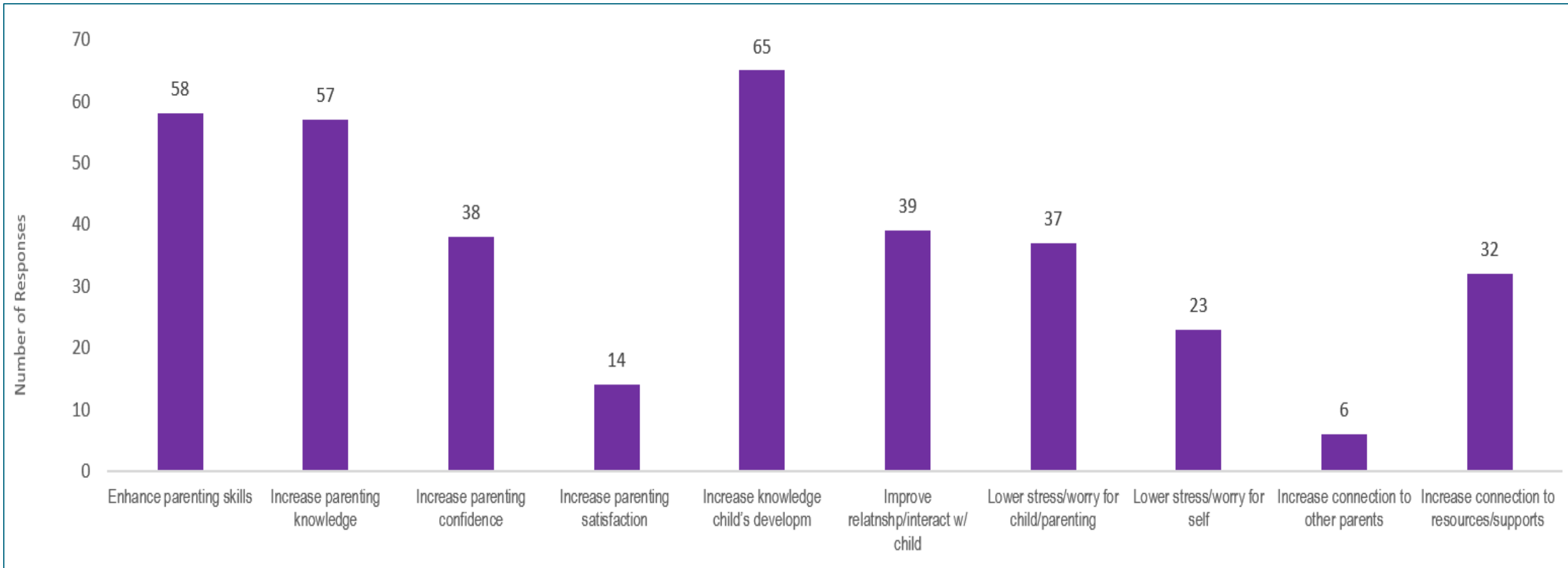
- *22% (23) respondents said that their reason for participating had changed with COVID*

Impact of PAT

How Helpful was PAT?

	Very Helpful 😊	Kind of Helpful 😐	Not Helpful at All 😞	Not Applicable ✘
1-Enhanced your parenting skills	😊	😐	😞	✘
2-Increased your knowledge of parenting	😊	😐	😞	✘
3-Increased your confidence in parenting	😊	😐	😞	✘
4-Increased your satisfaction as a parent	😊	😐	😞	✘
5-Increased your knowledge of your child's development	😊	😐	😞	✘
6-Improved your relationship/interactions with your child/children	😊	😐	😞	✘
7-Lowered your levels of stress and/or worry about your child/your parenting	😊	😐	😞	✘
8-Lowered your levels of stress and/or worry for yourself	😊	😐	😞	✘
9-Increased your connection to other parents	😊	😐	😞	✘
10-Increased your connection to other resources, services, and supports for families and parents	😊	😐	😞	✘
11-Other impact (please describe below)	😊	😐	😞	✘

How Helpful? Respondents' Top 2 (before COVID)

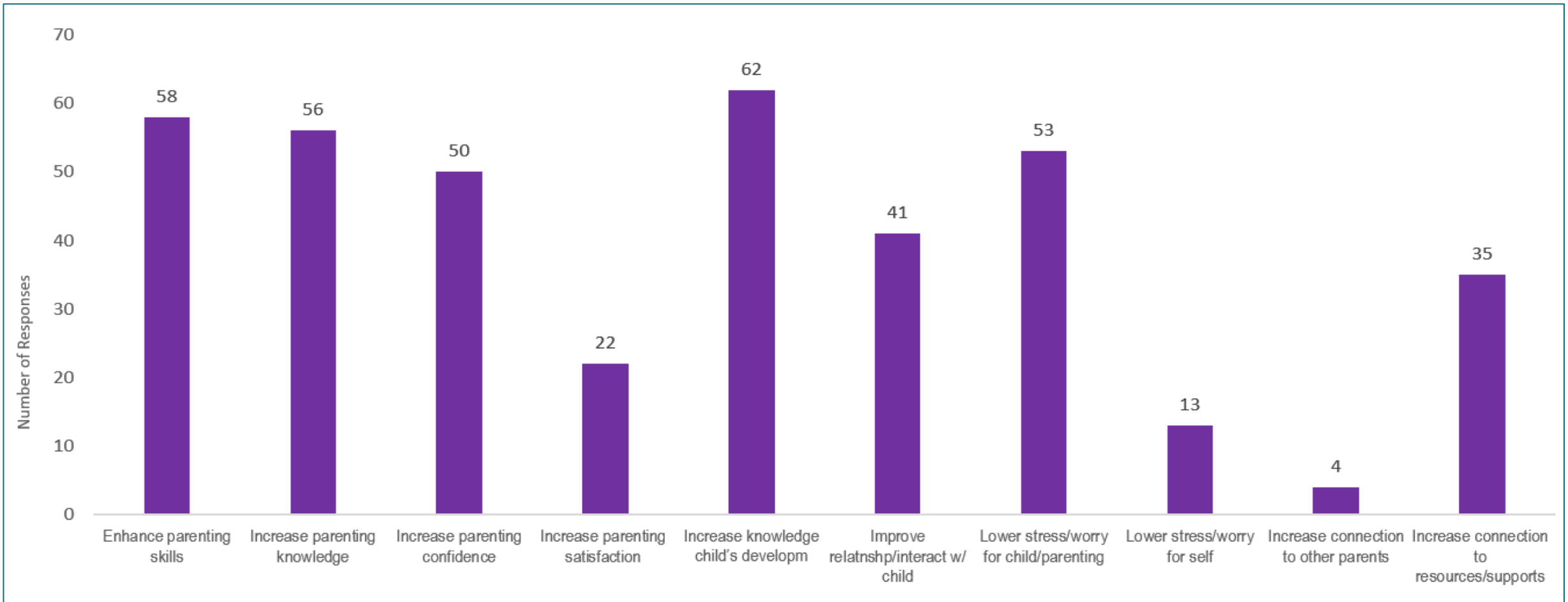


How Helpful? Respondents' Top 2 *(before COVID)*

- Increased knowledge of your child's development
- Enhanced parenting skills
- Increased knowledge of parenting

- Improved relationship/interactions with children
- Increased confidence in parenting
- Lowered stress/worry about child/parenting
- Increased connection to family resources, services, and supports

How Helpful? Respondents' Top 2 (during COVID)



How Helpful? Respondents' Top 2 *(during COVID)*

- Increased knowledge of your child's development 30%
- Enhanced parenting skills 28%
- Increased knowledge of parenting 27%
- Lowered stress/worry about child/parenting 25%
- Increased confidence in parenting 24%

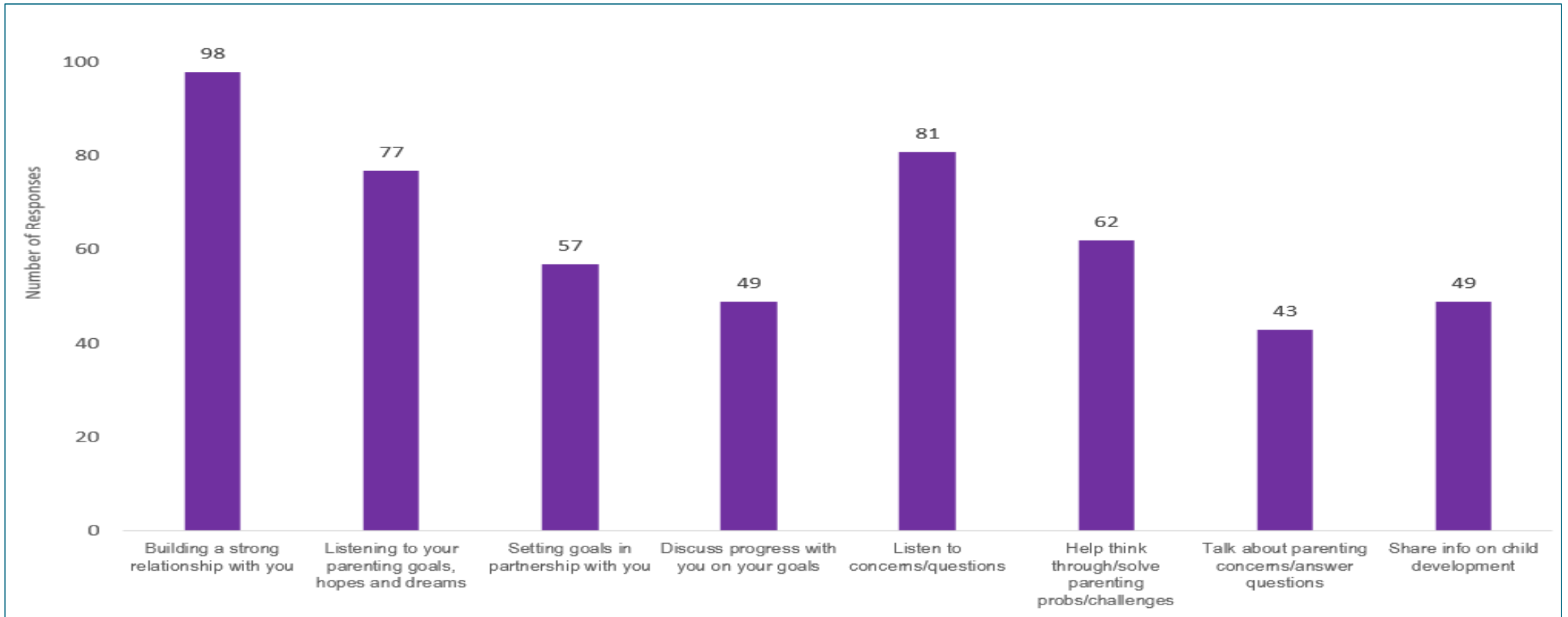
- Improved relationship/interactions with children 20%
- Increased connection to family resources, services, supports 17%

What PAT Activities Influence Parent-Child Interactions? *(active ingredients)*

Up to 5 Most Helpful Activities to be a Better Parent *top 8*

- Build a strong relationship with you (47%)
- Listen to your concerns/questions (39%)
- Listen to your parenting goals, hopes and dreams (37%)
- Help you think through and solve parenting challenges (30%)
- Set goals in partnership with you (27%)
- Share information on child development (24%)
- Discuss progress with you on your goals (24%)
- Talk about parenting concerns and answer questions (21%)

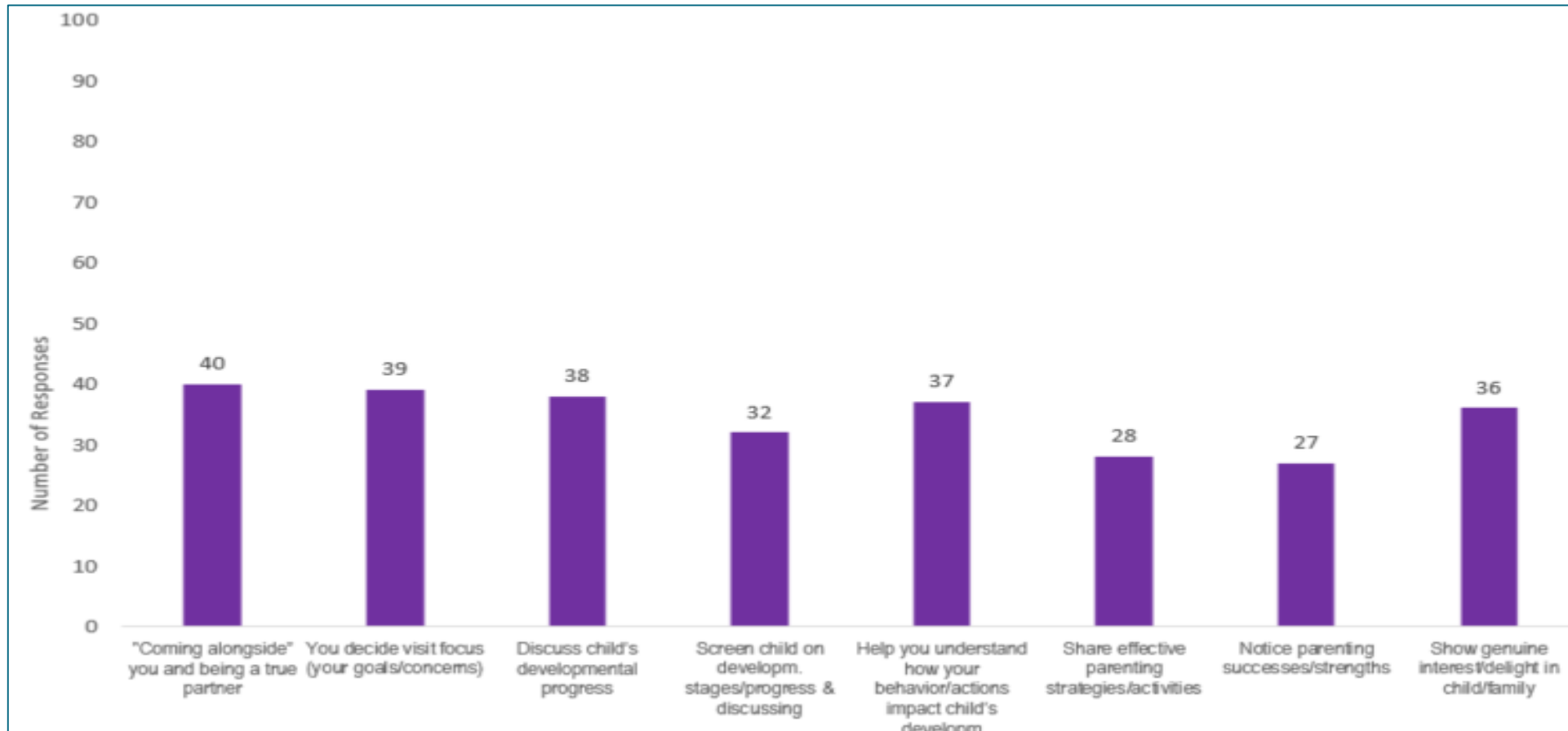
Up to 5 Most Helpful Activities to be a Better Parent *top 8*



Up to 5 Most Helpful Activities to be a Better Parent *next 8*

- "Coming alongside" you and being a true partner
- You decide visit focus (your goals/concerns)
- Discuss child's developmental progress
- Help you understand how your behavior/actions impact child's development
- Show genuine interest and delight in your child and family
- Screen child on developmental stages/progress and discuss with you
- Share effective parenting strategies and activities to do with your child
- Notice your parenting successes and strengths

Up to 5 Most Helpful Activities to be a Better Parent *next 8*

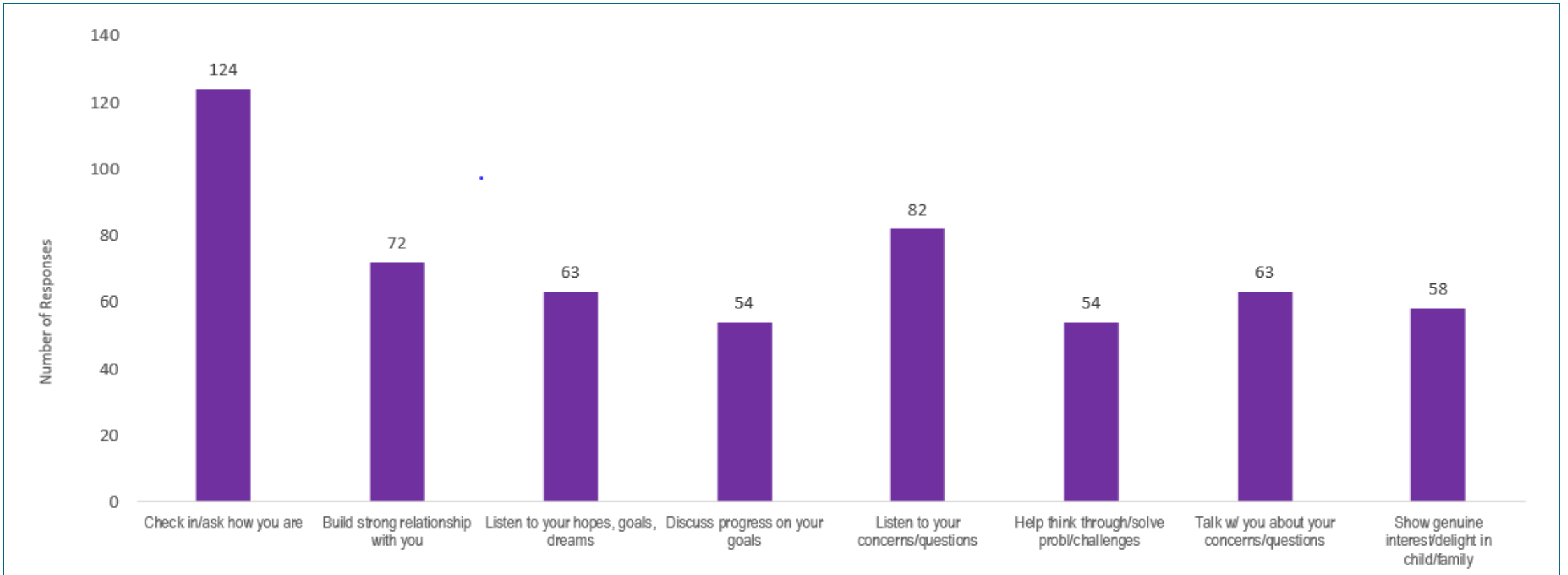


What PAT Activities Influence Caregiver Well-Being? *(active ingredients)*

Up to 5 Most Helpful Activities to Support Well-Being top 8

- **Check in/ask how you are (60%)**
- Listen to your concerns/questions (39%)
- Build strong relationship with you (35%)
- Listen to your hopes, goals, dreams (33%)
- Talk with you about your concerns/questions (30%)
- Show genuine interest/delight in your child and family (28%)
- Discuss progress on your goals (26%)
- Help think through/solve your problems/challenges (26%)

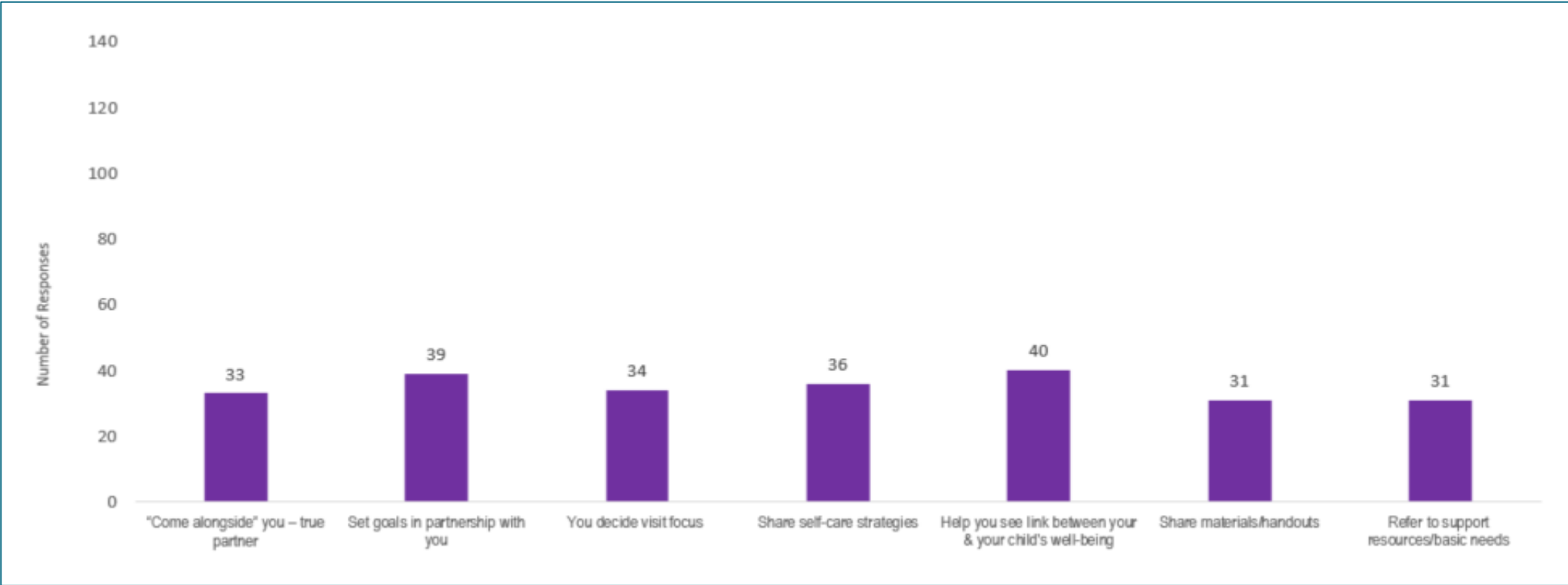
Up to 5 Most Helpful Activities to Support Well-Being *top 8*



Up to 5 Most Helpful Activities to Support Well-Being next 7

- Help you understand the link between your well-being - your child's well-being
- Set goals in partnership with you
- Share self-care strategies
- You decide visit focus (your goals, concerns of the day)
- “Come alongside” you – true partner
- Refer to support resources/basic needs (medical care, housing, food, utilities)
- Share materials/handouts

Up to 5 Most Helpful Activities to Support Well-Being *next 7*



Questions

Any questions about the data before we proceed?

Analysis Still to Come

- Reasons caregivers continue in PAT and understanding the impact of Covid on those reasons
- Why the top outcomes were meaningful to caregivers
- Examples of parent educators' activities that support parenting
- Examples of parent educators' activities that support well-being
- Participants views on approach to screening
- Alignment and misalignment with home visitor engagement findings

3. Recap Home Visitor Survey and Focus Groups

- Process Description
- Why Parents/Caregivers Participate in PAT?
- PAT Outcomes that Resonate with Parent Educators
(pre Covid and now)
- What activities influence Parent-Child Interaction?
- What activities influence Caregiver Well-Being?

Home Visitor Engagement

Focus Groups and Team Meetings

- 5 team meetings and 2 interagency focus groups (*September-October*)
- 45 participants (7 supervisors, 2 data people, and 36 home visitors)
- 10 HVSA funded programs

Surveys *November 2020*

- On-line Survey (*December*)
- 21 respondents: home visitors
- 10 HVSA funded programs

Home Visitors: Why Parents/Caregivers Participate in PAT

- Learn more about child/child development
- Listening ear/ nonjudgmental support
- Relationship/ reduce isolation
- Connections to resources
- Gain confidence in parenting
- Incentives

Home Visitors: Top PAT Impacts

Survey (before COVID-19)

- Interactions/relationship with the child/children
- Confidence in parenting (parent validation)
- Knowledge of child development

Survey (During COVID-19)

- Reduced levels of stress and/or anxiety about child/parenting
- Interactions/relationship with the child/children
- Connection to family and parenting supports
- Reduced levels of stress and/or anxiety for self
- Parenting skills/efficacy as a parent

Focus Groups - additional impacts (no Covid-19 reference):

- Parenting skills and tools
- Relationship, trust, connection, attuned interactions
- Mental health supports
- Stress or worry about parenting
- Caregiver mental health

Home Visitors: Top Activities Influencing Parent-Child Interactions

- Listening/talking about concerns and questions
- Establishing relationship/partnership with caregiver
- Tailoring the visit content to the family's immediate circumstances
- Recognizing, noticing, and highlighting strong parent-child interactions
- Goal setting and following up
- Sharing information about effective parenting strategies and activities
- Sharing information on child developmental stages
- Connecting to Resources

Home Visitors: Top Activities Influencing Caregiver Well-Being

- Checking in with caregiver/family - asking how they are
- Communication – listening, talking about concerns and questions
- Building awareness of relationship between parent’s and child’s well-being
- Relationship – building on strengths, supporting, promoting healthy relationships,
- Flexibility and adaptability- tailoring visit to the family’s immediate circumstances
- Coming alongside the family - following parental lead, partnering
- Recognizing, noticing, and highlighting self-care practices
- Supporting mental health, including depression screening, IPV and self-care
- *Sharing information/materials about effective self-care strategies*
- *Connect to supports and resources –basic needs, referrals, concrete supports*
- *Goal setting and following up (including self care goals)*

Small Group Discussion

- How do these findings resonate with your experiences with caregivers?
- What are your key takeaways? What meaning do you make from these early findings?
- Do the different responses pre-Covid and during Covid influence our understanding of PAT impacts going forward after Covid?
- What alignment and divergence do you see between home visitors' and caregivers' responses?

4. Next Steps

- Continued Analysis of Caregiver Survey Responses
 - *Open-ended questions*
 - *Regional Analyses?*
 - *Response Language Analyses?*

What additional information do you want from the surveys?

4. Next Steps

- April –
Discussion on Outcomes – Narrowing and Refining
What additional information do you want to support our outcomes discussion?
- May -
More Caregiver Survey Findings
Revisit Measurement
What additional information do you want to support our measurement discussion?

5. Check-In/Reflections

Please chat or voice in

- *1-2 takeaways from today's meeting?*
- *Unanswered questions?*
- *How can our meetings be improved?*

THANK YOU!!!

For more information

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